

---

# Fractionalization of Forchheimer's correction to Darcy's law in porous media in large deformations

Mathematics and Mechanics of Solids  
XX(X):2-50  
©The Author(s) 2019  
Reprints and permission:  
sagepub.co.uk/journalsPermissions.nav  
DOI: 10.1177/ToBeAssigned  
www.sagepub.com/

SAGE

Sachin Gunda<sup>1</sup>, Alessandro Giammarini<sup>2</sup>, Ariel Ramírez-Torres<sup>3</sup>,  
Sundararajan Natarajan<sup>1</sup>, Olga Barrera<sup>4,5</sup> and Alfio Grillo<sup>2</sup>

## Abstract

This work presents a theoretical and numerical study of the flow of the interstitial fluid that saturates the pore space of a biological tissue, principally aimed at modeling articular cartilage, and that is assumed to experience a dynamic regime different from the Darcian one, which is typically hypothesized in many biomechanical scenarios. The main issue of our research is the conjecture according to which, in the presence of a particular mechanical state of the porous matrix of the tissue under consideration, the fluid may exhibit two different types of deviation from Darcy's law. One is due to the need that may arise when accounting for the inertial forces characterizing the pore scale dynamics of the fluid. This aspect, in fact, can be resolved by turning to the so-called *Forchheimer correction* to Darcy's law, which amounts to introducing non-linearities in the relationship between the fluid filtration velocity and the dissipative forces describing the interactions between fluid and the solid matrix. The second source of discrepancies from classical Darcy's law emerges, for example, when pore scale disturbances to the flow, such as obstructions of the fluid path or clogging of the pores, result in a time delay in the relationship between drag forces and filtration velocity. Recently, models have been proposed in which such delay is described through constitutive laws featuring fractional integro-differential operators. Whereas, to the best of our knowledge, in the literature the above mentioned behaviors have been studied separately or in the limit of small deformations of the solid matrix, in this contribution we present a model of fluid flow in a deformable porous medium undergoing large deformation in which the fluid motion is governed by a fractional version of Forchheimer's correction. After reviewing Forchheimer's formulation of the flow in the context of finite deformations, we present a possible fractionalization of the Darcy-Forchheimer law, and we explain the numerical procedure adopted to solve the highly non-linear boundary value problem that results from the concomitant presence of the two deviations from the Darcian regime considered in our work. We complete our study by highlighting the way in which the fractional order of the model tunes the magnitude of the pore pressure and fluid filtration velocity.

## Keywords

Flow in deformable porous media; Darcy's law; Forchheimer's correction; Media with memory; Integro-differential constitutive equations; Fractional Calculus; Fractional integrals and derivatives

## 1 Introduction

According to a rather consolidated modeling picture in the biomechanical literature<sup>1</sup>, a biological tissue classified as *soft* and *hydrated* is regarded, at least, as a biphasic medium<sup>2</sup>, constituted by a sufficiently compliant solid porous matrix and a fluid that participates in a variety of biophysical, biochemical, and mechanical processes, all essential for sustaining the tissue itself<sup>1,3–13</sup>.

The characterization of the mechanical properties of the solid matrix of soft tissues, be they hydrated or not, has been the subject of several studies with increasing level of complexity: whereas the first, pioneering models looked at the essence of phenomenology, and, for their purposes, considered tissues (see, e.g.,<sup>7</sup> for articular cartilage) homogeneous and isotropic, more recent works studied the consequences of inhomogeneity and anisotropy, especially in connection with the presence of reinforcing collagen fibers<sup>14–21</sup>, often assumed to be statistically oriented<sup>22–29</sup>.

Collagen fibers represent a very important chapter in the mechanical and hydraulic analysis of biological tissues. Indeed, besides exerting a structural action that contributes to the overall mechanical response of a given tissue, they influence considerably also the tendency of the tissue to enhance, or to inhibit, the circulation of fluid in its interior. At the macroscale, this property is referred to as *permeability*. For example, in the case of articular cartilage, Maroudas and Bullough<sup>14</sup> have hypothesized that the tissue's permeability depends on the distribution and orientation of the collagen fibers. Subsequent studies in this direction, conceived to examine Maroudas and Bullough's hypothesis<sup>14</sup> have been conducted, e.g., in<sup>30,31</sup>, and set themselves in a line of research dedicated to the theoretical and numerical modeling of the biomechanics of fiber-reinforced, anisotropic tissues<sup>17,27–29,32–41</sup>.

To the authors' knowledge, since Holmes and Mow's permeability model<sup>7</sup> for articular cartilage, the explicit coupling between this transport property and the tissue's deformation has been a leading topic in many other publications on the subject (see, e.g.,<sup>31–33,35,42</sup>). In all these works, emphasis is put on the importance of understanding how the mechanics of the tissue combines with its permeability in order to provide acceptable descriptions of the fluid's behavior, especially in terms of its mechanical state. This is motivated by the fact that being able to predict, for example, the fluid pressure allows to estimate possible remarkable aspects of a tissue, like its global health<sup>15,43,44</sup>.

Rather typical approaches having the purpose of studying the mechanics of soft and hydrated tissues, like articular cartilage, and, above all, of giving prominence to the coupling discussed above, are based on several formulations of poro-elasticity, in terms either of Biot's or of biphasic theory<sup>1,27,30,31,33,35,45–47</sup>. A common feature of the majority of these approaches is that they rely on the hypothesis that the flow of the

<sup>1</sup> Department of Mechanical Engineering, Indian Institute of Technology Madras, Chennai, Tamil Nadu, India.

<sup>2</sup> Dip. di Scienze Matematiche "G. L. Lagrange", Politecnico di Torino, Corso Duca degli Abruzzi 24, 10129, Torino, Italia.

<sup>3</sup> School of Mathematics & Statistics, Mathematics & Statistics Building, University Place, Glasgow, G12 8QQ, UK.

<sup>4</sup> School of Engineering, Computing and Mathematics, Oxford Brookes University, Headington, Oxford OX3 0BP, UK.

<sup>5</sup> Department of Engineering Science, University of Oxford, Parks Road, OX1 3PJ, Oxford, UK.

### Corresponding author:

\*Alfio Grillo, Dipartimento di Scienze Matematiche "G. L. Lagrange", Politecnico di Torino, Torino, 10129.

Email: alfio.grillo@polito.it

37 fluid obeys Darcy's law (see, e.g., <sup>1,33,48-50</sup>), thereby presuming, in the most classical formulation, a linear  
38 relationship between the fluid filtration velocity and the pressure gradient realized in the tissue. More  
39 precisely, the filtration velocity is obtained by multiplying the tissue's permeability (which, in general, is  
40 a second-order tensor field) by the opposite of the pressure gradient. The resulting flow model has the  
41 advantage of being computationally cheap, because of the linearity of this relationship, and it is sufficient  
42 to capture the coupling between flow and deformation through a suitable definition of the permeability  
43 tensor (see, e.g., <sup>7</sup>). In fact, this coupling is also capable of considering nonlinear deformations. In spite  
44 of this capability, however, in the literature there have also been attempts to elaborate flow models that  
45 account for non-Darcian behaviors of the fluid, like, for instance, those predicted by Forchheimer or  
46 Brinkman's corrections to Darcy's law (see, e.g., <sup>45,51,52</sup>).

47 In the context of articular cartilage, in <sup>45,52</sup>, the authors have hypothesized that, under certain loading  
48 conditions, as could be the case in compression tests in which the load is applied with a relatively  
49 high velocity, the mechanical behavior of the fluid is better approximated by the Darcy-Forchheimer  
50 model of the flow. In fact, adopting Forchheimer's correction means accounting for non-linear terms  
51 in the constitutive relationships between the filtration velocity and the drag forces that may generally  
52 result in slower flows and higher pressures than those predicted by Darcy's law. This, in turn, calls  
53 for the introduction of additional parameters to describe the flow, whose identification may depend on  
54 the structure of the porous medium<sup>53</sup>, the model of permeability<sup>30,33</sup>, and the experimental procedure  
55 employed to estimate the numerical values of the quantities at hand. In addition, it has been shown in <sup>45</sup>  
56 that resorting to the Darcy-Forchheimer law may be used to switch from a model of permeability to  
57 another one by attributing the resulting variations in the behavior of the fluid to the correction of the flow  
58 rather than to different assumptions on the permeability.

59 Another phenomenon that is not accounted for in the "classical" formulation of Darcy or Darcy-  
60 Forchheimer models is the anomalous "diffusion" of the fluid flow (see, e.g., <sup>54</sup>). In particular, Darcy's  
61 law has proved to be non appropriate for fluid flow in high porosity media due to the influence of inertia,  
62 thermal, and convective terms and because of solid-fluid boundary effects that are not contemplated in  
63 Darcy's model<sup>55</sup>.

64 Recently, a body of work has gone into collecting experimental evidence of anomalous "diffusion"  
65 (another type of non-Darcian behavior) for different classes of porous media, from tissues, such meniscal  
66 tissue<sup>56</sup>, to rocks and porous building materials<sup>57-61</sup>. The predominant matter is the explicit time-  
67 dependence of the permeability (as opposed to the case of Darcy's model, in which the permeability  
68 varies in time through deformation and porosity), which results in a time-dependent flow rate due to the  
69 effect of fluid flow on the porous solid phase. Fluid flow has, indeed, an influence also on the morphology  
70 of the pores. Iaffaldano et al. <sup>61</sup> suggested that the permeability of sand depends on the solid particles  
71 moved by the fluid during the compaction process. Solid particles can contribute to closing pores (i.e.,  
72 slowing diffusion) or can be arranged in a way that creates micro-channels, resulting in faster diffusion.

73 In <sup>62</sup>, clogging of the pores and explicit time-dependence of the permeability of hydro-geological porous  
74 media are described by means of an integro-differential operator that keeps track of the time history of  
75 permeability. This study offers a very important point of departure for the introduction of Fractional  
76 Calculus in modeling flow in porous media, especially for describing deviations from Darcian transport,  
77 as is the case for subdiffusion or superdiffusion processes, both observable experimentally<sup>54,63,64</sup>.

78 Confined compression tests in meniscal tissues have shown that anomalous transport phenomena are  
79 well captured by a fractional poroelastic models (e.g., of Biot-type) in which the pore pressure diffusion

80 equation results from a modified version of Darcy’s law involving fractional derivatives<sup>56,65,66</sup>. The  
81 permeability is then anomalous and the order of the derivative rules the fluid flow. Fittings of experimental  
82 data proved to be better than adopting classical Biot or biphasic models, and the fractional poroelastic  
83 model has been —for the first time— validated<sup>65</sup>. By using this fractional poroelastic model, it was  
84 possible to obtain information on the anisotropy and inhomogeneity both of the elasticity and of the  
85 permeability tensor of the meniscal tissue. However, the model is limited to small deformations.

86 Other studies<sup>67,68</sup> highlight the role of poroelasticity in the anomalous “diffusion” processes that can  
87 be observed on meniscus samples. In the literature, some investigations have been done to capture the  
88 relationship between the memory effects of the flow of interstitial fluid, which are due to the interactions  
89 between the fluid and the pore network, and the behavior of the solid phase. In particular, in<sup>47</sup> fractional  
90 Darcy’s law was studied in the setting of small elastic strain, while, in<sup>69</sup>, classical Darcy’s law was coupled  
91 with a solid phase experiencing “*material hereditariness*”<sup>70–73</sup>, i.e., dependence of the stress on the past  
92 history of strain, which was described by means of a fractional-order “*hereditariness*” model<sup>74–77</sup>.

93 With respect to the review of literature done above, the novelty of our work resides in the search for  
94 memory effects associated with a *fractional Darcy-Forchheimer* model of flow in the framework of *finite*  
95 *deformations*. After presenting the constitute theory on which our study relies, we simulate an unconfined  
96 compression test, performed over a cylindrical specimen of a hypothetical tissue that has “borrowed” some  
97 properties from articular cartilage<sup>15,18,31,44,78,79</sup>, but is assumed here to be homogeneous and isotropic.  
98 We speak of a “hypothetical tissue” because, for the time being, we do not have experimental values  
99 for the parameters defining the fractional operators adopted in the sequel. We choose articular cartilage  
100 because of the studies available in the literature that address explicitly memory effects in this tissue  
101 and employ Fractional Calculus (see e.g.<sup>80,81</sup>, although the framework established therein is very much  
102 different from ours). In addition, we select the unconfined compression test since this is a rather standard  
103 experimental set-up and is able to provide information in a quite simple manner about the relationship  
104 between specimen deformation and fluid flow.

105 We emphasize that a generalization to an inhomogeneous and anisotropic medium, with statistical  
106 orientation of reinforcing collagen fibers, is not too demanding from the modeling point of view, since the  
107 literature in the field is quite rich<sup>17,27–29,32–41</sup>, although it necessarily increases the computational burden.

108 Before proceeding, we clarify that, at the moment, we *are not* aiming at reproducing any experiment  
109 conducted on real tissues. Rather, we are presenting a study that is meant to indicate, through numerical  
110 simulations, new research directions in the field of Fractional Calculus applied to Biomechanics. In this  
111 sense, the numerical simulations presented in the sequel may provide guidance in devising experimental  
112 procedures aiming at quantifying the presence of possible memory effects in the flow of the interstitial  
113 fluid of articular cartilage. The model and the associated simulations, in fact, should act like a magnifying  
114 glass on the internal mechanics of the medium under investigation and of the non-local effects taking place  
115 in it. We believe that such information could be of aid in designing experiments on articular cartilage.

116 Our principal results are: (i) the formulation of a fractional constitutive equation that expresses the  
117 dissipative drag force stemming from the fluid-solid interactions as a functional of the fluid filtration  
118 velocity; and (ii) the numerical procedure developed to solve this equation together with the momentum  
119 and mass balance laws characterizing the nonlinear Darcy-Forchheimer model in finite deformations.  
120 The main outcomes of our simulations predict the influence of the fractionalization of Forchheimer’s  
121 correction on pore pressure and magnitude of fluid filtration velocity.

