What is an outcome measure?
They are a tool used to evaluate the success of physiotherapy interventions as well as providing a way of directly determining the effectiveness of a treatment (APTA, 2017).

Who was surveyed?
HCPC registered Physiotherapists practicing in the UK with experience of neurological physiotherapy.

- 103 eligible participants
- 55% educated to undergraduate level
- 43% qualified within the last 10 years
- 88% practice within the NHS
- 80% practice in England

How were they recruited?
Through the social media accounts of the student investigator and supervisor.

What is current practice for outcome measure use?
Three outcome measures were used by more than 75% of participants with a further seven used by more than 50% of participants.

What is the expected level of use?
More than 75% of participants expected students to be able to use three outcome measures and a further five outcome measures to be used by band 5 physiotherapists in clinical practice.

What was concluded?
The most common outcome measures in use are
1. The Berg Balance Test
2. The Timed Up and Go
3. The 10 Meter Walk

The majority of participants (>75%) believe students should be competent in using:
- The Berg Balance Test
- The Timed Up and Go
- The Visual Analogue Scale.

Future research recommendations:
- Do opinions vary within the four healthcare systems within the UK?
- Do opinions vary between NHS and Private practice?

References: