

1 **Developmental Characteristics of Disparate Bimanual** 2 **Movement Skills in Typically Developing Children**

3 *Authors: Julian Rudisch (1), Jenny Butler (1), Hooshang Izadi (2), Deirdre Birtles (3),*

4 *Dido Green (1)*

5 *Affiliations:*

6 1) Department of Sport and Health Sciences, Oxford Brookes University, Oxford, UK

7 2) Department of Mechanical Engineering and Mathematical Sciences, Oxford Brooks University, Oxford, UK

8 3) School of Psychology, University of East London, London, UK

9 **Abstract**

10 Mastery of many tasks in daily life requires role differentiated bimanual hand use
11 with high spatiotemporal cooperation and minimal interference. In this study, we
12 investigate developmental changes in the performance of a disparate bimanual
13 movement task requiring sequenced movements. Age groups are attributed to
14 changes in central nervous system structures critical for bimanual control such as
15 the corpus callosum and the prefrontal cortex; young children (5-6 years), older
16 children (7-9 years) and adolescents (10-16 years). Results show qualitative
17 changes in spatiotemporal sequencing between the young and older children which
18 typically marks a phase of distinct reduction of growth and myelination of the CC.
19 Results show qualitative changes in spatiotemporal sequencing between the young
20 and older children which coincides with distinct changes in the growth rate and
21 myelination of the CC. The results further support the hypothesis that CC maturation
22 plays an important role in the development of bimanual skills.

23 **Keywords**

24 Bimanual Coordination, Kinematics, Motor Development, Corpus Callosum

25 **Introduction**

26 In combination with the development of their (uni-) manual skills as a result of their
27 upright posture, humans have also developed the remarkable ability to incorporate
28 both hands simultaneously into complex bimanual tasks. The majority of bimanual
29 tasks we encounter during daily life, such as opening jars or bottles, using cutlery or
30 playing musical instruments usually require disparate actions of the two hands, i.e.
31 role differentiated bimanual movements (RDBM) (Gonzalez & Nelson, 2015). Even
32 though they perform different actions, movement of both hands seems to be
33 organised as a single unit in which the timing and position of the movement of one
34 hand are aligned to the spatiotemporal demands of the opposing hand (Kelso,
35 Putnam, & Goodman, 1983). Guiard (1987) proposes the theory of an asymmetric
36 division of labour in RDBM in which one hand acts as a frame of reference (the
37 holding or stabilising hand) the other hand has to adjust to (the manipulating hand).
38 During infant development of RDBM, the non-dominant hand begins to take over
39 holding and stabilising roles while the dominant hand performs the manipulating
40 actions (Kimmerle, Ferre, Kotwica, & Michel, 2010).

41 Disparate bimanual actions cannot always be clearly differentiated into a
42 holding/stabilising and a manipulating part. Sequenced movements, such as opening
43 a drawer and retrieving an object from inside requires two manipulating actions.
44 However, Guiard's (1987) theory may still apply if the movement of the leading hand
45 (the hand performing the first part of the sequence) acts as a spatiotemporal frame
46 of reference to facilitate the temporal sequencing. Wiesendanger, Kazennikov, Perrig
47 & Kalzuny (1996) have shown that adults performing such a drawer task prefer to
48 use their non-dominant hand for the opening of the drawer. Using a similar paradigm
49 requiring opening a box with one hand to retrieve an object with the other hand,

Developmental Changes in Bimanual Coordination

50 Birtles et al (2011) have also demonstrated that adults preferably use their non-
51 dominant hand for the box opening. Infants and younger children (up to 6 years) on
52 the other hand have been shown to use reversed (i.e. leading with their non-
53 dominant hand) or mixed strategies (Birtles et al., 2011; Ramsay & Weber, 1986).
54 Further investigation of the kinematics of hand movement showed, that children
55 complete the task in a more segmented fashion than adults with little or no overlap of
56 the two hand actions (Birtles et al., 2011). Such segmented movement behaviour
57 has also been shown in some children with unilateral Cerebral Palsy (Hung, Charles,
58 & Gordon, 2004) whereas others have demonstrated interfering movement
59 behaviour (where the two hands are activated nearly simultaneously) when using
60 their impaired limb as the leading hand (Rudisch et al., 2016).

61 The exchange of information between hemispheres through the corpus callosum
62 (CC) is crucial for spatial and temporal cooperation between hands, especially so for
63 complex and disparate bimanual movements (Gooijers et al., 2014; Swinnen, 2002).
64 The ability of temporal and spatial coupling of both hands seems to be particularly
65 affected by the integrity of the CC (Gooijers et al., 2013; Kennerley, Diedrichsen,
66 Hazeltine, Semjen, & Ivry, 2002), and thus may be considered a crucial factor for the
67 sequencing of bimanual movements. Even though the CC shows further changes in
68 size into adulthood (Keshavan et al., 2002), a distinct reduction of growth and
69 myelination after the age of about 6 years has been reported (Tanaka-Arakawa et
70 al., 2015; Uda et al., 2015). Information on hand function related to bimanual control
71 may be processed in the areas of the frontal lobe, the supplementary motor area
72 and the premotor cortex (Grefkes, Eickhoff, Nowak, Dafotakis, & Fink, 2008;
73 Swinnen, 2002); areas particularly related to motor planning, sequencing of
74 movements and more cognitive aspects of motor control. Activation within the

Developmental Changes in Bimanual Coordination

75 prefrontal cortex (as well as the anterior part and vermis of the cerebellum) has been
76 shown to be positively correlated with increasing spatiotemporal complexity of a
77 movement task (Debaere, Wenderoth, Sunaert, Van Hecke, & Swinnen, 2004). The
78 grey matter development of the frontal lobe is reported to reach its peak around the
79 age of 10 years, with a male and female difference evident (Gogtay & Thompson,
80 2010).

81 While bimanual movements are already observable at a very young age (i.e. birth to
82 1 year of age) these tend to reflect spontaneous or reflexive activation rather than
83 voluntary goal directed actions. Trajectories of the hands of such early bimanual
84 coordination patterns tend to be synchronous (Corbetta & Thelen, 1996). Role
85 differentiated use of the hands usually starts to develop after the first year in an
86 infant's life (Gonzalez & Nelson, 2015; Kimmerle et al., 2010; Ramsay & Weber,
87 1986) continuing through to early childhood (Babik & Michel, 2015; Birtles et al.,
88 2011; Ramsay & Weber, 1986). Although de Boer et al., (2012) demonstrated
89 changes in the dynamics of bimanual coordination into adulthood, less is known
90 regarding developmental aspects of temporal-spatial control of divergent bimanual
91 movements.

92 This study therefore set out to investigate differences in the performance of a
93 disparate bimanual box opening task requiring sequenced movements of both
94 hands. Differences were investigated: i) Between conditions when the dominant or
95 non-dominant hand acts as the frame of reference; ii) Between bimanual and
96 decomposed unimanual movements; and, iii) Across different developmental stages.

97 **Methods**

98 The study was approved by the Oxford Brookes University Research Ethics
99 Committee (UREC 130713).

100 **Participants**

101 Participants were recruited and tested during a University open-day event for the
102 general public. Potential participants (and parents of children <16 years) received an
103 information sheet about the study and signed informed consent prior to participation.
104 Handedness was determined prior to performing the experimental task, using the
105 Edinburgh handedness inventory (Oldfield, 1971).

106 A total of 37 children (14 male) between 5 and 16 years of age (\bar{x} =8.3, SD=2.3)
107 participated in this study. Twenty-nine (78%) of the participants were classified as
108 right handed. In view of developmental characteristics of neural structures that play
109 essential parts in inter-limb coordination (CC and prefrontal cortex), performance
110 was investigated in three different age groups: young children (YC) 5-6 years, older
111 children (OC) 7-9 years and adolescents (AD) 10-16 years). Group characteristics of
112 the three age bands are presented in Table 1.

113 **Procedures**

114 Participants performed a bimanual box opening task that required role differentiated
115 bimanual hand movements (see Rudisch et al., 2016 for more detailed description).
116 To complete the bimanual box opening task, participants had to open the lid of a
117 transparent box with one hand and press a button inside with the opposing hand
118 (see Fig. 1). The task was performed in two bimanual conditions: Dominant
119 Condition (DC), where the dominant hand was used to open the lid and the non-
120 dominant hand to press the button, or the reverse, Non-dominant Condition (NC)

Developmental Changes in Bimanual Coordination

121 where the non-dominant hand was used to open the lid. In addition, the task was
122 decomposed into unimanual subtasks comprising of either only the lid opening, or
123 reaching to press the button. Bimanual tasks were executed 5 times (in blocks of
124 3*DC, 3*NC, 2*DC, 2*NC) and unimanual subtasks twice for each condition, with DC
125 and NC performed alternately. Repetitions were limited to avoid 'boredom' in view of
126 the simplicity of the task and lack of observable reward. The total task took less than
127 10 minutes. The first trial for each of the conditions DC or NC in the bimanual task
128 was excluded for analysis to account for the familiarization decrement.

129 Position and orientation of each hand was recorded at 120Hz, using the
130 electromagnetic motion tracking system G4 (Polhemus, Colchester, VT, USA) with
131 sensors placed dorsally across the 3rd metacarpal bone. Data was low-pass filtered
132 using a second order Butterworth filter with a cut-off frequency of 15Hz.
133 Subsequently spatiotemporal events i) start of first hand, ii) beginning of box
134 opening, iii) end point of box opening, iv) start of second hand and v) button press
135 (see Fig. 2) were extracted using a semi-automatic algorithm written in MATLAB
136 R2014b. Temporal variables Total Task Duration (TTD), i.e. the time from start of
137 first hand to button press), duration of lid opening (the first hand movement) and
138 duration of button press (second hand movement) were extracted. In addition, the
139 following variables of relative temporal cooperation were extracted: Temporal
140 coupling i.e. the temporal difference between lid opening and onset of the second
141 hand's movement with positive values indicating an early start of the second hand
142 relative to the lid opening and negative values indicating a late start; Movement
143 overlap i.e. the amount of time in which both hands are moving together; and, Goal
144 Synchronisation i.e. the temporal difference between each hands end point. Path
145 length i.e. the total path of the button press action and the number of zero crossings

146 of the acceleration curve were extracted as measures of smoothness. Movements
147 that are more jerky are characterised by multiple phases of acceleration and
148 deceleration and will thus present more zero crossings in the acceleration profile.

149 **Statistical Analysis**

150 All statistical analyses were performed in R 3.1.2 (R Core Team, 2014). Descriptive
151 statistics are presented as Mean and Standard Deviation (SD) for a single variable or
152 mean difference (MD) \pm SD for intra-individual differences between variables. The
153 coefficient of variation (CV), calculated by dividing the standard deviation by the
154 mean value for the 4 trials in each condition, was used as a relative measure for
155 intra-individual variability.

156 Factorial mixed measures ANOVAs were used to test for differences between
157 conditions DC and NC (within subjects), uni- or bimanual task execution (within
158 subjects) and age groups YC, OC and AD (between subjects). T-tests with
159 Bonferroni correction for multiple comparisons were used for post-hoc analysis
160 between age groups.

161 **Results**

162 **Task Duration**

163 Results of TTD (and CV of TTD) are presented in Fig. 3. Duration of the
164 disassembled subtasks lid opening as well as button press during uni- and bimanual
165 task execution are presented in Table 2.

166 *Total Task Duration*

167 There was a significant effect of age on TTD ($F(2,34)=6.26$, $p=.005$). Post-hoc
168 comparison showed that YC performed significantly slower than OC ($p=.002$) and AD

Developmental Changes in Bimanual Coordination

169 ($p < .001$). No difference was found between OC and AD ($p = 1$) (see Fig. 3a).
170 Condition had a significant effect on CV of total task duration (Fig. 3b) with reduced
171 variability in NC ($F(1,34) = 11.67, p = .002$). No effect of age was observed.

172 *Duration of Lid Opening*

173 There was a significant effect of age on the duration of lid opening ($F(2,32) = 5.72,$
174 $p = .008$). Post-hoc testing revealed reduced duration for YC compared to OC as well
175 as AD (both $p < .001$) however no difference between OC and AD ($p = 1$). In addition,
176 significantly faster performance was observed for unimanual as compared to
177 bimanual task execution ($F(1,32) = 5.55, p = .025$) (see Table 2). No significant
178 differences were found for CV of lid opening duration between groups or conditions.

179 *Duration of Button Press*

180 Duration of button press was not affected by age group or condition of execution.
181 Significantly faster performance was however found during unimanual task execution
182 ($F(1,34) = 87.89, p < .001$) (see Table 2). CV of button press duration was significantly
183 affected by age ($F(2,34) = 4.70, p = .016$) which was mainly due to the decrease
184 between YC and AD ($p = .018$). In addition participants showed decreased variability
185 in NC ($F(1,34) = 8.65, p = .006$) (see Table 2).

186 *Summary*

187 Overall, these findings show that AD and OC perform the task (and its subtasks)
188 significantly faster than YC. The condition of execution (DC vs NC) had no effect on
189 mean movement duration. However in DC movement duration was significantly more
190 variable compared to NC across all age groups.

191 **Parameters of Temporal Cooperation**

192 Aspects of temporal sequencing between the two hands reflect the temporal
193 cooperativity of the bimanual action. The results for temporal coupling as well as the
194 CV are shown in Fig. 4. Table 3 shows the results for movement overlap and goal
195 synchronisation.

196 *Temporal Coupling*

197 No differences were found for temporal coupling between age groups or conditions.
198 Variability of temporal coupling was however significantly reduced in NC as
199 compared to DC ($F(1,34)=6.04, p=.019$) (see Fig. 4).

200 *Movement Overlap*

201 Similarly to the results of temporal coupling, there was no effect of age or condition
202 of execution on movement overlap. Likewise, variability of movement overlap was
203 reduced in NC ($F(1,34)=11.01, p=.002$) (see Table 3).

204 *Goal Synchronisation*

205 No significant group or task differences were found for absolute values or CV of goal
206 synchronization (Table 3).

207 *Summary*

208 Measures of temporal cooperation did not show any significant differences across
209 age groups or between conditions. Only participants in YC showed a slight reduction
210 of temporal coupling, movement overlap and goal synchronisation in DC. Similar to
211 the temporal variables, variability of temporal sequencing was reduced in NC across
212 all age groups.

213 **Movement Trajectories**

214 Results of path length of the button press hand movement during bimanual task
215 execution are shown in Figure 5. Results of path length during unimanual execution
216 as well as number of zero crossings of the acceleration profile during bi- and
217 unimanual execution are presented in Table 4.

218 *Path Length*

219 A significant effect of age ($F(2,34)=5.01$, $p=.012$) on path length was shown. Post-
220 hoc testing showing a decrease with increasing age groups reaching significance
221 between OC and AD ($p=.018$) as well as between YC and AD ($p<.001$) however not
222 between YC and OC. In addition, type of task (uni- or bimanual) had a significant
223 effect on total path ($F(1,34)=28.45$, $p<.001$) with increased path length during
224 unimanual execution. CV of path length was neither affected by group or condition of
225 execution (see Fig. 5).

226 *Proxy measure of Smoothness*

227 Number of zero crossings in the acceleration profile were significantly affected by
228 age ($F(2,34)=11.776$, $p<.001$) as well as type of task execution ($F(1,34)=56.208$,
229 $p<.001$). In addition, an interaction effect between age and task type was found
230 ($F(2,34)=4.367$, $p=.021$). Post-hoc testing revealed reduced number of zero crossings
231 between YC and OC ($p<.001$) as well as between YC and AD ($p<.001$) however not
232 between OC and AD. Inspection of the interaction effect revealed, that differences
233 between uni- and bimanual task execution were greater for YC as opposed to OC
234 and AD. Number of zero crossings was considerably smaller in unimanual task
235 execution indicating smoother trajectories. CV of zero crossings was not affected by
236 age or condition of execution (see Table 4).

237 *Summary*

238 With increasing age, the movement of the second hand (button press) followed a
239 shorter path and was found to be smoother. Variability for path length was reduced
240 in NC. Across all age groups, the path length was longer with smoother movement
241 during unimanual as compared to bimanual task execution. Children in the youngest
242 age group in particular demonstrated increased number of zero crossings in the
243 acceleration profile in the bimanual task execution.

244 **Discussion**

245 In this study we explored developmental aspects relating to the execution of a
246 disparate bimanual box opening task requiring sequencing of movements in typically
247 developing children. The task required disparate bimanual actions in order to open
248 the lid of a box with one hand and press a button inside with the opposing hand.

249 According to the asymmetric division of labour hypothesis (Guiard, 1987) the
250 movement of one hand acts as a frame of reference that the other adjusts to. In
251 sequenced bimanual movements, it seems apparent that movement of the leading
252 hand is being used as the frame of reference. It has been shown that (at least in
253 adults) the non-dominant hand is preferentially used to act as the leading hand
254 (Birtles et al., 2011; Wiesendanger et al., 1996). Contrary to our hypothesis, a
255 comparison of the conditions when the non-dominant or dominant hand took the
256 leading role showed no difference in performance of the bimanual box opening task.
257 Only variables of temporal cooperation (Temporal Coupling, Movement Overlap and
258 Goal Synchronization) were slightly different (i.e. less coupled) for YC in condition
259 DC. On the other hand less variability was observed in condition NC across all age
260 groups, A reduction in variability might be an indicator of higher automatization of

Developmental Changes in Bimanual Coordination

261 movements (Cohen & Sternad, 2009). The difference in variability between DC and
262 NC might thus be an indicator that sequenced role differentiated bimanual tasks in
263 daily life are usually carried out by the participants with their non-dominant hand
264 contributing to the formation of higher automatization of movement patterns in this
265 condition. This pattern seems well established in typically developing children by 5
266 years of age.

267 In order to evaluate the effect of bimanual (as opposed to unimanual) task execution
268 on movement parameters, the decomposed subtasks (i.e. lid opening and button
269 press) were executed in isolation. Comparison of movement duration and
270 smoothness during, lid opening and button press in the two different tasks revealed
271 some intriguing findings. While both, lid opening and button press seemed to be
272 performed faster in the unimanual case, total Path length was increased. A possible
273 explanation is that the movement path might be less spatially constrained during
274 unimanual execution since the lid is already fully opened. Despite the higher path
275 deviation however the movement is smoother in the unimanual condition as
276 expressed by the smaller number of zero crossings in the acceleration profile.
277 Across age groups the bimanual task execution led to decreased smoothness of
278 movement. The difference was however considerably bigger for YC, indicating
279 bimanual nature of the task particularly affects the movement trajectories of the YC.

280 Several distinct changes in the coordination of bimanual movement as a
281 consequence of development have been reported on. Bimanual movements are
282 already observable at a very young age (i.e. birth to 1 year of age). They result more
283 from spontaneous activation or reflexes than being initiated voluntarily. In addition,
284 early bimanual coordination patterns tend to be rather synchronous (Corbetta &
285 Thelen, 1996). Role differentiated use of the hands usually starts to develop after the

Developmental Changes in Bimanual Coordination

286 first year in an infant's life (Kimmerle et al., 2010; Ramsay & Weber, 1986). At about
287 13 months of age there seems to be a shift in using the preferred over the non-
288 preferred hand for the acquisition and manipulation of objects (Babik & Michel,
289 2015). After 6 years of age a shift has been reported from using the dominant hand
290 (Birtles et al., 2011; Ramsay & Weber, 1986) towards using the non-dominant hand
291 as a leading hand (Birtles et al., 2011; Kazennikov, Perrig, & Wiesendanger, 2002) in
292 disparate bimanual sequenced movements. A closer look at the kinematics has also
293 shown that such bimanual actions are more segmentally sequenced during
294 childhood and become more (temporally) overlapping in adults (Birtles et al., 2011).
295 Whether or not these changes occur gradually or suddenly at a certain age has not
296 yet been demonstrated. We have thus been looking at changes in the performance
297 across age groups that are related to characteristic time points in the development of
298 central nervous structures that are of importance for the execution of bimanual tasks.
299 These reflect changes in the structure and connectivity of the CC between early and
300 middle childhood (between YC and OC) (Tanaka-Arakawa et al., 2015; Uda et al.,
301 2015) and peak in frontal grey matter development in later childhood, between OC
302 and AD (Gogtay & Thompson, 2010).

303 The pattern that becomes apparent shows that improvements can be mainly
304 observed between the YC (5-6 years) group and the OC (7-9 years). Differences
305 between OC and AD (10-16 years) group were mostly marginal. Especially
306 performance variables of movement duration or smoothness improved between YC
307 and OC. In addition, the movement smoothness of the second hand seemed to be
308 particularly decreased during the bimanual (as opposed to the unimanual) task for
309 YC. Variables that show the ability of temporal sequencing (Temporal Coupling,
310 Movement Overlap and Goal Synchronisation) showed changes between YC and

Developmental Changes in Bimanual Coordination

311 OC however interestingly only in the dominant hand leading condition. In summary,
312 the characteristic changes observed between YC and OC suggest that CC
313 maturation and developmental changes in bimanual movement skills may be
314 temporally linked.

315 Robertson (2001) has demonstrated, that bimanual cooperation for symmetric in-
316 phase tasks is only poorly developed in children under 8 years of age. The elemental
317 coordination mode seems to strongly depend on the interhemispheric transfer
318 (Kennerley et al., 2002) and thus the maturation of the CC. De Boer (2012) on the
319 other hand has shown that spatiotemporal coordination during more complex
320 disparate bimanual tasks rather improve during later developmental stages.
321 Experimental tasks of this group were however specifically facilitating bimanual
322 interference, e.g. by performing two competitive unimanual movement patterns with
323 each hand at the same time, such as drawing a circle with one and a line with the
324 other hand. Our own experimental paradigm required disparate bimanual
325 coordination yet being less likely to elicit bimanual interference due to the natural
326 occurrence of this movement pattern in daily live. The main performance changes
327 were found, between the young and middle group and thus before 7 years of age,
328 corresponding more to the development of the CC than the frontal lobe. The
329 variance within age groups in our study was however high. Possible reasons might
330 be that i) maturation of the CC happens at different interindividual rates or ii)
331 bimanual performance required for the bimanual box opening task depends not only
332 on the corpus callosum but also on the quality of central networks involved in the
333 execution of bimanual tasks.

334 **Limitations**

335 Some of the differences between conditions might have arisen from the fact that the
336 execution order was not counterbalanced. Furthermore, the cross-sectional design
337 only warrants tentative interpretation of the results. Especially the large share of
338 female participants in OC might have influenced the results due to the slightly
339 delayed development of CC maturation. Greater differences in temporal
340 characteristics may have been elicited in a task placing more demands on divergent
341 manipulative skills or precision of one or other of the hands. Longitudinal
342 developmental studies as well as measures of brain activation and function may be
343 appropriate for future studies to explain some of the variance between participants.

344 **Conclusion**

345 In the present study, we investigated the development of bimanual coordination skills
346 during a disparate bimanual box opening task across different stages of
347 development related to the maturation of the CC and the frontal lobe, both of which
348 are of significance for bimanual movement tasks. We found that bimanual
349 performance shows substantial improvements after 6 years of age including faster
350 task execution, improvements in sequencing and increased smoothness. Previous
351 studies have shown that this period marks the end of accelerated growth of the CC
352 (Tanaka-Arakawa et al., 2015; Uda et al., 2015) which offers a possible explanation
353 that changes in the performance of bimanual task execution are predominantly
354 observed at this time. The results however need to be regarded tentatively due to the
355 high variance between individuals. Intraindividual differences in the development of
356 the CC or qualitative differences in the formation of neural networks related to
357 bimanual coordination are suggested to explain the huge variance.

358 **Acknowledgements**

359 We would like to thank all the children and adolescents who participated in this
360 study. In addition, we would like to thank Martine øien and Dr Carolyn Mason for
361 their help and support with the data collection.

362 This is an accepted manuscript of an article published by Taylor & Francis in Journal
363 of Motor Behavior on 02/03/2017. The published article is available online at:
364 <http://www.tandfonline.com/10.1080/00222895.2016.1271302>

365 **References**

- 366 Babik, I., & Michel, G. F. (2015). Development of role-differentiated bimanual
367 manipulation in infancy: Part 2. Hand preferences for object acquisition and
368 RDBM-continuity or discontinuity? *Developmental Psychobiology*, *58*(2), 257–
369 67. Journal Article. <http://doi.org/10.1002/dev.21378>
- 370 Birtles, D., Anker, S., Atkinson, J., Shellens, R., Briscoe, A., Mahoney, M., &
371 Braddick, O. (2011). Bimanual strategies for object retrieval in infants and young
372 children. *Experimental Brain Research*, *211*(2), 207–218. Journal Article.
373 <http://doi.org/10.1007/s00221-011-2672-5>
- 374 Cohen, R. G., & Sternad, D. (2009). Variability in motor learning: relocating,
375 channeling and reducing noise. *Experimental Brain Research*, *193*(1), 69–83.
376 Journal Article. <http://doi.org/10.1007/s00221-008-1596-1>
- 377 Corbetta, D., & Thelen, E. (1996). The developmental origins of bimanual
378 coordination: A dynamic perspective. *Journal of Experimental Psychology:*
379 *Human Perception and Performance*, *22*(2), 502–522. Journal Article.
380 <http://doi.org/10.1037/0096-1523.22.2.502>
- 381 de Boer, B. J., Peper, C. E., & Beek, P. J. (2012). Development of temporal and
382 spatial bimanual coordination during childhood. *Motor Control*, *16*(4), 537–59.
383 Journal Article. Retrieved from <http://www.ncbi.nlm.nih.gov/pubmed/23162066>
- 384 Debaere, F., Wenderoth, N., Sunaert, S., Van Hecke, P., & Swinnen, S. P. (2004).
385 Cerebellar and premotor function in bimanual coordination: parametric neural
386 responses to spatiotemporal complexity and cycling frequency. *NeuroImage*,
387 *21*(4), 1416–27. Journal Article. <http://doi.org/10.1016/j.neuroimage.2003.12.011>
- 388 Gogtay, N., & Thompson, P. M. (2010). Mapping gray matter development:

Developmental Changes in Bimanual Coordination

- 389 implications for typical development and vulnerability to psychopathology. *Brain*
390 *and Cognition*, 72(1), 6–15. <http://doi.org/10.1016/j.bandc.2009.08.009>
- 391 Gonzalez, S. L., & Nelson, E. L. (2015). Addressing the gap: A blueprint for studying
392 bimanual hand preference in infants. *Frontiers in Psychology*, 6, 560. Journal
393 Article. <http://doi.org/10.3389/fpsyg.2015.00560>
- 394 Gooijers, J., Caeyenberghs, K., Sisti, H. M., Geurts, M., Heitger, M. H., Leemans, A.,
395 & Swinnen, S. P. (2013). Diffusion tensor imaging metrics of the corpus
396 callosum in relation to bimanual coordination: Effect of task complexity and
397 sensory feedback. *Human Brain Mapping*, 34(1), 241–252. Journal Article.
398 <http://doi.org/10.1002/hbm.21429>
- 399 Gooijers, J., Leemans, A., Van Cauter, S., Sunaert, S., Swinnen, S. P., &
400 Caeyenberghs, K. (2014). White matter organization in relation to upper limb
401 motor control in healthy subjects: exploring the added value of diffusion kurtosis
402 imaging. *Brain Structure & Function*, 219(5), 1627–38. Journal Article.
403 <http://doi.org/10.1007/s00429-013-0590-y>
- 404 Grefkes, C., Eickhoff, S. B., Nowak, D. a., Dafotakis, M., & Fink, G. R. (2008).
405 Dynamic intra- and interhemispheric interactions during unilateral and bilateral
406 hand movements assessed with fMRI and DCM. *NeuroImage*, 41(4), 1382–
407 1394. Journal Article. <http://doi.org/10.1016/j.neuroimage.2008.03.048>
- 408 Guiard, Y. (1987). Asymmetric division of labor in human skilled bimanual action: the
409 kinematic chain as a model. *Journal of Motor Behavior*, 19(4), 486–517. Journal
410 Article. <http://doi.org/10.1080/00222895.1987.10735426>
- 411 Hogan, N., & Sternad, D. (2009). Sensitivity of smoothness measures to movement
412 duration, amplitude, and arrests. *Journal of Motor Behavior*, 41(6), 529–534.

Developmental Changes in Bimanual Coordination

- 413 Journal Article. <http://doi.org/10.3200/35-09-004-RC>
- 414 Hung, Y. C., Charles, J., & Gordon, A. M. (2004). Bimanual coordination during a
415 goal-directed task in children with hemiplegic cerebral palsy. *Developmental*
416 *Medicine and Child Neurology*, 46(11), 746–753. Journal Article, Research
417 Support, U.S. Gov't, P.H.S. <http://doi.org/10.1111/j.1469-8749.2004.tb00994.x>
- 418 Kazennikov, O., Perrig, S., & Wiesendanger, M. (2002). Kinematics of a coordinated
419 goal-directed bimanual task. *Behavioural Brain Research*, 134(1–2), 83–91.
420 Journal Article. [http://doi.org/10.1016/S0166-4328\(01\)00457-0](http://doi.org/10.1016/S0166-4328(01)00457-0)
- 421 Kelso, J. A. S., Putnam, C. A., & Goodman, D. (1983). On the space-time structure
422 of human interlimb co-ordination. *The Quarterly Journal of Experimental*
423 *Psychology Section A*, 35(2), 347–375.
424 <http://doi.org/10.1080/14640748308402139>
- 425 Kennerley, S. W., Diedrichsen, J., Hazeltine, E., Semjen, A., & Ivry, R. B. (2002).
426 Callosotomy patients exhibit temporal uncoupling during continuous bimanual
427 movements. *Nature Neuroscience*, 5(4), 376–381. Journal Article.
428 <http://doi.org/10.1038/nn822>
- 429 Keshavan, M. S., Diwadkar, V. A., DeBellis, M., Dick, E., Kotwal, R., Rosenberg, D.
430 R., ... Pettegrew, J. W. (2002). Development of the corpus callosum in
431 childhood, adolescence and early adulthood. *Life Sciences*, 70(16), 1909–22.
- 432 Kimmerle, M., Ferre, C. L., Kotwica, K. a., & Michel, G. F. (2010). Development of
433 role-differentiated bimanual manipulation during the infant's first year.
434 *Developmental Psychobiology*, 52(2), 168–180. Journal Article.
435 <http://doi.org/10.1002/dev.20428>
- 436 Oldfield, R. C. (1971). The assessment and analysis of handedness: the Edinburgh