## 2 Kinematics of biphasic mixtures

In this section, we briefly present the kinematics of solid-fluid mixtures in the framework delineated in<sup>82,83</sup>, which has been already employed to describe articular cartilage<sup>27,31,45,84</sup>. The solid and the fluid phase are represented by two smooth material manifolds  $\mathcal{M}_s$  and  $\mathcal{M}_f$ , and the embedding of the solid phase in the three dimensional Euclidean space  $\mathcal{S}$  is called *reference placement* of the solid phase  $\mathcal{B} \subset \mathcal{S}$ .

Although the class of biological tissues taken as target may feature complicated structures, which generally comprise cells, extracellular matrix, and collagen fibers<sup>2,14,17,20,28,29,31,33,35,39,41,78,85</sup> (as is the case for articular cartilage), a simplified approach is followed in the sequel. This is done because, for a given target tissue, the focus of our work is not a detailed description of the tissue's structure. We are interested here in evaluating the influence that non-Darcian dynamics of the fluid phase may have on the tissue's overall mechanical behavior. In particular, to account for loading conditions that do not fully justify the hypothesis of negligibility of inertial forces, we consider Forchheimer's correction to Darcy's law<sup>48,49,51,86–88</sup>. Moreover, to account for dissipative flow features that, in the literature (see e.g.<sup>54,89–92</sup>), have conducted to flow laws non-local in time, we propose a fractionalization of Forchheimer's correction. In particular, in the work of Magin et al.<sup>93</sup>, a study on the anomalous NMR relaxation of bovine nasal cartilage is conducted by employing fractional models to describe the relaxation process of the overall tissue and of the matrix constituents. To this end, we suggest a relation between the fluid phase filtration velocity and the pressure gradient developed in the tissue that is highly non-linear, and is expressed through integro-differential operators of fractional type describing a possible non-locality in time in the constitutive representation of the drag forces as functionals of the fluid filtration velocity.

For each instant of time  $t$  of the time window  $\mathcal{I} \subset ]0, +\infty[$  in which we keep track of the evolution of the system, the motion  $\chi(\cdot, t) : \mathcal{B} \rightarrow \mathcal{S}$  of the solid phase maps the reference placement  $\mathcal{B}$  into the *current placement*  $\chi(\mathcal{B}, t)$ . In this work, we adhere to the description of the solid phase put forward in<sup>45</sup>, in which the “points” of  $\mathcal{M}_s$  comprise both the cartilage matrix and the fibers and, thus, the two constituents of the solid phase share the same motion. Furthermore, for each  $t \in \mathcal{I}$ , the motion of the fluid is described by means of a one-parameter family of embeddings  $\mathfrak{f}(\cdot, t) : \mathcal{M}_f \rightarrow \mathcal{S}$  that attaches fluid particles  $\mathfrak{X}_f \in \mathcal{M}_f$  to a points in the Euclidean space  $\mathcal{S}$ . The portion of  $\mathcal{S}$  in which the solid and the fluid phases coexist is denoted by  $\mathcal{B}_t := \chi(\mathcal{B}, t) \cap \mathfrak{f}(\mathcal{M}_f, t)$  and constitute the solid-fluid mixture. Furthermore, for each time  $t \in \mathcal{I}$ , we assume that the inverse mappings in space  $[\chi(\cdot, t)]^{-1} : \mathcal{B}_t \rightarrow \mathcal{B}$  is surjective with respect to the reference placement of the solid phase, so that for each point of the mixture there is a corresponding point in the reference placement of the solid phase.

Articular cartilage, described as a hydrated tissue, is seen at the macroscale as a mixture with a solid component and a fluid one. In particular, following<sup>31,94</sup>, under the hypothesis that the heterogeneities at the fine scale do not affect the tissue at the considered length scale<sup>86</sup>, we introduce an admissible representative element<sup>86</sup> and the fraction of relative volume which is occupied by the solid or by the fluid phase. These quantities are called, respectively, the solid volumetric fraction and the fluid volumetric fraction and are defined as  $\phi_\alpha : \mathcal{B}_t \rightarrow ]0, 1[$ , with  $\alpha = s, f$ .

For each point  $x \in \mathcal{B}_t$  in the current placement and each point  $X \in \mathcal{B}$  in the reference placement, we introduce the tangent spaces  $T_x\mathcal{S}$  and  $T_X\mathcal{B}$ , and the dual spaces  $T_x^*\mathcal{S}$  and  $T_X^*\mathcal{B}$ , respectively, as well as the tangent bundles  $T\mathcal{S} := \bigsqcup_{x \in \mathcal{B}_t} T_x\mathcal{S}$  and  $T\mathcal{B} := \bigsqcup_{X \in \mathcal{B}} T_X\mathcal{B}$ . Similarly, we define the cotangent bundles  $T^*\mathcal{S} := \bigsqcup_{x \in \mathcal{B}_t} T_x^*\mathcal{S}$  and  $T^*\mathcal{B} := \bigsqcup_{X \in \mathcal{B}} T_X^*\mathcal{B}$ .

The velocity of a solid particle passing at the time  $t$  through the spatial point  $x = \chi(X, t)$  is denoted by  $\mathbf{v}_s(x, t) = \dot{\chi}(X, t) \in T_x\mathcal{S}$ , with the superimposed dot meaning partial differentiation with respect to

time, while the velocity of a fluid particle passing through the same spatial point  $x \in \mathcal{B}_t$  is obtained as  $\mathbf{v}_f(x, t) = \dot{\mathbf{f}}(\mathbf{x}_f, t) \in T_x \mathcal{S}$ . The above defined velocities  $\mathbf{v}_s$  and  $\mathbf{v}_f$  are also known as *spatial* velocities, while the relative motion of the fluid with respect to the solid phase is described by the relative velocity as  $\mathbf{w}_{fs}(x, t) := \mathbf{v}_f(x, t) - \mathbf{v}_s(x, t)$ . For the fluid phase, we also introduce the *filtration velocity*  $\mathbf{q}(x, t) := \phi_f(x, t) \mathbf{w}_{fs}(x, t) \in T_x \mathcal{S}$ , which represents the specific mass flux vector of fluid passing through  $x \in \mathcal{B}_t$  at time  $t$  (i.e., the mass flux vector normalized by the fluid true mass density  $\varrho_f$ )<sup>49</sup>.

Finally, we introduce the tangent map of the motion of the solid phase,  $\mathbf{F}(X, t) = T_\chi(X, t) \equiv D\chi(X, t)$ , where  $D\chi$  is the Jacobian tensor associated with  $\chi$ , known as the *deformation tensor*  $\mathbf{F}(X, t) : T_X \mathcal{B} \rightarrow T_{\chi(X, t)} \mathcal{S}$ , which transforms vectors of  $T_X \mathcal{B}$  into vectors of  $T_x \mathcal{S}$ , with  $x = \chi(X, t)$ . In order for a motion to be admissible, the determinant of  $\mathbf{F}$  is required to satisfy the condition  $J(X, t) := \det \mathbf{F}(X, t) > 0$ , for all  $X \in \mathcal{B}$  and  $t \in \mathcal{I}$ , so that  $\mathbf{F}$  is non-singular. Similarly, we define the inverse, the transpose, and the inverse transpose tensors of  $\mathbf{F}$ , that is,  $\mathbf{F}^{-1}(x, t) : T_x \mathcal{S} \rightarrow T_X \mathcal{B}$ ,  $\mathbf{F}^T(x, t) : T_x^* \mathcal{S} \rightarrow T_X^* \mathcal{B}$ , and  $\mathbf{F}^{-T}(X, t) : T_X^* \mathcal{B} \rightarrow T_x^* \mathcal{S}$ , respectively, with  $X = [\chi(\cdot, t)]^{-1}(x)$ . As usual, the Cauchy-Green deformation tensor  $\mathbf{C}(X, t) : T_X \mathcal{B} \rightarrow T_X^* \mathcal{B}$  is defined as  $\mathbf{C}(X, t) = \mathbf{F}^T(x, t) \boldsymbol{\eta}(x) \mathbf{F}(X, t)$ , with  $x = \chi(X, t)$ , and  $\boldsymbol{\eta}(x) : T_x \mathcal{S} \rightarrow T_x^* \mathcal{S}$  being the spatial metric tensor attached at the spatial point  $x \in \mathcal{S}$ <sup>95</sup>. When there is no room for confusion, also the less rigorous notations  $\mathbf{C} = \mathbf{F}^T \cdot \mathbf{F} \equiv \mathbf{F}^T \boldsymbol{\eta} \mathbf{F}$  will be employed, in which the dot “.” is an abbreviation for the spatial metric tensor field  $\boldsymbol{\eta}$ .

### 3 Fundamental balance equations

In this section, we recall the fundamental balance equations for the modeling problem at hand, i.e., the balance of mass and the balance of linear momentum for both the solid and the fluid phase.

Our target tissue is viewed as a solid-fluid mixture, in which the solid phase comprises all the solid constituents of the tissue (in the present framework, these are essentially identified with the extracellular matrix and the structural components of the cells), while the fluid phase accounts for the interstitial fluid that flows through the pores.

As is often the case in the biomechanical modeling of soft hydrated tissues<sup>1,31,33,45,52</sup>, both the solid and the fluid phase are regarded as incompressible (more specifically, we will assume that their true mass densities are constant), and their presence in the mixture under study is measured by their *volumetric fractions*, denoted by  $\phi_s$  and  $\phi_f$ , respectively. Through these quantities, we define the *apparent mass densities*  $\varrho_s \phi_s$  and  $\varrho_f \phi_f$ , with  $\varrho_s$  and  $\varrho_f$  being the true mass densities of the solid and the fluid. Hence, we write the balance of mass for each phase in the mixture’s current placement  $\mathcal{B}_t$  as<sup>1,33,45,52</sup>

$$\partial_t(\varrho_s \phi_s) + \operatorname{div}(\varrho_s \phi_s \mathbf{v}_s) = 0 \quad \Rightarrow \quad \partial_t \phi_s + \operatorname{div}(\phi_s \mathbf{v}_s) = 0, \quad \text{in } \mathcal{B}_t, \quad (1a)$$

$$\partial_t(\varrho_f \phi_f) + \operatorname{div}(\varrho_f \phi_f \mathbf{v}_f) = 0 \quad \Rightarrow \quad \partial_t \phi_f + \operatorname{div}(\phi_f \mathbf{v}_f) = 0, \quad \text{in } \mathcal{B}_t. \quad (1b)$$

The absence of terms on the right-hand side of Equations (1a) and (1b) means that, at the considered timescale, we see neither growth processes nor mass exchange between the constituents.

Since the mixture considered in our work is saturated, the condition  $\phi_s + \phi_f = 1$  applies. Hence, the balance of mass for the solid phase and for the mixture as a whole, obtained by adding together Equations (1a) and (1b), can be rephrased as

$$\mathbf{D}_s \phi_s + \phi_s \operatorname{div} \mathbf{v}_s = 0, \quad \text{in } \mathcal{B}_t, \quad (2a)$$

$$\operatorname{div} \mathbf{v}_s + \operatorname{div} \mathbf{q} = 0, \quad \text{in } \mathcal{B}_t, \quad (2b)$$



200 where the substantial derivative with respect to the motion of the solid phase has been introduced, i.e.,  
 201  $D_s \zeta := \partial_t \zeta + (\text{grad} \zeta) \mathbf{v}_s$ , for any differentiable field  $\zeta : \mathcal{B}_t \times \mathcal{I} \rightarrow \mathbb{S}$  valued in  $\mathbb{S} \equiv \mathbb{R}$  or in higher-order  
 202 vector or tensor spaces<sup>13</sup>.

203 By composing Equations (2a) and (2b) with the pair of maps  $(\chi, \mathcal{T}) : \mathcal{B} \times \mathcal{I} \rightarrow \mathcal{S} \times \mathcal{I}$ , so that  
 204 for any field  $\zeta$  it holds that  $\zeta_L \equiv \zeta \circ (\chi, \mathcal{T}) : \mathcal{B} \times \mathcal{I} \rightarrow \mathbb{S}$ ,  $D_s \zeta \circ (\chi, \mathcal{T}) = \dot{\zeta}_L$ , and  $J[\text{div} \zeta \circ (\chi, \mathcal{T})] =$   
 205  $\text{Div}(J\mathbf{F}^{-T} \zeta_L)$ , the mass balance laws can be written with respect to the reference placement as

$$\dot{\Phi}_s = 0, \quad \text{in } \mathcal{B}, \quad (3a)$$

$$\dot{J} + \text{Div} \mathbf{Q} = 0, \quad \text{in } \mathcal{B}, \quad (3b)$$

206 where  $\Phi_s(X, t) := J(X, t)\phi_s(x, t)$  and  $\mathbf{Q}(X, t) := J(X, t)\mathbf{F}^{-1}(x, t)\mathbf{q}(x, t)$  are the solid phase *material*  
 207 *volumetric fraction* and the *material filtration velocity*, defined through the pull-backs of  $\phi_s$  and  $\mathbf{q}$ ,  
 208 respectively<sup>13,31,45</sup>, and  $x = \chi(X, t)$ . In the sequel, unless there is room for confusion, we shall omit the  
 209 subscript ‘‘L’’ to indicate that a given quantity is written in ‘‘Lagrangian’’ formalism. For instance, the  
 210 ‘‘Lagrangian’’ expression of the pore pressure will be  $P := p \circ (\chi, \mathcal{T})$  rather than  $p_L$ .

211 We emphasize that, in spite of the terminology ‘‘filtration velocity’’,  $\mathbf{q}$  is *not* a true velocity. Rather, it is  
 212 a *specific mass flux vector*, i.e., a mass flux vector defined by the multiplication of the velocity of the fluid  
 213 relative to the solid, i.e.,  $\mathbf{w}_{fs}$ , by the volumetric fraction of the fluid  $\phi_f$ . This way, the resulting expression  
 214 equals the mass flux vector of the fluid relative to the solid, divided by the fluid’s intrinsic volumetric mass  
 215 density  $\varrho_f$ . As remarked in<sup>96</sup>, this is an important clarification, since it predicts how  $\mathbf{q}$  transforms. Indeed,  
 216 since  $\mathbf{q}$  is a flux vector, it has to be identified with a *pseudo-vector* and, as such, its material counterpart,  
 217 obtained by computing its backward Piola transformation, reads  $\mathbf{Q}(X, t) = J(X, t)\mathbf{F}^{-1}(x, t)\mathbf{q}(x, t)$ , with  
 218  $x = \chi(X, t)$ <sup>31,45,96,97</sup>.

219 Next, we introduce the balance of linear momentum in the current placement. Since, in the present  
 220 framework, macroscopic inertial forces are assumed to be negligible from the outset, we write<sup>30,45,52</sup>

$$\text{div} \boldsymbol{\sigma}_s + \boldsymbol{\pi}_s + \varrho_s \phi_s \mathbf{g} = \mathbf{0}, \quad \text{div}(\boldsymbol{\sigma}_s + \boldsymbol{\sigma}_f) + (\varrho_s \phi_s + \varrho_f \phi_f) \mathbf{g} = \mathbf{0}, \quad \text{in } \mathcal{B}_t, \quad (4a)$$

$$\text{div} \boldsymbol{\sigma}_f + \boldsymbol{\pi}_f + \varrho_f \phi_f \mathbf{g} = \mathbf{0}, \quad \text{div} \boldsymbol{\sigma}_f + \boldsymbol{\pi}_f + \varrho_f \phi_f \mathbf{g} = \mathbf{0}, \quad \text{in } \mathcal{B}_t, \quad (4b)$$

221 where  $\boldsymbol{\sigma}_s$  and  $\boldsymbol{\sigma}_f$  are the Cauchy stress tensors of the solid and of the fluid phase,  $\boldsymbol{\pi}_s$  and  $\boldsymbol{\pi}_f$  are the force  
 222 densities due to the exchanges of linear momentum between the phases, and  $\mathbf{g}$  is the gravity acceleration  
 223 co-vector. Note that, in the equations of the first column, each balance law is associated with a single  
 224 phase, i.e., either with the solid or with the fluid phase. In the second column, instead, the second equation  
 225 is identical to its homologous of the first column, while the first equation expresses the balance of linear  
 226 momentum for the mixture as a whole. Indeed, it is obtained by adding together the balance laws associated  
 227 with each single phase and by using the hypothesis of the mixture being closed with respect to linear  
 228 momentum, i.e.,  $\boldsymbol{\pi}_s + \boldsymbol{\pi}_f = \mathbf{0}$ .

229 Equations in the right column of (4a) and (4b) can also be reformulated in the reference placement as

$$\text{Div}(\mathbf{T}_s + \mathbf{T}_f) + [\Phi_s \varrho_s + (J - \Phi_s) \varrho_f] \mathbf{g} = \mathbf{0}, \quad (5a)$$

$$\text{Div} \mathbf{T}_f + \mathbf{F}^{-T} \boldsymbol{\Pi}_f + (J - \Phi_s) \varrho_f \mathbf{g} = \mathbf{0}, \quad (5b)$$

230 where  $\mathbf{T}_\alpha(X, t) := J(X, t)\boldsymbol{\sigma}_\alpha(x, t)\mathbf{F}^{-T}(X, t)$ , with  $\alpha \in \{s, f\}$ , is the first Piola-Kirchhoff stress tensor  
 231 associated with the  $\alpha$ th phase,  $\boldsymbol{\Pi}_f(X, t) = J(X, t)\mathbf{F}^T(x, t)\boldsymbol{\pi}_f(x, t) \in T_X^* \mathcal{B}$  is the pull-back of  $\boldsymbol{\pi}_f$  to the  
 232 reference placement, and  $x = \chi(X, t)$ .

Since, according to Equation (3a),  $\Phi_s$  is constant in the time interval over which the system is observed, and it is determined univocally by the initial condition  $\Phi_{sR}$ , we set  $\Phi_s(X, t) = \Phi_{sR}(X)$ , and we eliminate it from the set of unknowns featuring in the balance equations. This result, indeed, permits to write the volumetric fractions of the solid and of the fluid phase as  $\phi_s(\chi(X, t), t) = \Phi_{sR}(X)/J(X, t)$  and  $\phi_f(\chi(X, t), t) = 1 - \Phi_{sR}(X)/J(X, t)$ . Therefore, Equations (2b), (4a), and (4b) feature 7 scalar equations in 21 unknowns: 3 for the components of the motion  $\chi$ ; 3 for the components of the filtration velocity  $\mathbf{q}$ ; 6 for the components of  $\sigma_s$ ; 6 for the components of  $\sigma_f$ ; and 3 for the components of  $\pi_f$ . To these unknowns, however, a Lagrange multiplier accompanying the incompressibility constraint has to be added, so that the full number of unknowns raises to 22. Consequently, to close the model, we need to supply the Cauchy stress tensors  $\sigma_s$  and  $\sigma_f$  as well as the force density  $\pi_f$  constitutively, thereby introducing the missing 15 scalar equations. This way, the *remaining unknowns* to be determined are:

$$\chi, \quad \mathbf{q}, \quad p, \quad (6)$$

where  $p$  is the pore pressure and represents the Lagrangian multiplier of the present theory.

#### 4 General constitutive relations

It can be proved that, if the solid phase is hyperelastic and the macroscopic stress response of the fluid phase is not appreciably affected by the fluid viscosity, the Cauchy stress tensors are given by<sup>1,30,31,33,45,48,50</sup>

$$\sigma_s = -\phi_s p \mathbf{1}^T + \sigma_{sc}, \quad \text{in } \mathcal{B}_t, \quad (7a)$$

$$\sigma_f = -\phi_f p \mathbf{1}^T, \quad \text{in } \mathcal{B}_t, \quad (7b)$$

where  $p$  is pore pressure,  $\sigma_{sc}$  is the constitutive part of  $\sigma_s$ , and  $\mathbf{1}$  is the identity tensor associated with  $T\mathcal{S}$ . Note that, in this work, the Cauchy stress tensors are taken as linear maps from  $T^*\mathcal{S}$  into itself, i.e.,  $\sigma_\alpha(x, t) : T_x^*\mathcal{S} \rightarrow T_x^*\mathcal{S}$ , for all  $x \in \mathcal{B}_t$ , and, thus, the transpose of the identity tensor  $\mathbf{1}$  is needed for consistency, since it applies that  $\mathbf{1}^T(x, t) : T_x^*\mathcal{S} \rightarrow T_x^*\mathcal{S}$ , with  $x \in \mathcal{B}_t$ , and  $\mathbf{1}^T(x, t)\boldsymbol{\beta}(x, t) = \boldsymbol{\beta}(x, t)$ , for every co-vector  $\boldsymbol{\beta}(x, t) \in T_x^*\mathcal{S}$ .

In view of the computational burden that will be introduced for describing the flow, for the purposes of our present study we assume that the solid phase is isotropic, homogeneous, and characterized by a Neo-Hookean hyperelastic strain energy density function  $\Psi_s(\mathbf{C})$ <sup>98</sup>, which, written per unit of volume of the reference placement, takes on the form

$$\Psi_s(\mathbf{C}) = \frac{1}{2}\Phi_s\mu_s[I_1 - 3] - \frac{1}{2}\Phi_s\mu_s \log I_3 + \frac{1}{8}\Phi_s\lambda_s [\log I_3]^2, \quad (8)$$

where  $\lambda_s$  and  $\mu_s$  are Lamé's parameters, and  $I_1$ ,  $I_2$ , and  $I_3$  are the three principal invariants of the Green-Cauchy tensor  $\mathbf{C}$ , i.e.,

$$I_1 = \text{tr}\mathbf{C}, \quad I_2 = \frac{1}{2}\{[\text{tr}\mathbf{C}]^2 - \text{tr}\mathbf{C}^2\}, \quad I_3 = \det \mathbf{C} = J^2. \quad (9)$$

Before going further, it is important to remark that there exist strain energy densities that are more appropriate than the Neo-Hookean one for tissues like articular cartilage. A rather typical example is the Holmes&Mow<sup>7</sup> strain energy density function, which has been extensively used and generalized in many works addressing the mechanics of articular cartilage in the biphasic context, especially when the fibers are included in order to make the model at least transversely isotropic<sup>17,23,26-31,34-41,45,46</sup>.



264 By viewing  $I_1$ ,  $I_2$ , and  $I_3$  as functions of  $\mathbf{C}$ , and  $\mathbf{C}$  as a function of  $\mathbf{F}$ , we can rewrite  $\Psi_s(\mathbf{C})$  as  
 265  $\Psi_s(\mathbf{C}) \equiv W_s(\mathbf{F})$ , and, thus, we determine  $\mathbf{T}_{sc}$  and  $\boldsymbol{\sigma}_{sc}$  as

$$\mathbf{T}_{sc} = \frac{\partial W_s}{\partial \mathbf{F}}(\mathbf{F}) = \mathbf{F} \left[ 2 \frac{\partial \Psi_s}{\partial \mathbf{C}}(\mathbf{C}) \right] \Rightarrow \boldsymbol{\sigma}_{sc}(x, t) = \frac{1}{J(X, t)} \left[ \frac{\partial W_s}{\partial \mathbf{F}}(\mathbf{F}(X, t)) \right] \mathbf{F}^T(x, t). \quad (10)$$

266 In the sequel,  $\mathbf{T}_{sc}$  will be referred to as *constitutive part of the first Piola-Kirchhoff stress tensor*. Its  
 267 explicit expression of  $\mathbf{T}_{sc}$  will be supplied below, when discussing some numerical aspects of the problem  
 268 at hand. Here, we simply notice that, since  $\mathbf{T}_{sc}$  is defined constitutively,  $\mathbf{T}_s$  is fully defined in terms of  $\mathbf{T}_{sc}$   
 269 and of the pore pressure  $P := p \circ (\chi, \mathcal{T})$  (i.e., the pore pressure expressed as a function of the points of  
 270  $\mathcal{B}$  and of time), and since  $\mathbf{T}_f$  depends only on  $P$ , then all the stresses featuring in the balance laws of  
 271 interest are completely expressed in terms of the unknowns  $\chi$  (through the deformation gradient tensor)  
 272 and  $P$ . Moreover, since the same conclusions hold true also for the Cauchy stress tensors  $\boldsymbol{\sigma}_s$ ,  $\boldsymbol{\sigma}_{sc}$ , and  $\boldsymbol{\sigma}_f$ ,  
 273 the balance laws (4a) and (4b) can be recast in the form

$$\operatorname{div}(-p\boldsymbol{\nu}^T + \boldsymbol{\sigma}_{sc}) + (\varrho_s \phi_s + \varrho_f \phi_f) \mathbf{g} = \mathbf{0}, \quad \text{in } \mathcal{B}_t, \quad (11a)$$

$$- \phi_f \operatorname{grad} p + \boldsymbol{\pi}_{fd} + \varrho_f \phi_f \mathbf{g} = \mathbf{0}, \quad \text{in } \mathcal{B}_t, \quad (11b)$$

274 with  $\boldsymbol{\sigma}_{sc}$  being given in Equation (10), and  $\boldsymbol{\pi}_{fd} := \boldsymbol{\pi}_f - p \operatorname{grad} \phi_f$  being referred to as the *dissipative part*  
 275 of  $\boldsymbol{\pi}_f$ <sup>1,13,48,50</sup>.

276 The stress tensor featuring in Equation (11a), i.e.,

$$\boldsymbol{\sigma}_I := -p\boldsymbol{\nu}^T + \boldsymbol{\sigma}_{sc}, \quad (12)$$

277 represents the *internal part*<sup>48</sup> of the overall stress tensor of the solid-fluid mixture under investigation,  
 278 that is, the stress tensor of the mixture exclusive of the dynamic contributions, which are negligible  
 279 in the considered regime<sup>30,48</sup>. In fact, the structure of  $\boldsymbol{\sigma}_I$  yields the internal first and second Piola-  
 280 Kirchhoff stress tensors  $\mathbf{T}_I = -JPF^{-T} + \mathbf{T}_{sc}$ ,  $\mathbf{S}_I = -JPC^{-1} + \mathbf{S}_{sc}$ , where  $\mathbf{S}_{sc}$  is defined as  $\mathbf{S}_{sc}(X, t) =$   
 281  $J(X, t)\mathbf{F}^{-1}(x, t)\boldsymbol{\eta}^{-1}(x)\boldsymbol{\sigma}_{sc}(x, t)\mathbf{F}^{-T}(X, t)$ , with  $x = \chi(X, t)$ . Moreover, since the solid phase is assumed  
 282 to be hyperelastic,  $\mathbf{S}_I$  can be determined by differentiating an *augmented* strain energy density  $\Psi_s^a$ , obtained  
 283 through the addition of the pressure term  $-[J - 1]P$  to  $\Psi_s(\mathbf{C})$ , i.e.,

$$\Psi_s^a(\mathbf{C}, P) := \Psi_s(\mathbf{C}) - [J - 1]P = \frac{1}{2}\Phi_s\mu_s[\operatorname{tr}\mathbf{C} - 3] - \Phi_s\mu_s \log J + \frac{1}{2}\Phi_s\lambda_s[\log J]^2 - [J - 1]P, \quad (13a)$$

$$\mathbf{S}_I = 2 \frac{\partial \Psi_s^a}{\partial \mathbf{C}}(\mathbf{C}, P) = -JPC^{-1} + \mathbf{S}_{sc} = -JPC^{-1} + 2 \frac{\partial \Psi_s}{\partial \mathbf{C}}(\mathbf{C}). \quad (13b)$$

284 For future use, we also introduce the strain energy densities  $W_s(\mathbf{F}) \equiv \Psi_s(\mathbf{C})$  and  $W_s^a(\mathbf{F}, P) \equiv \Psi_s^a(\mathbf{C}, P)$ .

285 There remains to determine  $\boldsymbol{\pi}_{fd}$  and, to do so, we proceed with the study of the dissipation  
 286 inequality<sup>13,33,45,48,50,99</sup>.

## 287 5 Constitutive representation of the dissipative forces

288 Under the hypotheses done so far, by assuming that the sole source of energetic loss is due to the  
 289 momentum exchanged between the fluid and the solid phase, and adhering to the frameworks developed  
 290 in<sup>48,50</sup>, and, subsequently, in<sup>13</sup>, it can be proven that the local form of the residual dissipation per unit of

291 volume of  $\mathcal{B}_f$  is given by

$$\mathfrak{D}^{(a)} = -\pi_{fd} \mathbf{w}_{fs} = -\pi_{fd} \phi_f^{-1} \mathbf{q} \geq 0. \quad (14)$$

292 Expressions similar to Equation (14) can be found in several publications (see e.g. <sup>1,13,45,48,50</sup>) and, thus,  
 293 its full derivation will not be reported here. However, we recall that the superscript “(a)” in  $\mathfrak{D}^{(a)}$  stands for  
 294 “augmented”, since, to obtain Equation (14), the constraint of incompressibility, imposed to each phase  
 295 of the mixture, and reflected by the mass balance law (2b), is appended to the local form of the dissipation  
 296 inequality, multiplied by the pore pressure  $p$ . This latter field, thus, acquires the meaning of the Lagrange  
 297 multiplier <sup>13,50</sup> associated with the given constraint. For the advantages related with this procedure, the  
 298 reader is referred to <sup>50,100</sup>.

299 We recall that, throughout this work, all the force densities, and, thus, also  $\pi_{fd}$ , are identified as pseudo  
 300 co-vectors, while all the velocities are defined as vectors. Hence, the juxtapositions  $\pi_{fd} \mathbf{w}_{fs}$  and  $\pi_{fd} \mathbf{q}$  in  
 301 Equation (14) are to be understood, in index notation, as  $\pi_{fd} \mathbf{w}_{fs} = [\pi_{fd}]_a [\mathbf{w}_{fs}]^a$  and  $\pi_{fd} \mathbf{q} = [\pi_{fd}]_a q^a$ ,  
 302 where Einstein’s convention of summation over repeated indices applies, unless stated otherwise.

303 We hypothesize that the dissipative force density  $\pi_{fd}$  can be expressed constitutively, up to the sign, as  
 304 the result of some suitably defined operator  $O_q$ , applied to  $\mathbf{q}$ , and in which the subscript “ $\mathbf{q}$ ” indicates  
 305 that, in general, the operator may depend on  $\mathbf{q}$  itself. Hence, we impose a relationship of the kind

$$\pi_{fd} \equiv -O_q \mathbf{q}. \quad (15)$$

306 Such relationship is nonlinear in general, and, for consistency with Equation (14), it imposes that  $O_q$   
 307 complies with the dissipation inequality, so that the condition  $\mathfrak{D}^{(a)} = [O_q \mathbf{q}] \mathbf{q} \geq 0$  must be respected at  
 308 all times and at all points of the region of space occupied by the mixture. Furthermore, by substituting the  
 309 relationship (15) into the balance law (11b), we find the following operator equation in the unknown  $\mathbf{q}$ :

$$-O_q \mathbf{q} = \phi_f [\text{grad } p - \varrho_f \mathbf{g}]. \quad (16)$$

310 Among the various possible definitions of  $O_q$ , each of which depends on the fluid that has to be  
 311 modeled, we require  $O_q$  to be such that it vanishes identically for the null filtration velocity  $\mathbf{q}_0 \equiv \mathbf{0}$ , i.e.,

$$O_q \mathbf{q} = O_{q_0} \mathbf{q}_0 \equiv \mathbf{0}. \quad (17)$$

312 In addition, we require that the null vector field  $\mathbf{q}_0 \equiv \mathbf{0}$  is the unique solution to the equation  $O_q \mathbf{q} = \mathbf{0}$ .  
 313 By doing so, when the pressure field solves  $\text{grad } p - \varrho_f \mathbf{g} = \mathbf{0}$ , so that also the left-hand side of Equation  
 314 (16) vanishes, the solution is  $\mathbf{q} = \mathbf{q}_0$ . This requirement is important in view of the fact that a “modified”  
 315 Caputo derivative will feature in the definition of the operator  $O_q \mathbf{q}$ , thereby implying that a function  $\mathbf{q}$  with  
 316 non-vanishing initial value  $\mathbf{q}(x, 0) \neq \mathbf{0}$  is, in general, a solution of the equation  $O_q \mathbf{q} = \mathbf{0}$  (see Equation  
 317 (55)). Hence, to maintain the uniqueness of the solution  $\mathbf{q}_0 \equiv \mathbf{0}$ , we will always assume that  $\mathbf{q}$  has null  
 318 initial value.

319 The definition of  $O_q \mathbf{q}$  given above implies that also the right-hand side of Equation (16) vanishes for  
 320  $\mathbf{q} = \mathbf{q}_0$ , thereby recovering Stevin’s law of the statics of fluids, i.e.,  $\text{grad } p - \varrho_f \mathbf{g} = \mathbf{0}$ . Moreover, several  
 321 other fluid behaviors are ruled out, like those characterized by non-null values of  $\pi_{fd}$  for  $\mathbf{q} = \mathbf{q}_0$ . In  
 322 the latter case, indeed, by denoting by  $\pi_{fd}^s$  the value of  $\pi_{fd}$  in static conditions, the statics of the fluid

323 under consideration is governed by the force balance  $\pi_{fd}^{st} - \phi_f \text{grad } p + \phi_f \varrho_f \mathbf{g} = \mathbf{0}$ , which determines  $\pi_{fd}^{st}$   
 324 as  $\pi_{fd}^{st} = \phi_f [\text{grad } p - \varrho_f \mathbf{g}] *$  without constitutive prescriptions.

325 For the sake of clarity, before describing the operator  $O_q$  in detail for the case that characterizes the  
 326 main novelty of this work, we briefly discuss the (classical) definitions of  $O_q$  that return Darcy's law and  
 327 Forchheimer's correction to Darcy's law. In doing this, since gravity is not expected to play a relevant role  
 328 for the problems that will be investigated in the sequel, we shall drop the buoyancy term  $\varrho_f \mathbf{g}$  for here on.

## 329 5.1 Darcy's law

330 Although Darcy's law is well-known, we find it useful to briefly review its origin and the range of its  
 331 applicability in order to give context to the need for Forchheimer's correction and for its fractionalization.

332 Darcy's law is widely employed in the mechanics of porous media of environmental, industrial, and  
 333 biological interest (see e.g. <sup>1,33,49,50,87,101</sup>, to mention just a few) to describe, at the *macroscale*, the flow of  
 334 a fluid through the pores of a given porous medium. Here, by "macroscale", it is meant the scale at which  
 335 the porous medium and the fluid are viewed as a mixture. This can be achieved e.g. through asymptotic  
 336 homogenization techniques <sup>102-104</sup> or volume averaging methods <sup>49,87</sup>, thereby leading to Hybrid Mixture  
 337 Theory <sup>50</sup>. Darcy's regime is satisfactory when the following two main hypotheses are met:

338 (i) The stress tensor of the fluid is well approximated by its so-called equilibrium part, so that any  
 339 contribution due to the fluid viscosity is negligible and one can write the fluid's Cauchy stress  
 340 tensor as  $\sigma_f = -\phi_f p \mathbf{I}^T$ .

341 (ii) Inertial forces are negligible both at the macroscale and at the microscale. At the macroscale, this  
 342 assumption implies that no inertial effects are accounted for in the fluid's macroscopic momentum  
 343 balance law, which reduces, thus, to Equation (11b). For what concerns the microscale, instead, the  
 344 assumption of negligible inertial effects has two meanings. On the one hand, it requires that such  
 345 effects are one or more orders of magnitude smaller than those of the other forces contributing to  
 346 the flow, and, on the other hand, that the linear momentum exchanged between the fluid and the  
 347 solid at their interface does not depend appreciably on the dynamic part of the overall mechanical  
 348 stress (see e.g. <sup>88</sup>). In particular, this latter statement is reflected by the fact that, at the macroscale,  
 349 and in the cases in which  $\pi_{fd}$  can be expressed constitutively, one can prescribe  $\pi_{fd}$  to be a linear  
 350 function of  $\mathbf{q}$  (see e.g. <sup>1,49,50,87</sup>), i.e.,

$$\pi_{fd} = \mathcal{G}^{\pi_{fd}}(\mathbf{q}, \dots) := -\mathcal{G}^r(\dots)\mathbf{q} = -\mathbf{r}\mathbf{q}, \quad (18)$$

351 where  $\mathcal{G}^{\pi_{fd}}(\mathbf{q}, \dots)$  is the constitute law expressing  $\pi_{fd}$ ,  $\mathbf{r}$  is a second-order tensor field, referred  
 352 to as *resistivity tensor*, and  $\mathcal{G}^r(\dots)$  is its constitutive representation (here, the ellipses means that  
 353 the considered constitute functions depend, in general, on variables that are left unspecified at the  
 354 moment). In passing, we recall that there exist generalizations to Darcy's law that involve threshold  
 355 phenomena, according to which, for example, relationships similar to Equation (18) can be written  
 356 only when the norm of  $\pi_{fd}$  exceeds a certain value (see e.g. <sup>49</sup>). However, these circumstances are  
 357 out of the scopes of our present work.

---

\*Note that this equation is different from Equation (11b) in that it applies in static conditions, whereas Equation (11b) holds true in dynamic regime, but in the limit of negligible inertial forces.

358 According to Equation (18), in the case of Darcy's law the identification  $O_q \mathbf{q} \equiv \mathbf{r} \mathbf{q}$  applies, so that the  
 359 operator  $O_q$  is represented by  $\mathbf{r}$  and is, thus, independent of  $\mathbf{q}$ . Furthermore, by substituting Equation (18)  
 360 into the residual dissipation inequality (14), one obtains

$$\mathfrak{D}^{(a)} = -\pi_{\text{fd}} \phi_{\text{f}}^{-1} \mathbf{q} = [\mathbf{r} \mathbf{q}] \phi_{\text{f}}^{-1} \mathbf{q} = \phi_{\text{f}}^{-1} \text{tr}\{\mathbf{r}[\mathbf{q} \otimes \mathbf{q}]\} = \phi_{\text{f}}^{-1} \text{tr}\{\text{sym}(\mathbf{r})[\mathbf{q} \otimes \mathbf{q}]\} \geq 0, \quad (19)$$

361 which requires the symmetric part of the resistivity tensor,  $\text{sym}(\mathbf{r})$ , to be positive semi-definite. Typically,  
 362 however, since one aims at obtaining an expression for  $\mathbf{q}$  in closed form by substituting Equation (18) into  
 363 the balance law (11b), and solving for  $\mathbf{q}$ , one assumes that  $\text{sym}(\mathbf{r})$  is positive definite and, often, it is also  
 364 hypothesized from the outset that the resistivity tensor  $\mathbf{r}$  is symmetric, so that the identity  $\mathbf{r} \equiv \text{sym}(\mathbf{r})$  is  
 365 stated. Under these hypotheses, indeed, one achieves Darcy's law in the "popular" form

$$\mathbf{q} = -\frac{\mathbf{k}}{\mu} \text{grad } p \equiv \mathbf{q}_{\text{D}}, \quad \mathbf{r} := \phi_{\text{f}} \mu \mathbf{k}^{-1}, \quad (20)$$

366 where  $\mathbf{k}$  is a second-order tensor field referred to as *permeability tensor*,  $\mu$  is the fluid's viscosity, and  $\mathbf{q}_{\text{D}}$   
 367 stands for "Darcy's velocity".

368 With respect to the reference placement of the medium, Equation (20) transforms as

$$\mathbf{Q} = -\frac{\mathbf{K}}{\mu} \text{Grad } P \equiv \mathbf{Q}_{\text{D}}, \quad (21)$$

369 where  $P$  is the pore pressure written as a function of the points  $X$  of the reference placement and of time,  
 370 i.e.,  $p(x, t) = P(X, t)$ , while  $\mathbf{K}$  is referred to as *material permeability tensor* and is related to  $\mathbf{k}$  through  
 371 the backward Piola transformation  $\mathbf{K}(X, t) = J(X, t) \mathbf{F}^{-1}(x, t) \mathbf{k}(x, t) \mathbf{F}^{-\text{T}}(X, t)$ , with  $x = \chi(X, t)$ . Hence,  
 372 the Darcian material filtration velocity  $\mathbf{Q}_{\text{D}}$  can be expressed in terms of the pore pressure and deformation  
 373 gradient tensor.

374 Finally, having neglected the buoyancy terms in Equations (11a) and (11b), the equations to be solved  
 375 in the case of validity of Darcy's regime can be summarized as

$$\text{Div}(-J P \mathbf{F}^{-\text{T}} + \mathbf{T}_{\text{sc}}) = \mathbf{0}, \quad (22a)$$

$$J = \text{Div} \left[ \frac{\mathbf{K}}{\mu} \text{Grad } P \right], \quad (22b)$$

376 where  $\mathbf{T}_{\text{sc}} = \mathbf{F} \mathbf{S}_{\text{sc}}$ , with  $\mathbf{S}_{\text{sc}}$  being deducible from Equation (13b), is determined constitutively as shown  
 377 in Equation (10), while the permeability tensor  $\mathbf{K}$  is specified in Equation (43) below. Moreover,  
 378 the material volumetric fractions  $\Phi_{\text{s}}$  and  $\Phi_{\text{f}}$ , which feature in the definitions of  $\mathbf{T}_{\text{sc}}$  and  $\mathbf{K}$ , are  
 379  $\Phi_{\text{s}}(X, t) = J(X, t) \phi_{\text{s}}(x, t) = \Phi_{\text{sR}}(X)$  and  $\Phi_{\text{f}}(X, t) = J(X, t) \phi_{\text{f}}(x, t)$ , and  $\Phi_{\text{sR}}(X)$  is regarded as known.  
 380 In the system of Equations (22a) and (22b), the unknowns are pressure  $P$  and the motion  $\chi$ . The latter is  
 381 accounted for by  $\mathbf{F}$  and  $J = \det \mathbf{F}$ , and  $\Phi_{\text{f}}$  is expressed as  $\Phi_{\text{f}} = J - \Phi_{\text{s}}$  by virtue of the backward Piola  
 382 transformation of the saturation condition.

## 383 5.2 Forchheimer's correction

384 Following <sup>88</sup>, Forchheimer's correction to Darcy's law becomes necessary when the hypothesis (ii) of the  
 385 section 5.1 is not satisfied. Indeed, as remarked in <sup>88</sup>, the correction accounts for the inertial effects that

386 characterize the pore scale dynamics of the fluid, and for those that take part to the momentum exchange  
 387 between the fluid and the solid phase. In fact, it can be shown that (see e.g. <sup>105</sup>), at the macroscale, the  
 388 consideration of the inertial effects mentioned above can be expressed in terms of a non-linear relationship  
 389 between  $\pi_{\text{fd}}$  and  $\mathbf{q}$  of the type (see e.g. <sup>45,52,88,99,106</sup>)

$$\pi_{\text{fd}} = \mathcal{G}^{\pi_{\text{fd}}}(\mathbf{q}, \dots) = \mathcal{G}^{\mathbf{r}_F}(\mathbf{q}, \dots)\mathbf{q} = -\mathbf{r}_F(\|\mathbf{q}\|)\mathbf{q}, \quad (23)$$

390 where  $\mathbf{r}_F(\|\mathbf{q}\|)$  can be thought of as a  $\mathbf{q}$ -dependent resistivity tensor. Note that, here and in the  
 391 following, the subscript ‘‘F’’ stands for ‘‘Forchheimer’’, and is introduced in order to highlight that  
 392 the current description differs from the Darcian one. In addition, as suggested by the identification  
 393  $\mathcal{G}^{\mathbf{r}_F}(\mathbf{q}, \dots) \equiv -\mathbf{r}_F(\|\mathbf{q}\|)$ , the resistivity tensor depends, in general, aside from  $\|\mathbf{q}\|$ , also on other  
 394 parameters characterizing the flow, although we do not report them here explicitly for the sake of a  
 395 lighter notation.

396 As reported in <sup>45,52,88,99,106</sup>, the resistivity tensor  $\mathbf{r}_F(\|\mathbf{q}\|)$  can be defined as

$$\mathbf{r}_F(\|\mathbf{q}\|) = \mathbf{r} + \|\mathbf{q}\|\mathbf{a}\mathbf{r} = \phi_f\mu[\mathbf{k}^{-1} + \|\mathbf{q}\|\mathbf{a}\mathbf{k}^{-1}], \quad (24)$$

397 where  $\mathbf{a}$ , in general, is a second-order tensor field denominated *Forchheimer’s coefficient*, having physical  
 398 dimensions of the inverse of a characteristic velocity, and that is to be assigned constitutively (see Equation  
 399 (37) below).

400 By comparing Equation (24) with the general definition (15), we obtain the identification

$$\mathcal{O}_q \equiv \phi_f\mu[\mathbf{k}^{-1} + \|\mathbf{q}\|\mathbf{a}\mathbf{k}^{-1}] = \phi_f\mu\mathbf{k}^{-1}[\mathbf{I} + \|\mathbf{q}\|\mathbf{k}\mathbf{a}\mathbf{k}^{-1}]. \quad (25)$$

401 Moreover, by substituting Equation (25) into the constitutive representation (23) of  $\pi_{\text{fd}}$ , using the resulting  
 402 expression into the force balance (16), and invoking the definition (20) of Darcy’s velocity  $\mathbf{q}_D$ , we find  
 403 that  $\mathbf{q}$  must satisfy the algebraic equation

$$\phi_f\mu\mathbf{k}^{-1}[\mathbf{I} + \|\mathbf{q}\|\mathbf{k}\mathbf{a}\mathbf{k}^{-1}]\mathbf{q} = \phi_f\mu\mathbf{k}^{-1}\mathbf{q}_D, \quad (26)$$

404 which can be put in the equivalent form (see <sup>45</sup>, in which a slightly different notation is employed)

$$[\mathbf{I} + \|\mathbf{q}\|\mathbf{k}\mathbf{a}\mathbf{k}^{-1}]\mathbf{q} = \mathbf{q}_D. \quad (27)$$

405 The backward Piola transformation of Equation (27) produces <sup>45</sup>

$$[\mathbf{I} + \|\mathbf{Q}\|_C\mathbf{K}\mathcal{A}\mathbf{K}^{-1}]\mathbf{Q} = \mathbf{Q}_D, \quad (28)$$

406 where  $\mathbf{I}$  is the material identity tensor,  $\|\mathbf{Q}\|_C := J^{-1}\sqrt{[\mathbf{C} : (\mathbf{Q} \otimes \mathbf{Q})]}$  is the  $C$ -norm of  $\mathbf{Q}$ , i.e., the norm of  
 407  $\mathbf{Q}$  computed with respect to the deformed metric tensor induced by the right Cauchy-Green deformation  
 408 tensor  $\mathbf{C}$ , while

$$\mathcal{A}(\mathbf{X}, t) := \mathbf{F}^T(x, t)\mathbf{a}(x, t)\mathbf{F}^{-T}(\mathbf{X}, t) \quad (29)$$

409 is the backward Piola transform of Forchheimer’s coefficient. Note that the norm  $\|\mathbf{Q}\|_C$  arises because of  
 410 the identity  $\|\mathbf{q}(x, t)\| = \|\mathbf{Q}(\mathbf{X}, t)\|_C$ .

411 Finally, we notice that a rather suggestive reformulation of Equation (28) reads

$$\mathbf{R}_F(\|\mathbf{Q}\|_C)\mathbf{Q} = \Phi_f \mu \mathbf{K}^{-1} \mathbf{Q}_D, \quad (30)$$

412 where we have introduced the material resistivity tensor

$$\mathbf{R}_F(\|\mathbf{Q}\|_C) := \Phi_f \mu \mathbf{K}^{-1} [\mathbf{I} + \|\mathbf{Q}\|_C \mathbf{K} \mathbf{A} \mathbf{K}^{-1}], \quad (31)$$

413 related to  $\mathbf{r}_F(\|\mathbf{q}\|)$  through  $\mathbf{R}_F(\|\mathbf{Q}(X, t)\|_{C(X, t)}) = \mathbf{F}^T(x, t) [\mathbf{r}_F(\|\mathbf{q}(x, t)\|)] \mathbf{F}(X, t)$ , with  $x = \chi(X, t)$ .

414 The tensor function  $\mathbf{R}_F$  depends also on the deformation gradient tensor  $\mathbf{F}$  through  $\Phi_f$  and  $\mathbf{K}$ , although  
415 we prefer not to emphasize this dependence here, both for notational convenience and for highlighting the  
416 fact that, since  $\mathbf{R}_F$  is the backward Piola transformation of  $\mathbf{r}_F$ , it depends on the  $C$ -norm of the material  
417 filtration velocity  $\mathbf{Q}$ .

418 *Remark 1.* Material resistivity tensor.

419 We find it useful to comment on the definition of the material resistivity tensor  $\mathbf{R}_F(\|\mathbf{Q}\|_C)$  given in  
420 Equation (31). To motivate this definition, we start from the momentum balance law (11b), in which we  
421 neglect gravity for the sake of simplicity, and we perform its pull-back to the system's reference placement,  
422 thereby obtaining

$$\begin{aligned} J(X, t) \mathbf{F}^T(x, t) \boldsymbol{\pi}_{\text{fd}}(x, t) &= J(X, t) \mathbf{F}^T(x, t) \phi_f(x, t) \text{grad} p(x, t), \\ \Rightarrow \boldsymbol{\Pi}_{\text{fd}} &= \Phi_f \text{Grad} P, \end{aligned} \quad (32)$$

423 where the fully material dissipative force density  $\boldsymbol{\Pi}_{\text{fd}}$  is defined by  $\boldsymbol{\Pi}_{\text{fd}}(X, t) := J(X, t) \mathbf{F}^T(x, t) \boldsymbol{\pi}_{\text{fd}}(x, t)$ .  
424 Next, we concentrate on the definition of  $\boldsymbol{\Pi}_{\text{fd}}$ , and we substitute the constitute expression (23) into it, i.e.,

$$\boldsymbol{\Pi}_{\text{fd}}(X, t) = -J(X, t) \mathbf{F}^T(x, t) \mathbf{r}_F(\|\mathbf{q}(x, t)\|) \mathbf{q}(x, t). \quad (33)$$

425 Then, by using the identity  $\|\mathbf{q}(x, t)\| = \|\mathbf{Q}(X, t)\|_{C(X, t)}$ , and the relation linking  $\mathbf{q}(x, t)$  with its material  
426 counterpart  $\mathbf{Q}(X, t)$ , i.e.,  $\mathbf{q}(x, t) = [J(X, t)]^{-1} \mathbf{F}(X, t) \mathbf{Q}(X, t)$ , we find

$$\begin{aligned} \boldsymbol{\Pi}_{\text{fd}}(X, t) &= -J(X, t) \mathbf{F}^T(x, t) \mathbf{r}_F(\|\mathbf{Q}(X, t)\|_{C(X, t)}) \frac{1}{J(X, t)} \mathbf{F}(X, t) \mathbf{Q}(X, t) \\ &= -\mathbf{F}^T(x, t) \mathbf{r}_F(\|\mathbf{Q}(X, t)\|_{C(X, t)}) \mathbf{F}(X, t) \mathbf{Q}(X, t) \\ &= -\mathbf{R}_F(\|\mathbf{Q}(X, t)\|_{C(X, t)}) \mathbf{Q}(X, t), \end{aligned} \quad (34)$$

427 so that the identification  $\mathbf{R}_F(\|\mathbf{Q}(X, t)\|_{C(X, t)}) := \mathbf{F}^T(x, t) \mathbf{r}_F(\|\mathbf{Q}(X, t)\|_{C(X, t)}) \mathbf{F}(X, t)$  can be made.

428 Although there exists some interest for the impact of Forchheimer's correction in porous media of  
429 biological relevance (see e.g. <sup>45,51,52</sup>), to the best of our knowledge the majority of the studies devoted to the  
430 identification of Forchheimer coefficient  $\mathbf{a}$  come from hydrogeology<sup>49</sup> and petroleum engineering<sup>107,108</sup>.  
431 In fact,  $\mathbf{a}$  is often expressed through (semi-)empirical laws. For instance, Wang et al.<sup>109</sup> provided an  
432 expression for  $\mathbf{a}$  that, in our formalism, reads

$$\mathbf{a} := \varrho_f \eta \mu^{-1} \mathbf{k} \boldsymbol{\beta}, \quad (35)$$



433 where the tensor field  $\beta$  is said to be *non-Darcy coefficient*<sup>109</sup>. As done in<sup>45</sup>, we take an empirical formula  
434 from Thauvin and Mohanty<sup>53</sup> and we adapt it to our purposes, thereby expressing  $\beta$  as

$$\beta = c_0 \phi_f^{c_1} [\eta \mathbf{k}]^{c_2}, \quad (36)$$

435 in which  $c_0$ ,  $c_1$ , and  $c_2$  are empirical (real) constants, with  $c_0$  having to be non-negative. Then, by  
436 substituting Equation (36) into Equation (35), and exploiting the positivity of all the eigenvalues of  $\mathbf{k}$ , we  
437 obtain

$$\mathbf{a} = c_0 \phi_f^{c_1} \mu^{-1} [\eta \mathbf{k}]^{1+c_2}, \quad (37)$$

438 so that, by employing Equation (29),  $\mathcal{A}$  is defined by

$$\mathcal{A}(X, t) = c_0 \phi_f \left[ \frac{\Phi_f(X, t)}{J(X, t)} \right]^{c_1} \frac{1}{\mu} \mathbf{F}^T(x, t) [\eta(x) \mathbf{k}(x, t)]^{1+c_2} \mathbf{F}^{-T}(X, t), \quad (38a)$$

$$\eta(x) \mathbf{k}(x, t) = \frac{1}{J(X, t)} \mathbf{F}^{-T}(X, t) \mathbf{C}(X, t) \mathbf{K}(X, t) \mathbf{F}^T(x, t), \quad \text{with } x = \chi(X, t). \quad (38b)$$

439 In this case, since it is in general not straightforward to express  $\mathbf{Q}$  as a function of  $\mathbf{Q}_D$  in closed form,  
440 the model equations to be solved form the system

$$\text{Div}(-JPF^{-T} + \mathbf{T}_{sc}) = \mathbf{0}, \quad (39a)$$

$$\mathbf{j} + \text{Div} \mathbf{Q} = 0, \quad (39b)$$

$$[\mathbf{I} + \|\mathbf{Q}\|_C \mathbf{K} \mathcal{A} \mathbf{K}^{-1}] \mathbf{Q} = \mathbf{Q}_D, \quad (39c)$$

441 where the unknowns of the problem are the solid phase motion  $\chi$ , pore pressure  $P$ , and the material  
442 filtration velocity  $\mathbf{Q}$ . The stress tensor  $\mathbf{T}_{sc}$  and the material permeability  $\mathbf{K}$  are assigned constitutively in  
443 Equations (10) and (43) (see below), while  $\mathcal{A}$  is determined through Equations (38a) and (38b).

