

## THE IMPACT OF BILINGUALISM **ON THINKING SKILLS**

**Exploring Memory, Selective Attention** and Mental Imagery Development in **Preschool-Aged Children** 

> By Charlotte Masclet **Oxford Brookes University** Supervised by Dr Nayeli Gonzalez-Gomez

### Background

Studies suggest a bilingual advantage on components of thinking skills (mental abilities that control one's behaviour in order to achieve a specific goal) such as:

- Selective attention (Wimmer et al., 2021): ability to focus on specific stimuli while filtering out irrelevant ones.
- Working Memory (Bialystok et al., 2014): system that temporarily holds and manipulates information needed for tasks.
- Mental imagery (McLeay, 2003): ability to manipulate information in one's mind in the absence of sensory stimuli.

#### However, other studies do not support the existence of a bilingual



(Duñabeitia et al., 2014; Anton et al., 2014).

advantage

Suggesting that **thinking skills may** be influenced by factors beyond bilingualism.





### Methods

Used four age-appropriate tasks to assess 60 participants' thinking skills aged 3 to 5 years:

- Selective attention: Ambiguous figures tasks
- Memory: Robot sequencing imitation tasks
- Mental imagery: **Rotation task**
- Vocabulary: British picture vocabulary scale

# Conclusion



- Overall, no evidence was found for a bilingual advantage on working memory or selective attention.
- However, in the mental imagery task, only female participants showed a bilingual advantage, adding complexity to the debate.

## Aims

Investigating the effect of Bilingualism on thinking skills.

## Results

#### • Selective attention:

- No effect of language or gender.
- 5-year-olds performed better than the two younger age groups.
- Memory: no significant results.

#### • Mental imagery:

- 5-years-old scored significantly higher than the two younger age groups
- Some significant interactions between gender, age and language background:
  - 5-year-old monolingual males outperformed monolingual females;
  - however, bilingual females outperformed monolingual females (see graph below).
- Vocabulary was positively correlated with memory and selective attention tasks.
- This highlights the need for further investigation into the true impact of bilingualism on children's development.



#### References

Antón, E., Duñabeitia, J. A., Estévez, A., Hernández, J. A., Castillo, A., Fuentes, J. L., & Carreiras, M. (2014). Is there a bilingual advantage in the ANT task? Evidence from children. Frontiers in psychology, 5, 398. Bialystok, E., Poarch, G., Luo, L., & Craik, F. I. (2014). Effects of bilingualism and aging on executive function and working memory. Psychology and aging,, 29(3), 696. Duñabeitia, J. A., Hernández, J. A., Antón, E., Macizo, P., Estévez, A., Fuentes, L. J., & Carreiras, M. (2014). The inhibitory advantage in bilingual children revisited. Experimental psychology. McLeay, H. (2003). The relationship between bilingualism and the performance of spatial tasks. International Journal of Bilingual Education and Bilingualism, 6(6), 423-438. Wimmer, M. C., Marx, C., Stirk, S., & Hancock, P. J. (2021). Bilinguals' inhibitory control and attentional processes in a visual perceptual task. Psychological Research, 85, 1439-1448.