Developmental Changes in Bimanual Coordination

- 437 inventory. *Neuropsychologia*, 9(1), 97–113. Journal Article.
438 [http://doi.org/10.1016/0028-3932\(71\)90067-4](http://doi.org/10.1016/0028-3932(71)90067-4)
- 439 R Core Team. (2014). R: A Language and Environment for Statistical Computing.
440 Vienna, Austria.
- 441 Ramsay, D. S., & Weber, S. L. (1986). Infants' hand preference in a task involving
442 complementary roles for the two hands. *Child Development*, 57(2), 300–307.
443 Journal Article. <http://doi.org/10.2307/1130585>
- 444 Robertson, S. D. (2001). Development of bimanual skill: the search for stable
445 patterns of coordination. *Journal of Motor Behavior*, 33(2), 114–26.
446 <http://doi.org/10.1080/00222890109603144>
- 447 Rudisch, J., Butler, J., Izadi, H., Zielinski, I. M., Aarts, P., Birtles, D., & Green, D.
448 (2016). Kinematic parameters of hand movement during a disparate bimanual
449 movement task in children with unilateral Cerebral Palsy. *Human Movement*
450 *Science*, 46, 239–250. <http://doi.org/10.1016/j.humov.2016.01.010>
- 451 Swinnen, S. P. (2002). Intermanual Coordination: From Behavioural Principles To
452 Neural-Network Interactions. *Nature Reviews. Neuroscience*, 3(5), 348–359.
453 Journal Article. <http://doi.org/10.1038/nrn807>
- 454 Tanaka-Arakawa, M. M., Matsui, M., Tanaka, C., Uematsu, A., Uda, S., Miura, K., ...
455 Noguchi, K. (2015). Developmental changes in the corpus callosum from infancy
456 to early adulthood: a structural magnetic resonance imaging study. *PloS One*,
457 10(3), e0118760. <http://doi.org/10.1371/journal.pone.0118760>
- 458 Uda, S., Matsui, M., Tanaka, C., Uematsu, A., Miura, K., Kawana, I., & Noguchi, K.
459 (2015). Normal development of human brain white matter from infancy to early
460 adulthood: A diffusion tensor imaging study. *Developmental Neuroscience*,

Developmental Changes in Bimanual Coordination

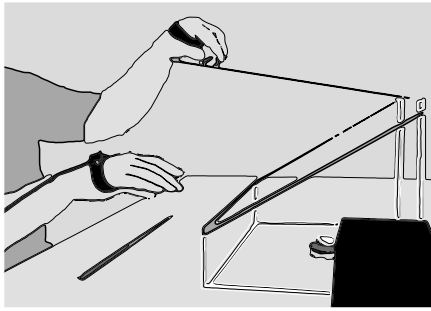
461 37(2), 182–194. <http://doi.org/10.1159/000373885>

462 Wiesendanger, M., Kazennikov, O., Perrig, S., & Kaluzny, P. (1996). Two hands -
463 one action: the problem of bimanual coordination. In A. Wing, P. Haggard, & J.
464 R. Flanagan (Eds.), *Hand and Brain: The neurophysiology and psychology of*
465 *hand movements*. (pp. 283–300). San Diego: Academic Press.

466

467

Developmental Changes in Bimanual Coordination

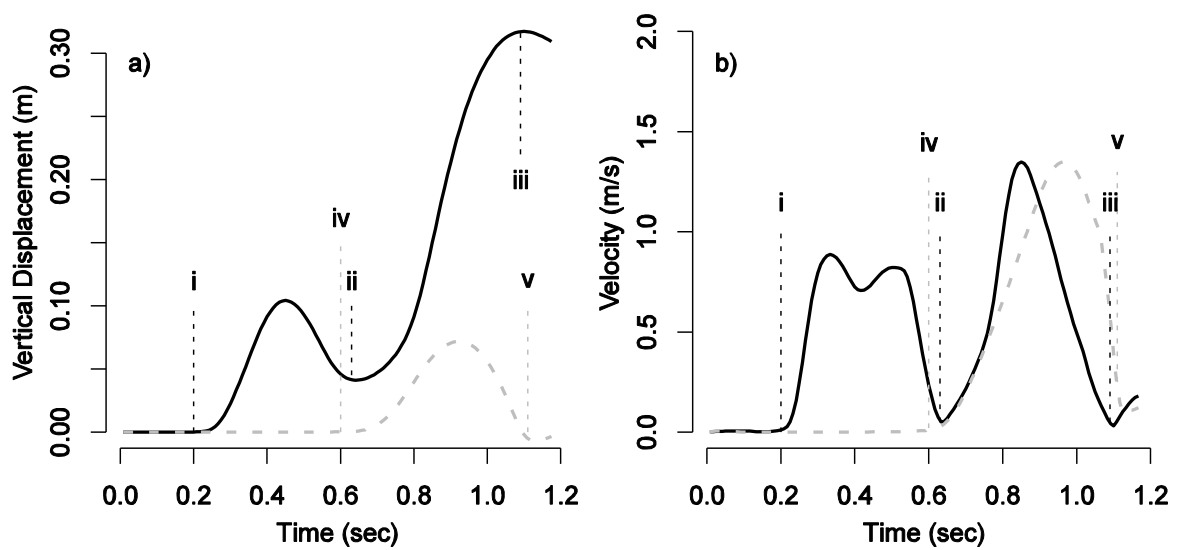


468

469 **Fig. 1** Schematic illustration of the Bimanual Box-Opening Task. Participants are required to place their hands at the line and
470 subsequently to open the box with one hand and press the button inside with the opposing. Tethered electromagnetic sensors
471 are attached to the back of each hand. The electromagnetic source is placed next to the box (black cube)