444 A strong simplification of Equations (39a)–(39c) is achieved when the porous medium under  
445 consideration is assumed to be isotropic and, in particular, “*unconditionally isotropic*”<sup>33</sup>. In this case,  
446 indeed, the spatial permeability tensor  $\mathbf{k}$  reduces to  $\mathbf{k} = k_{\text{iso}} \boldsymbol{\eta}^{-1}$ , where  $k_{\text{iso}}$  is referred to as *scalar*  
447 *permeability*; the material permeability tensor becomes  $\mathbf{K} = \kappa_{\text{iso}} \mathbf{C}^{-1}$ , with  $\kappa_{\text{iso}}(X, t) := J(X, t) k_{\text{iso}}(x, t)$ ,  
448 and  $x = \chi(X, t)$ ; the Forchheimer coefficient  $\mathbf{a}$  reduces to  $\mathbf{a} = c_0 \phi_f^{c_1} \mu^{-1} k_{\text{iso}}^{1+c_2} \boldsymbol{\iota}^T$ , and the material  
449 Forchheimer coefficient  $\mathcal{A}$  can be written as  $\mathcal{A} = \mathcal{A}_{\text{iso}} \mathbf{I}^T$ , whereby it is fully represented by the scalar  
450 quantity

$$\mathcal{A}_{\text{iso}} = c_0 \phi_f \left[ \frac{\Phi_f}{J} \right]^{c_1} \frac{1}{\mu} \left[ \frac{\kappa_{\text{iso}}}{J} \right]^{1+c_2}, \quad \text{with } \Phi_f > 0, k_{\text{iso}} \geq 0, \text{ and } \mu > 0. \quad (40)$$

451 Then, by substituting this result into Equation (39c), and following a procedure similar to the one described  
452 in<sup>45,52,106</sup>, we can express  $\mathbf{Q}$  as a function of  $\mathbf{Q}_D$ , i.e.,

$$\mathbf{Q} = \mathfrak{F} \mathbf{Q}_D = -\frac{\mathfrak{F} \mathbf{K}}{\mu} \text{Grad} P, \quad \mathfrak{F} := \frac{2}{1 + \sqrt{1 + 4 \mathcal{A}_{\text{iso}} \|\mathbf{Q}_D\|_C}}, \quad (41)$$

453 where  $\mathfrak{F}$  is referred to as *material friction factor*<sup>45,52,106</sup> (note that, in<sup>45,52,106</sup>, Equation (41) is obtained in  
454 the spatial description and, thus, in the models presented therein the adjective “*material*” is not present).

455 A relevant consequence of Equation (41) is that, for an “*unconditionally isotropic*”<sup>33</sup> porous medium,  
456  $\mathcal{Q}$  can be understood as a reformulation of Darcy’s law, in which the permeability is multiplicatively  
457 rescaled by means of  $\mathfrak{F}$ , which, in turn, depends again on the  $\mathbf{C}$ -norm of material Darcy’s velocity  $\|\mathcal{Q}_D\|_C$   
458 as well as on  $\kappa_{\text{iso}}$ , porosity, and the other flow parameters accounted for in the model. Therefore, under  
459 the hypothesis of “*unconditionally isotropic*” medium, Equations (39a)–(39c) condense as

$$\text{Div}(-JPF^{-T} + \mathbf{T}_{\text{sc}}) = \mathbf{0}, \quad (42a)$$

$$\mathbf{j} = \text{Div} \left[ \frac{\mathfrak{F}\mathbf{K}}{\mu} \text{Grad}P \right], \quad (42b)$$

460 where  $\mathfrak{F}$  and  $\mathcal{A}_{\text{iso}}$  are defined in Equations (41)<sub>b</sub> and (40), respectively, and  $\mathbf{K} = \kappa_{\text{iso}}\mathbf{C}^{-1}$ . In the sequel,  
461 we adopt an expression of  $\kappa_{\text{iso}}$  taken from Holmes&Mow<sup>7</sup>, given by

$$\kappa_{\text{iso}} = Jk_{\text{ref}} \left[ \frac{J - \Phi_s}{1 - \Phi_s} \right]^{m_0} \exp \left( \frac{m_1}{2} [J^2 - 1] \right), \quad (43)$$

462 where  $k_{\text{ref}}$  is a reference permeability, while  $m_0$  and  $m_1$  are non-negative material parameters.

463 We conclude this section noticing that, as remarked in<sup>45</sup>, setting  $c_1 = -11/2$  and  $c_2 = -1/2$  makes it  
464 possible to establish a proportionality relationship between the product  $\mathcal{A}_{\text{iso}}\|\mathcal{Q}_D\|_C$  and *Darcian Reynolds’*  
465 *number*<sup>49</sup>

$$\text{Re}_D := \frac{\varrho_f}{\mu} \sqrt{\frac{\kappa_{\text{iso}}}{\Phi_f}} \|\mathcal{Q}_D\|_C = \frac{\varrho_f}{\mu} \sqrt{\frac{\kappa_{\text{iso}}}{J - \Phi_s}} \|\mathcal{Q}_D\|_C, \quad (44)$$

466 so that we can write

$$\mathcal{A}_{\text{iso}}\|\mathcal{Q}_D\|_C = c_0 \left[ \frac{\Phi_f}{J} \right]^{-5} \text{Re}_D = c_0 \left[ \frac{J - \Phi_s}{J} \right]^{-5} \text{Re}_D. \quad (45)$$

467 This result allows to express the friction factor  $\mathfrak{F}$  as a function of  $\text{Re}_D$ , parameterized by  $c_0$ , only, i.e.,

$$\mathfrak{F} = \frac{2}{1 + \sqrt{1 + 4c_0[\Phi_f/J]^{-5}\text{Re}_D}}. \quad (46)$$

468 Clearly, for  $c_0 = 0$ , it holds that  $\mathfrak{F} = 1$ , which means  $\mathcal{Q} = \mathcal{Q}_D$ , and, thus, that no Forchheimer’s correction  
469 is accounted for.

470 Due to the lack of experimental results for biological porous media (at least, to the best of our  
471 knowledge), it is rather difficult to establish plausible values of  $c_0$  (we recall, indeed, that, in spite of  
472 the hypothesis of isotropy, the tissue that has inspired this study is articular cartilage). To (partially)  
473 circumvent this difficulty, one can follow a path similar to the one outlined in<sup>45</sup>, which introduces a “*trial*  
474 *friction factor*”<sup>45</sup>, here denoted by  $\mathfrak{F}_{\text{trial}} \in ]0, 1[$ , that allows to rewrite Equation (46) as

$$\mathfrak{F} = \frac{2}{1 + \sqrt{1 + 4 \frac{1 - \mathfrak{F}_{\text{trial}}}{\mathfrak{F}_{\text{trial}}^2} \left[ \frac{\Phi_f}{J_0} \right]^{-5} \frac{\text{Re}_D}{\text{Re}_{D_0}}}}, \quad (47)$$

(we have slightly modified the expression reported in<sup>45</sup>) where  $J_0$ ,  $\text{Re}_{D0}$ , and  $\Phi_{f0}$  are reference constant values of the volume ratio  $J$ , of Darcian Reynolds' number  $\text{Re}_D$ , and of the fluid phase material volumetric fraction  $\Phi_f$ , respectively. For example, in<sup>45</sup> these values are obtained by evaluating, at a given time and at a given point of the medium, the quantities  $J$ ,  $\text{Re}_D$ , and  $\Phi_f$  under the hypothesis of *purely Darcian flow regime*, i.e., for  $\mathbf{Q}$  set equal to  $\mathbf{Q}_D$ . Note that Darcy's law is recovered in the limit  $\mathfrak{F}_{\text{trial}} \rightarrow 1^-$ , while the flow is slowed down towards null filtration velocities for  $\mathfrak{F}_{\text{trial}} \rightarrow 0^+$ .

In<sup>45</sup>, an algorithm has been presented for the evaluation of the friction factor  $\mathfrak{F}$ , but we do not repeat it here, since this is out of the scopes of the present work. Rather, we recall that, similarly to the study presented in<sup>45</sup>, the rationale behind the algorithmic determination of the friction factor is twofold. On the one hand, for consistency, the absolute value of the difference between  $\mathfrak{F}_{\text{trial}}$  and e.g. the maximum value of  $\mathfrak{F}$ , i.e.,  $\mathfrak{F}_{\text{max}} := \max_{(X,t) \in \mathcal{B} \times [0,T]} \{\mathfrak{F}(X,t)\}$ , should be less than a given threshold. On the other hand, since this reasoning applies, in principle, for any initial choice of  $\mathfrak{F}_{\text{trial}}$ , an indication about the magnitude of this quantity may be supplied by the comparison of some physical quantities relevant for the flow computed by means of different models of permeability. For instance, given two permeability models for the same medium, one could determine the pressure relaxation curves for both models, estimate the differences between these curves, and *correct*—say—the first model by means of Forchheimer's correction, with a trial friction factor chosen in such a way that the *corrected* pressure relaxation curve is, in a certain norm, close enough to the one predicted by the second model.

### 5.3 Fractional Forchheimer's correction

From the point of view of mathematical modelling, this section is the heart of the present work since we propose here a fractionalization of the constitutive law (23), which we provide in the form

$$\boldsymbol{\pi}_{\text{fd}}(t) := -\mathbf{r}_F(\|\mathbf{q}(t)\|)\mathbf{q}(t) - \frac{\alpha t_c^\alpha}{\Gamma(1-\alpha)} \int_{t_{\text{in}}}^t \frac{\mathbf{r}_F(\|\mathbf{q}(\tau)\|)}{(t-\tau)^\alpha} \mathcal{T}_s \mathbf{q}(\tau) d\tau, \quad (48)$$

where  $\mathbf{r}_F(\|\mathbf{q}(t)\|)$  is defined in Equation (24),  $t_c$  is a characteristic time scale of the flow,  $\alpha \in ]0, 1[$  another characteristic parameter of the flow, and  $\mathcal{T}_s \mathbf{q}(\tau)$  denotes the *Truesdell rate* of  $\mathbf{q}$ , computed with respect to the velocity of the solid phase, and evaluated at time  $\tau \in [t_{\text{in}}, t]$ . Note that, with the exception of  $\alpha$ ,  $t_c$ , and the independent variables  $t$  and  $\tau$ , all the quantities featuring in Equation (48) have to be understood as functions of spatial points and time, although we report explicitly the sole dependence on time for the sake of a lighter notation. We emphasize that Equation (48), which, to the best of our knowledge, is novel and constitutes the starting point of the fractionalization of Forchheimer's correction, has been inspired by the works<sup>47,54</sup>, in which similar models have been proposed to fractionalize Darcy's law.

We recall that, in the present context, the Truesdell rate of  $\mathbf{q}$  can be computed as<sup>†</sup>

$$\mathcal{T}_s \mathbf{q}(x, \tau) \equiv \frac{1}{J(\boldsymbol{\Xi}(x, \tau), \tau)} \mathbf{F}(\boldsymbol{\Xi}(x, \tau), \tau) \mathbf{D}_s \{ [J \circ (\boldsymbol{\Xi}, t)] \mathbf{F}^{-1} \mathbf{q} \}(x, \tau), \quad (49)$$

<sup>†</sup>The right-hand side of Equation (51) is, in fact, *not* the *definition* of the Truesdell rate of  $\mathbf{q}$ , but just a simple way for computing it. A more rigorous way of writing it can be found e.g. in<sup>110</sup>.

506 where  $D_s$  is the substantial derivative with respect to the solid phase motion, while  $\Xi$  and  $\mathbf{t}$  are auxiliary  
507 functions defined by the relations

$$\Xi : \mathcal{B}_t \times \mathcal{I} \rightarrow \mathcal{B}, \quad (x, \tau) \mapsto \Xi(x, \tau) := [\chi(\cdot, \tau)]^{-1}(x) = X \in \mathcal{B}, \quad (50a)$$

$$\mathbf{t} : \mathcal{B}_t \times \mathcal{I} \rightarrow \mathcal{I}, \quad (x, \tau) \mapsto \mathbf{t}(x, \tau) = \tau \in \mathcal{I}, \quad (50b)$$

508 and the composition of  $J$  (or any other field over  $\mathcal{B} \times \mathcal{I}$ , just like  $\mathbf{F}$  in Equation (51) below) with the  
509 pair of maps  $(\Xi, \mathbf{t})$  is required to express in rigorous formalism the reformulation of  $J$  as a function of  
510 the points of  $\mathcal{S}$  and time. Indeed,  $[J \circ (\Xi, \mathbf{t})](x, t) = J(\Xi(x, t), \mathbf{t}(x, t)) = J(X, t)$ .

511 In the spatial description, Equation (49) produces the result

$$\begin{aligned} \mathcal{T}_s \mathbf{q} &\equiv \frac{1}{J \circ (\Xi, \mathbf{t})} [\mathbf{F} \circ (\Xi, \mathbf{t})] D_s \{ [J \circ (\Xi, \mathbf{t})] \mathbf{F}^{-1} \mathbf{q} \} \\ &= [\operatorname{div} \mathbf{v}_s] \mathbf{q} - [\operatorname{grad} \mathbf{v}_s] \mathbf{q} + D_s \mathbf{q} \\ &= [\operatorname{div} \mathbf{v}_s] \mathbf{q} - [\operatorname{grad} \mathbf{v}_s] \mathbf{q} + [\operatorname{grad} \mathbf{q}] \mathbf{v}_s + \partial_t \mathbf{q}. \end{aligned} \quad (51)$$

512 However, since we are interested in the material description of the flow, we recall the definition of  
513 *material filtration velocity*  $\mathbf{Q} = J[\mathbf{F}^{-1} \circ (\chi, \mathfrak{I})][\mathbf{q} \circ (\chi, \mathfrak{I})]$ , in which the additional auxiliary map  
514  $\mathfrak{I} : \mathcal{B} \times \mathcal{I} \rightarrow \mathcal{I}$ , such that  $(X, \tau) \mapsto \mathfrak{I}(X, \tau) = \tau$ , has been introduced to express  $\mathbf{F}^{-1}$  and  $\mathbf{q}$  as functions  
515 of time and of the points of  $\mathcal{B}$ , and we express  $\mathcal{T}_s \mathbf{q}$  as

$$\mathcal{T}_s \mathbf{q} \circ (\chi, \mathfrak{I}) \equiv J^{-1} \mathbf{F} \{ J[\mathbf{F}^{-1} \circ (\chi, \mathfrak{I})][\mathbf{q} \circ (\chi, \mathfrak{I})] \} = J^{-1} \mathbf{F} \dot{\mathbf{Q}}. \quad (52)$$

516 Here, indeed, it holds again true that  $[\mathbf{F}^{-1} \circ (\chi, \mathfrak{I})](X, \tau) = \mathbf{F}^{-1}(\chi(X, \tau), \mathfrak{I}(X, \tau)) = \mathbf{F}^{-1}(x, \tau)$  and  
517  $[\mathbf{q} \circ (\chi, \mathfrak{I})](X, \tau) = \mathbf{q}(\chi(X, \tau), \mathfrak{I}(X, \tau)) = \mathbf{q}(x, \tau)$ .

