**Using intervention development approaches to supporting OA**

Intervention approaches teach us that to make real changes, approaches need to address the underlying problems. This involves understanding what the difficulties are (from the user perspective), what type of change is needed, and what solution will be most useful. The aim is to work *with* the users to acknowledge how they may engage with something, and strategically help overcome barriers.

The following simplified approach draws on intervention development techniques to give research support staff tools to better understand the areas they are needing to change. By breaking down the topic into its component elements, you can determine the solutions available and choose the most appropriate means to address them. This process supports you to think through:

* What the **problems** are
* What a better situation would look like (**goal**)
* What (and whose) **knowledge, attitudes and processes** would help achieve the goals
* What **activities**/approaches will most effectively produce the changes

The framework is not restrictive, but seeks to help you structure your approach. Intervention development is iterative and focuses on making the clearest sense of the context and how people engage. Use the framework as a support tool not a prescription

**Steps**

1. Problem setting: List down the problems!
2. Convert the first problem into a positive goal. What would a good situation look like?
3. Consider what changes are needed to achieve this goal. Again, what would a good situation look like?
   1. Knowledge: What needs to be known/understood by who to achieve the goal?
   2. Attitude: What beliefs, values and opinions need to be held by who to achieve the goal?
   3. System: What non-person elements (eg. technical solutions, practical factors) need to be in place to achieve the goal?
4. Consider solutions: what approaches, techniques or strategies can target the particular problem? Remember to look at methods which address the particular problem not just the overall goal

Notes:

* You may not have something for each column change goal column, don’t worry! They may not all be relevant for all problems.
* Keep thinking – you can change, add, break down problems more, add more ideas….
* By the end you should have a clearer strategy for where you want to get to and how. Then go do ☺

**BLANK MAPPING GRID**

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| **Problem** | **Goal (positive phrase)** | **GOALS OF CHANGE** | | | **ACTIONS** |
| ***Knowledge*** | ***Attitude*** | ***System / process*** |
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