472

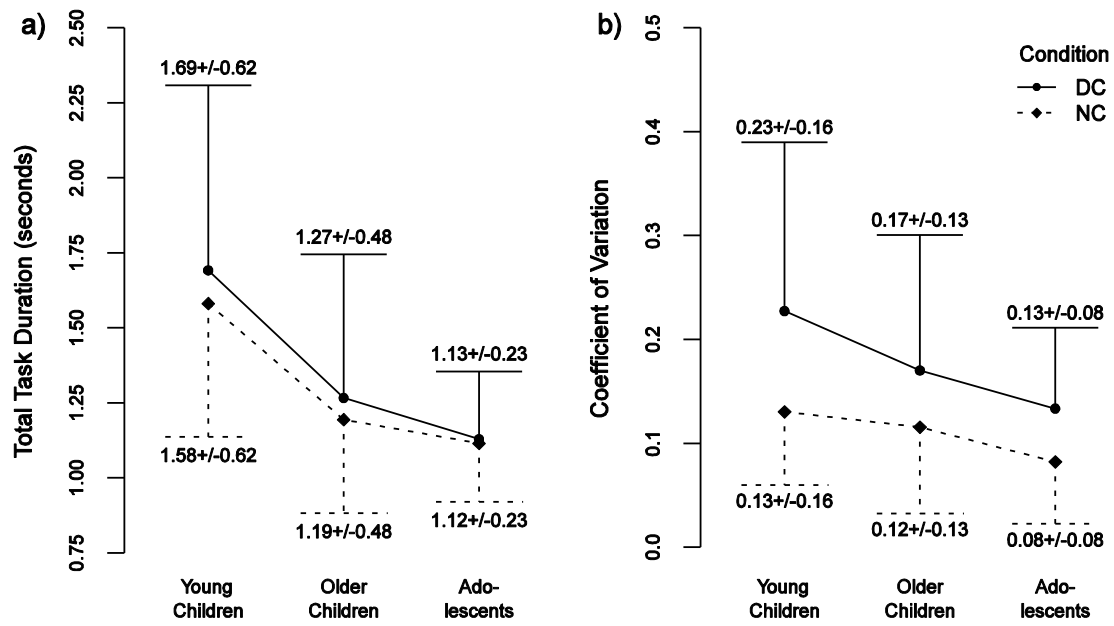
473



474

475 **Fig. 2** Vertical displacement (a) and velocity profiles (b) of the lid opening (black solid line) and button press (grey dashed line)
476 movement. The events i) start of first hand, ii) start of lid opening, iii) end of lid opening, iv) start of second hand were derived
477 from characteristic features in the signal. The button press (event v) was derived from a digital signal from the button

Developmental Changes in Bimanual Coordination



478

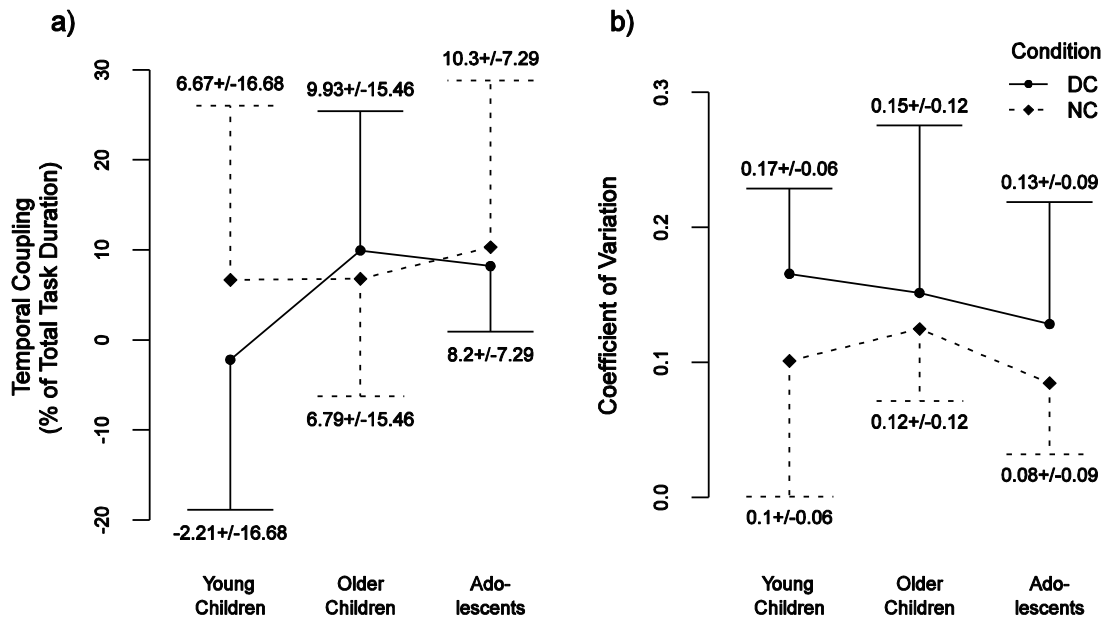
479 **Fig. 3** Mean and Standard Deviation (Error Bars) of Total Task Duration (a) as well as Coefficient of Variation of Total Task
480 Duration (b) according to the condition of execution (DC = Dominant Hand Condition; NC = Non-Dominant Hand Condition) and
481 age group. Actual corresponding values are printed above or below the error bars to allow for better comparison