518 By substituting Equation (48) into the force balance  $-\phi_f \operatorname{grad} p + \boldsymbol{\pi}_{fd} = \mathbf{0}$ , which replaces Equation  
519 (11b) after neglecting gravity, we obtain

$$\mathbf{r}_F(\|\mathbf{q}(t)\|) \mathbf{q}(t) + \frac{\alpha t_c^\alpha}{\Gamma(1-\alpha)} \int_{t_{in}}^t \frac{\mathbf{r}_F(\|\mathbf{q}(\tau)\|)}{(t-\tau)^\alpha} \mathcal{T}_s \mathbf{q}(\tau) d\tau = \phi_f(t) \boldsymbol{\mu} \mathbf{k}^{-1}(t) \mathbf{q}_D(t), \quad (53)$$

520 which, by virtue of Equation (52), can be recast in the form

$$\begin{aligned} \mathbf{R}_F(\|\mathbf{Q}(t)\|_{C(t)}) \mathbf{Q}(t) + \frac{\alpha t_c^\alpha}{\Gamma(1-\alpha)} \int_{t_{in}}^t \frac{J(t)}{J(\tau)} \frac{\mathbf{F}^T(t) \mathbf{F}^{-T}(\tau) \mathbf{R}_F(\|\mathbf{Q}(\tau)\|_{C(\tau)})}{(t-\tau)^\alpha} \dot{\mathbf{Q}}(\tau) d\tau \\ = \Phi_f(t) \boldsymbol{\mu} \mathbf{K}^{-1}(t) \mathbf{Q}_D(t). \end{aligned} \quad (54)$$

521 Before proceeding, the following two remarks are in order:

522 *Remark 2.* Equations (53) and (54) constitute a generalization of the fractional Cattaneo equation that,  
523 for the case of rigid media, is formulated in terms of the Caputo fractional derivative of order  $\alpha$  of  $\mathbf{q}$ ,  
524 since the Truesdell rate of  $\mathbf{q}$  equals the time derivative of  $\mathbf{q}$  (see Equation (51)). Indeed, if deformation  
525 were absent, if  $\mathbf{a}$  were identically null (Darcian case), and if the quantities  $\phi_f$ ,  $\boldsymbol{\mu}$ , and  $\mathbf{k} = k_{iso} \boldsymbol{\eta}^{-1}$  were all  
526 constant in time, then Equation (53) would reduce to

$$\mathbf{q}(t) + \frac{\alpha t_c^\alpha}{\Gamma(1-\alpha)} \int_{t_{in}}^t \frac{\dot{\mathbf{q}}(\tau)}{(t-\tau)^\alpha} d\tau = \mathbf{q}_D(t). \quad (55)$$

527 Although many generalizations to Cattaneo's model can be found in the literature on Fractional  
 528 Calculus, it should be emphasized that the majority of them works well in the regime of infinitesimal  
 529 deformations<sup>47,54,111,112</sup>. Indeed, when the deformations have to be regarded as finite, relationships of  
 530 the type provided in Equation (55) are not objective because of the presence of the time derivative of  $\mathbf{q}$   
 531 featuring inside the integral. To avoid this problem, we take advantage of the property of  $\mathbf{q}$  of being a  
 532 pseudo-vector and, consequently, we have recourse to the most natural way to describe its time evolution,  
 533 i.e., to its Truesdell rate<sup>110,113</sup>. Due to this choice, the backward Piola transformation of Equation (53) to  
 534 the medium's reference placement yields Equation (54), which features the time derivative of the material  
 535 filtration velocity  $\mathbf{Q}$ . In this case, because of the presence of the deformation, Cattaneo equation is not  
 536 directly recovered under the sole assumptions that  $\mathbf{a}$  is null and that  $\phi_f$ ,  $\mu$ , and  $\mathbf{k}$  are constant in time.

537 In the case of "unconditionally isotropic"<sup>33</sup> porous medium, the resistivity tensor given in Equation  
 538 (31) reads

$$\mathbf{R}_F(\|\mathbf{Q}\|_C) = \frac{\Phi_f \mu}{\kappa_{\text{iso}}} [1 + \mathcal{A}_{\text{iso}} \|\mathbf{Q}\|_C] \mathbf{C} = \mathcal{R}_F(\mathbf{F}, \mathbf{Q}) \mathbf{C}, \quad (56)$$

539 where  $\mathcal{A}_{\text{iso}}$  is defined in Equation (40), and  $\mathcal{R}_F(\mathbf{F}, \mathbf{Q})$  is a scalar resistivity coefficient defined by

$$\mathcal{R}_F(\mathbf{F}, \mathbf{Q}) := \frac{\Phi_f \mu}{\kappa_{\text{iso}}} [1 + \mathcal{A}_{\text{iso}} \|\mathbf{Q}\|_C]. \quad (57)$$

540 Therefore, after some algebraic passages, Equation (54) becomes

$$\begin{aligned} \mathcal{R}_F(\mathbf{F}(t), \mathbf{Q}(t)) \mathbf{Q}(t) + \frac{\alpha t_c^\alpha}{\Gamma(1-\alpha)} \int_{t_{\text{in}}}^t \frac{J(t)}{J(\tau)} \frac{\mathcal{R}_F(\mathbf{F}(\tau), \mathbf{Q}(\tau))}{(t-\tau)^\alpha} \mathbf{F}^{-1}(t) \mathbf{F}(\tau) \dot{\mathbf{Q}}(\tau) d\tau \\ = \mathcal{R}_D(\mathbf{F}(t)) \mathbf{Q}_D(t), \end{aligned} \quad (58)$$

541 with  $\mathcal{R}_D(\mathbf{F}) := \Phi_f \mu / \kappa_{\text{iso}}$ , and  $\mathcal{R}_D$  depending on  $\mathbf{F}$  being through  $\Phi_f$  and  $\kappa_{\text{iso}}$ .

542 In conclusion, for the fractional version of Forchheimer's correction analyzed in this section, the model  
 543 equations to be solved are given by

$$\text{Div}(-J P \mathbf{F}^{-T} + \mathbf{T}_{\text{sc}}) = \mathbf{0}, \quad (59a)$$

$$\dot{J} + \text{Div} \mathbf{Q} = 0, \quad (59b)$$

$$\begin{aligned} \mathcal{R}_F(\mathbf{F}(t), \mathbf{Q}(t)) \frac{1}{J(t)} \mathbf{F}(t) \mathbf{Q}(t) + \frac{\alpha t_c^\alpha}{\Gamma(1-\alpha)} \int_{t_{\text{in}}}^t \frac{\mathcal{R}_F(\mathbf{F}(\tau), \mathbf{Q}(\tau))}{(t-\tau)^\alpha} \frac{1}{J(\tau)} \mathbf{F}(\tau) \dot{\mathbf{Q}}(\tau) d\tau \\ = \mathcal{R}_D(\mathbf{F}(t)) \frac{1}{J(t)} \mathbf{F}(t) \mathbf{Q}_D(t). \end{aligned} \quad (59c)$$

544 Equations (59a)-(59c) are equivalent to a set of seven scalar equations in the seven unknowns represented  
 545 by the three components of the solid phase motion  $\chi$ , pore pressure  $P$  (which features both in the  
 546 momentum balance law (59a) and in Darcy's velocity  $\mathbf{Q}_D$ , as specified in Equation (21)), and the three  
 547 components of filtration velocity  $\mathbf{Q}$ . Thus, to close the model, it suffices to assign the solid phase  
 548 volumetric fraction in the reference placement, i.e.,  $\Phi_s$ , which is independent of time in the present study,  
 549 and to prescribe constitutively the first Piola-Kirchhoff stress tensor of the solid phase, i.e.,  $\mathbf{T}_{\text{sc}}$ , the scalar  
 550 permeability  $\kappa_{\text{iso}}$ , and either the coefficient  $c_0$  or the trial friction factor  $f_{\text{trial}}$ .

## 6 Numerical implementation of the model equations

In this section, we introduce the most fundamental aspects of the determination of the numerical solution of the fractional Darcy-Forchheimer's model (59a)-(59c). We split our study into two parts: first, we concentrate on the discretization in time of Equation (59c) and, subsequently, we present the main introductory steps to the finite element implementation of the whole system (59a)-(59c).

### 6.1 Time discretization of the fractional Darcy-Forchheimer model

The starting point for the numerical implementation of Equation (58) is the identity

$$\frac{1}{\Gamma(1-\alpha)} \int_{t_{\text{in}}}^t \frac{1}{(t-\tau)^\alpha} \mathbf{h}(\tau) d\tau \underset{1-\alpha=\beta}{=} \frac{1}{\Gamma(\beta)} \int_{t_{\text{in}}}^t \frac{1}{(t-\tau)^{1-\beta}} \mathbf{h}(\tau) d\tau, \quad (60)$$

which is valid for any scalar- or tensor-valued function  $\mathbf{h}$  for which the considered integrals exist. By direct inspection of Equation (59c), the function  $\mathbf{h}$  is identified with the expression

$$\mathbf{h}(\tau) \equiv \mathcal{R}_F(\mathbf{F}(\tau), \mathbf{Q}(\tau)) \frac{1}{J(\tau)} \mathbf{F}(\tau) \dot{\mathbf{Q}}(\tau), \quad (61)$$

with  $\mathcal{R}_F(\mathbf{F}, \mathbf{Q})$  given in Equation (57).

The next step is the representation of the fractional operator featuring in Equation (59c) in the form suggested by Podlubny<sup>114</sup> for the numerical approximation of the Grünwald-Letnikov fractional derivative, which, for our purposes, we slightly modify as follows:

$$\begin{aligned} \frac{1}{\Gamma(\beta)} \int_{t_{\text{in}}}^t (t-\tau)^{\beta-1} \mathbf{h}(\tau) d\tau &= \lim_{N \rightarrow \infty} \left( \frac{t-t_{\text{in}}}{N} \right)^\beta \sum_{n=0}^N \begin{bmatrix} \beta \\ n \end{bmatrix} \mathbf{h} \left( t - n \frac{t-t_{\text{in}}}{N} \right) \\ &\approx \left( \frac{t-t_{\text{in}}}{N_0} \right)^\beta \sum_{n=0}^{N_0} \begin{bmatrix} \beta \\ n \end{bmatrix} \mathbf{h} \left( t - n \frac{t-t_{\text{in}}}{N_0} \right), \end{aligned} \quad (62)$$

where  $\mathbf{h}$  is assumed to be continuous over the interval  $[t_{\text{in}}, t]$ ,  $N \in \mathbb{N}$  is the number of sub-intervals partitioning  $t - t_{\text{in}}$ ,  $N_0 \in \mathbb{N}$  is a sufficiently large value of  $N$  above which the value of the sum in the limit does not change appreciably within a given tolerance, and the symbol

$$\begin{bmatrix} \beta \\ 0 \end{bmatrix} = 1 \quad \text{and} \quad \begin{bmatrix} \beta \\ n \end{bmatrix} = \frac{\prod_{i=1}^n (\beta + i - 1)}{n!}, \quad \text{for } n \geq 1, \quad (63)$$

generalizes the binomial factor to the case in which  $\beta$  is not a natural number (see<sup>114</sup>).

To proceed, we discretize the time interval  $[t_{\text{in}}, t_{\text{fin}}]$  over which the system is observed by defining the time grid  $\mathcal{T} := \{t_0, \dots, t_m, \dots, t_M\} \subseteq [t_{\text{in}}, t_{\text{fin}}]$ , so that  $t_0 \equiv t_{\text{in}}$ ,  $t_M \equiv t_{\text{fin}}$ , with  $M \in \mathbb{N}$ ,  $M \geq 1$ , and  $m = 0, \dots, M$ . We notice that, in our simulations, the value of  $N_0$  that truncates the series defining the Riemann-Liouville fractional integral of  $\mathbf{h}$ , as specified in Equation (62), will be taken as a function of the instant of time at which the corresponding sum is evaluated. In particular, in this work, at each  $t_m \in \mathcal{T}$ , we define  $\hat{N}_0(t_m)$  in such a way that the ratio  $s_m := (t_m - t_0) / \hat{N}_0(t_m)$  is equal to the constant time step



574  $\Delta t$  used for updating the time dependence of the functions featuring in Equation (62). Then, we introduce  
 575 the auxiliary notation

$$s_m = \frac{t_m - t_0}{\hat{N}_0(t_m)}, \quad (s_m \equiv \Delta t \equiv t_m - t_{m-1} =: \Delta t_m, \text{ in these simulations, for } m \geq 1 \text{ and } n \geq 1), \quad (64a)$$

$$\dot{\mathbf{Q}}_{\text{app}}(t_m - ns_m) := \frac{\mathbf{Q}(t_m - ns_m) - \mathbf{Q}(t_{m-1} - ns_{m-1})}{\Delta t_m}, \quad m \geq 1, \quad n = 0, \dots, \hat{N}_0(t_m), \quad (64b)$$

576 with  $\Delta t_m := t_m - t_{m-1} > 0$  to indicate the integration step for the approximation of the integral in Equation  
 577 (62), and to approximate the time derivative of  $\mathbf{Q}$ . Note that we need an approximation of  $\dot{\mathbf{Q}}$ , here supplied  
 578 by  $\dot{\mathbf{Q}}_{\text{app}}$ , in order to be able to handle numerically the time derivative defining  $\mathbf{h}(\tau)$  in Equation (60).