482

483

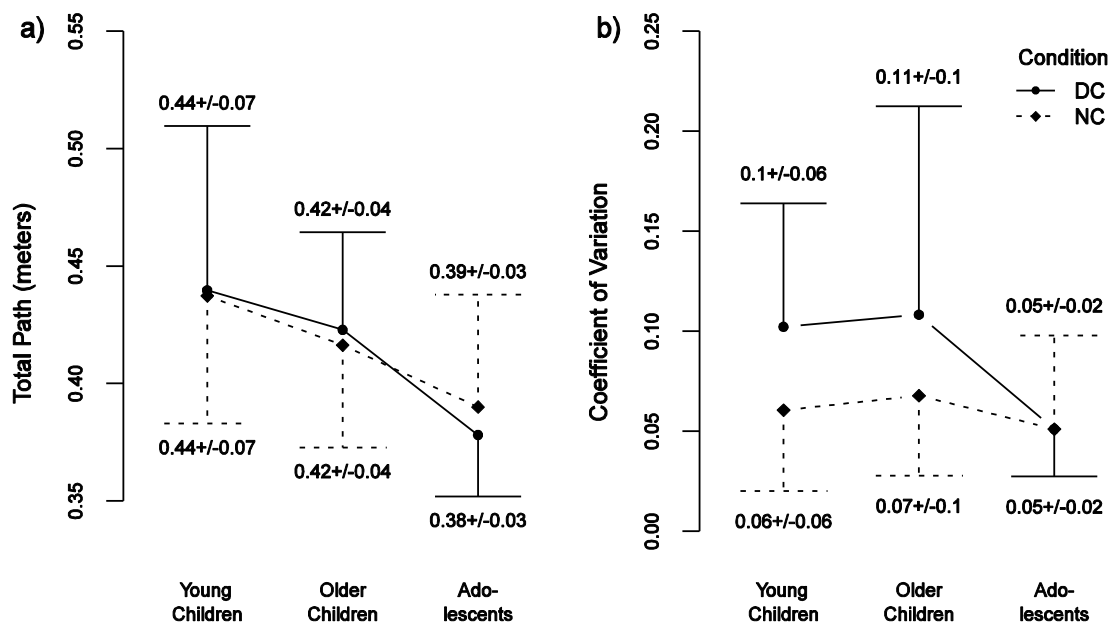
484

Developmental Changes in Bimanual Coordination



485
486
487
488
489

Fig. 4 Mean and Standard Deviation (Error Bars) of Temporal Coupling (a) as well as Coefficient of Variation of Temporal Coupling (b) according to the condition of execution (DC = Dominant Hand Condition; NC = Non-Dominant Hand Condition) and age group. Actual corresponding values are printed above or below the error bars to allow for better comparison



490
491
492
493
494

Fig. 5 Mean and Standard Deviation (Error Bars) of path length (a) as well as CV (b) according to the condition of execution (DC = Dominant Hand Condition; NC = Non-Dominant Hand Condition) and age group. Actual corresponding values are printed above or below the error bars to allow for better comparison

Developmental Changes in Bimanual Coordination

495 **Table 1** Participants' Gender and Handedness by age band

Group (n)	Age Band (years)	Gender (m/f)	Handedness (r/l)
YC (15)	5 - 6	7/8	11/4
OC (13)	7 - 9	3/10	11/2
AD (9)	10 - 16	4/5	7/2

YC = Young Children, OC = Older Children, AD = Adolescents, m=male, f=female, r=right (handed), l=left (handed)

496

497 **Table 2** Mean (SD) of absolute values and CV of variables reflecting task duration of the disassembled subtasks lid- opening
498 and button press during uni- and bimanual task execution according to condition and different age bands

	DC			NC		
	Young Children	Older Children	Ado-lescents	Young Children	Older Children	Ado-lescents
DLO (s)	1.42 (0.41)	1.13 (0.33)	1.04 (0.16)	1.46 (0.38)	1.11 (0.24)	1.05 (0.14)
DLO_{Uni} (s)	1.28 (0.39)	1.07 (0.38)	1.03 (0.19)	1.17 (0.32)	1.06 (0.22)	1.01 (0.15)
CV DLO	0.22 (0.16)	0.13 (0.10)	0.13 (0.07)	0.16 (0.09)	0.10 (0.10)	0.10 (0.11)
DBP (s)	0.88 (0.24)	0.81 (0.26)	0.73 (0.12)	0.90 (0.38)	0.72 (0.16)	0.72 (0.15)
DBP_{Uni} (s)	0.62 (0.17)	0.55 (0.14)	0.5 (0.12)	0.58 (0.17)	0.55 (0.13)	0.49 (0.13)
CV DBP	0.33 (0.23)	0.19 (0.23)	0.15 (0.10)	0.20 (0.20)	0.13 (0.09)	0.07 (0.05)

DLO = Duraiton Lid Opening ; DBP = Duration Button Press; s = seconds, CV = Coefficient of Variation, Uni = Unimanual Task Execution; DC = Dominant Hand Condition, NC = Non – Dominant Hand Condition

499

500 **Table 3** Mean (SD) of absolute values and CV of variables reflecting temporal cooperation according to condition and different
501 age bands

	DC			NC		
	Young Children	Older Children	Ado-lescents	Young Children	Older Children	Ado-lescents
MO (%)	42.6 (17.3)	60.1 (19.7)	59.3 (12.0)	50.8 (24.9)	55.9 (15.6)	60.6 (21.5)
CV MO	0.17 (0.09)	0.19 (0.12)	0.14 (0.08)	0.09 (0.09)	0.13 (0.06)	0.08 (0.04)
GS (%)	87.5 (8.6)	92.8 (8.9)	93.4 (7)	92.7 (7.3)	93.7 (5.3)	94.4 (7.3)
CV GS	0.09 (0.09)	0.08 (0.04)	0.05 (0.03)	0.07 (0.04)	0.05 (0.03)	0.06 (0.06)

MO = Movement Overlap; GS = Goal Synchronisation; CV = Coefficient of Variation; % = Values expressed as a percentage of Total Task Duration, DC = Dominant Hand Condition, NC = Non – Dominant Hand Condition

502

503 **Table 4** Mean (SD) of absolute values and CV of variables reflecting trajectories of the button press movement during uni- and
504 bimanual task execution according to condition and different age bands

	DC			NC		
	Young Children	Older Children	Ado-lescents	Young Children	Older Children	Ado-lescents
PL_{Uni} (m)	0.49 (0.10)	0.45 (0.05)	0.42 (0.03)	0.49 (0.06)	0.47 (0.06)	0.42 (0.04)
ZC	6.80 (2.81)	4.39 (1.19)	3.78 (0.69)	5.83 (2.05)	3.75 (0.78)	3.72 (0.78)
ZC_{Uni}	3.13 (1.76)	2.54 (1.27)	2.06 (0.53)	2.87 (1.25)	2.39 (1.10)	2.22 (1.06)
CV ZC	0.42 (0.21)	0.35 (0.18)	0.49 (0.19)	0.31 (0.14)	0.43 (0.16)	0.40 (0.14)

PL = Path Length, ZC = Zero Crossings of Acceleration Curve, CV = Coefficient of Variation, Uni = Unimanual Task Execution, BP = Button Press, DC = Dominant Hand Condition, NC = Non – Dominant Hand Condition

505

506