579 For a given value of  $n = 0, \dots, N_0 \equiv \hat{N}_0(t_m)$ , we recast the approximated counterpart of the second  
 580 term on the left-hand side of Equation (58) at  $t = t_m$  as

$$\begin{aligned} & \frac{\alpha t_c^\alpha}{\Gamma(1-\alpha)} \int_{t_0}^{t_m} \frac{1}{(t_m - \tau)^\alpha} \frac{\mathcal{R}_F(\mathbf{F}(\tau), \mathbf{Q}(\tau))}{J(\tau)} \mathbf{F}(\tau) \dot{\mathbf{Q}}(\tau) d\tau \\ & \approx \alpha t_c^\alpha s_m^{1-\alpha} \sum_{n=0}^{\hat{N}_0(t_m)} \left[ \frac{1-\alpha}{n} \right] \frac{\mathcal{R}_F(\mathbf{F}(t_m - ns_m), \mathbf{Q}(t_m - ns_m))}{J(t_m - ns_m)} \mathbf{F}(t_m - ns_m) \dot{\mathbf{Q}}_{\text{app}}(t_m - ns_m) \\ & = \alpha t_c^\alpha s_m^{1-\alpha} \frac{\mathcal{R}_F(\mathbf{F}(t_m), \mathbf{Q}(t_m))}{J(t_m)} \mathbf{F}(t_m) \dot{\mathbf{Q}}_{\text{app}}(t_m) \\ & \quad + \alpha t_c^\alpha s_m^{1-\alpha} \sum_{n=1}^{\hat{N}_0(t_m)} \left[ \frac{1-\alpha}{n} \right] \frac{\mathcal{R}_F(\mathbf{F}(t_m - ns_m), \mathbf{Q}(t_m - ns_m))}{J(t_m - ns_m)} \mathbf{F}(t_m - ns_m) \dot{\mathbf{Q}}_{\text{app}}(t_m - ns_m) \\ & =: \alpha t_c^\alpha s_m^{1-\alpha} \frac{\mathcal{R}_F(\mathbf{F}(t_m), \mathbf{Q}(t_m))}{J(t_m)} \mathbf{F}(t_m) \dot{\mathbf{Q}}_{\text{app}}(t_m) + \alpha t_c^\alpha \mathcal{F}_\alpha(t_m), \end{aligned} \quad (65)$$

581 where  $1 \leq m \leq M$ , and  $\mathcal{F}_\alpha(t_m)$  is defined by the sum

$$\mathcal{F}_\alpha(t_m) := s_m^{1-\alpha} \sum_{n=1}^{\hat{N}_0(t_m)} \left[ \frac{1-\alpha}{n} \right] \frac{\mathcal{R}_F(\mathbf{F}(t_m - ns_m), \mathbf{Q}(t_m - ns_m))}{J(t_m - ns_m)} \mathbf{F}(t_m - ns_m) \dot{\mathbf{Q}}_{\text{app}}(t_m - ns_m). \quad (66)$$

582 In conclusion, by collecting the results obtained so far, the time discretized form of Equation (58) reads:

$$\begin{aligned} & \mathcal{R}_F(\mathbf{F}(t_m), \mathbf{Q}(t_m)) \mathbf{Q}(t_m) + \alpha t_c^\alpha s_m^{1-\alpha} \mathcal{R}_F(\mathbf{F}(t_m), \mathbf{Q}(t_m)) \dot{\mathbf{Q}}_{\text{app}}(t_m) + \alpha t_c^\alpha J(t_m) \mathbf{F}^{-1}(t_m) \mathcal{F}_\alpha(t_m) \\ & = \mathcal{R}_D(\mathbf{F}(t_m)) \mathbf{Q}_D(t_m). \end{aligned} \quad (67)$$

583 Moreover, to single out the unknown to be determined through the solution of Equation (67), i.e.,  $\mathbf{Q}(t_m)$ ,  
 584 and in view of the linearization procedure that will be employed for the finite element simulations  
 585 performed in the sequel, we take into account the expression of  $\dot{\mathbf{Q}}_{\text{app}}$  in Equation (64b), we highlight the  
 586 dependence of  $\mathbf{Q}_D$  on  $\mathbf{F}$  and  $\text{Grad}P$  by writing  $\mathbf{Q}_D = \mathcal{G}^{\mathbf{Q}_D}(\mathbf{F}, \text{Grad}P)$ , and we recast Equation (67) as

$$\mathcal{Z}(\mathbf{F}_m, \text{Grad}P_m, \mathbf{Q}_m) := \left( 1 + \frac{\alpha t_c^\alpha s_m^{1-\alpha}}{\Delta t_m} \right) \mathcal{R}_F(\mathbf{F}_m, \mathbf{Q}_m) \mathbf{Q}_m - \frac{\alpha t_c^\alpha s_m^{1-\alpha}}{\Delta t_m} \mathcal{R}_F(\mathbf{F}_m, \mathbf{Q}_m) \mathbf{Q}_{m-1}$$

$$+ \alpha t_c^\alpha J_m F_m^{-1} \mathcal{F}_\alpha(t_m) - \mathcal{R}_D(F_m) \mathcal{G}^{\mathcal{Q}_D}(F_m, \text{Grad}P_m) = \mathbf{0}, \quad (68)$$

587 where, for any generic physical quantity  $\Psi$ , the notation  $\Psi(t_m) \equiv \Psi_m$  has been employed to express that  
588 it is evaluated at time  $t_m$  (the dependence on  $X$  is omitted, but understood).

589 We remark that, by performing some lengthy algebraic manipulations, Equation (68) can be solved  
590 analytically for  $\mathcal{Q}_m$  by turning it into a polynomial equation of grade four in  $\mathcal{Q}_m$ . This property descends  
591 from the dependence of  $\mathcal{R}_F(F_m, \mathcal{Q}_m)$  on  $\mathcal{Q}_m$  being through the  $C_m$ -norm  $\|\mathcal{Q}_m\|_{C_m}$ . However, although  
592 the four roots of an equation of this type can be computed analytically, it is very difficult to ascertain, for  
593 generic values of  $F_m$  and  $\text{Grad}P_m$ , which solutions are physically admissible. Moreover, if more than one  
594 physically admissible solutions exist, the problem of non-uniqueness of the solution arises, and, even in  
595 the case in which the solution were unique, its analytical expression would be too complicated to study  
596 it in conjunction with the other two equations of the model. For all these reasons, we prefer to proceed  
597 with the search for a unique numeric solution, to be found through a Newton-Raphson method around a  
598 “good” initial guess. These considerations lead us to the adoption of the following procedure.

## 599 6.2 Linearization of the fractional Darcy-Forchheimer model

600 The discretized, fractional Darcy-Forchheimer equation (68) should be studied in conjunction with the  
601 discretized version of the balance laws (59a) and (59b), put in weak form in view of their finite element  
602 implementation. In this respect, we notice that we have conducted the numerical simulations of our  
603 work in ABAQUS<sup>®</sup>, partially writing our own code for solving Equations (59a), (59b) and (68), but  
604 not for the whole implementation. Thus, although we do not have complete control over the numerical  
605 procedures employed by the commercial software, some properties of Equations (59a), (59b), and (68)  
606 can be discussed, even without entering the details of their numerical analysis.

607 As anticipated above, we neglect gravity, and to render the weak forms of Equations (59a) and (59b) as  
608 simple as possible, we consider the case in which their associated boundary terms are identically zero. To  
609 comply with these conditions, we partition the boundary of  $\mathcal{B}$ , for the motion  $\chi$ , into the disjoint union  
610 of a traction-free part and Dirichlet part, and, for the pressure  $P$ , into the disjoint union of a flux-free part  
611 and, again, of a Dirichlet part. Then, within this setting, we take the procedure adopted in<sup>97</sup> for the purely  
612 Darcian, hyperelastic, and isotropic case, and extended in<sup>115</sup> for poroplasticity, and in<sup>27</sup> for anisotropic,  
613 fiber-reinforced porous media. In the sequel, we show the most fundamental steps of its generalization to  
614 our model, which, although being isotropic and hyperelastic, takes into account Forchheimer’s correction  
615 to Darcy’s law and the interactions between the fluid and the solid phase arising because of such correction.

616 To begin with, we consider a three-field formulation of the problem at hand, which involves Equation  
617 (68) and the time-discrete, weak forms of Equations (59a) and (59b). This leads to the system

$$A(\chi_m, P_m, \mathcal{Q}_m; V_v) := \int_{\mathcal{B}} \{ -J_m P_m F_m^{-T} + \mathcal{G}^{\mathcal{T}^{\text{sc}}}(F_m) \} : \text{Grad}V_v - \int_{\partial_N^x \mathcal{B}} (T_{1m} N) V_v = 0, \quad (69a)$$

$$B(\chi_m, P_m, \mathcal{Q}_m; P_v) := - \int_{\mathcal{B}} \frac{J_m - J_{m-1}}{\Delta t_m} P_v + \int_{\mathcal{B}} \mathcal{Q}_m \text{Grad}P_v - \int_{\partial_N^p \mathcal{B}} (\mathcal{Q}_m N) P_v = 0, \quad (69b)$$

$$\begin{aligned} \mathcal{Z}(F_m, \text{Grad}P_m, \mathcal{Q}_m) := & \left( 1 + \frac{\alpha t_c^\alpha s_m^{1-\alpha}}{\Delta t_m} \right) \mathcal{R}_F(F_m, \mathcal{Q}_m) \mathcal{Q}_m - \frac{\alpha t_c^\alpha s_m^{1-\alpha}}{\Delta t_m} \mathcal{R}_F(F_m, \mathcal{Q}_m) \mathcal{Q}_{m-1} \\ & + \alpha t_c^\alpha J_m F_m^{-1} \mathcal{F}_\alpha(t_m) - \mathcal{R}_D(F_m) \mathcal{G}^{\mathcal{Q}_D}(F_m, \text{Grad}P_m) = \mathbf{0}, \end{aligned} \quad (69c)$$

618 in the unknowns  $\chi_m$ ,  $P_m$ , and  $\mathbf{Q}_m$ . To obtain Equations (69a) and (69b), we have introduced: the test  
 619 functions  $V_v$  and  $P_v$ , identifiable with an arbitrary virtual velocity and an arbitrary virtual pressure,  
 620 respectively; the constitutive representation  $\mathcal{G}^{T_{sc}}(\mathbf{F}_m) \equiv \mathbf{T}_{sc}(t_m)$ , at time  $t_m$ , of the first Piola-Kirchhoff  
 621 stress tensor of the solid phase; the portions  $\partial_N^X \mathcal{B}$  and  $\partial_N^P \mathcal{B}$  of the boundary of  $\mathcal{B}$ , i.e.,  $\partial \mathcal{B}$ , on  
 622 which Neumann boundary conditions on the solid phase motion and on the pressure field are enforced,  
 623 respectively; and the field of co-normals  $N$  associated with the boundary of  $\mathcal{B}$ . We remark that, although  
 624 we have reported the boundary terms in Equations (69a) and (69b), these are identically null in our setting.

625 The system (69a)-(69c) is highly non-linear in the motion  $\chi_m$  and in the filtration velocity  $\mathbf{Q}_m$ , and it  
 626 will be solved by employing a linearization procedure. One possible way is to perform, for each time  $t_m$ ,  
 627 a Newton-Raphson method in a neighborhood of an initially *guessed* triple  $(\chi_m^0, P_m^0, \mathbf{Q}_m^0)$ , with unknown  
 628 increments  $(\delta\chi_m^1, \delta P_m^1, \delta \mathbf{Q}_m^1)$ , and then, by iteration, to construct the sequence of triples

$$(\chi_m^k = \chi_m^{k-1} + \delta\chi_m^k, P_m^k = P_m^{k-1} + \delta P_m^k, \mathbf{Q}_m^k = \mathbf{Q}_m^{k-1} + \delta \mathbf{Q}_m^k), \quad \text{for } k \geq 1. \quad (70)$$

629 At each time  $t_m$  and iteration  $k \geq 1$ , such a method requires the determination of the three increments  
 630  $\delta\chi_m^k$ ,  $\delta P_m^k$ , and  $\delta \mathbf{Q}_m^k$ , for each of which it is necessary to provide a suitable spatial interpolation. However,  
 631 rather than proceeding this way, we find it more convenient to follow a different path, as explained below.

632 *Two-field-approach by means of Dini's implicit function Theorem.* We notice that, for  $m \geq 1$ , there  
 633 exists a non-empty open set  $\Omega_m$  of triples

$$(\mathbf{F}_m, \text{Grad} P_m, \mathbf{Q}_m) \in [T\mathcal{B}_t \otimes T^*\mathcal{B}] \times T^*\mathcal{B} \times T\mathcal{B}, \quad \text{with } \mathbf{Q}_m \neq \mathbf{0}, \quad (71)$$

634 such that the function  $\mathcal{Z}$  defined by the right-hand side of Equation (69c) is of class  $C^1(\Omega_m; T\mathcal{B})$ . Then,  
 635 we assume that there exists a non-empty subset of  $\Omega_m$ , hereafter denoted by  $\Sigma_m \subset \Omega_m$ , that consists  
 636 of all the triples  $(\mathbf{F}_m, \text{Grad} P_m, \mathbf{Q}_m) \in \Omega_m$  that satisfy Equation (69c) as an identity, i.e., that constitute  
 637 the intersection between  $\Omega_m$  and the set of all the solutions of  $\mathcal{Z}(\mathbf{F}_m, \text{Grad} P_m, \mathbf{Q}_m) = \mathbf{0}$ , and for which  
 638 the partial derivative of  $\mathcal{Z}$  with respect to  $\mathbf{Q}_m$  is a non-singular second-order tensor. Hence, by setting  
 639  $(\#) := (\mathbf{F}_m, \text{Grad} P_m, \mathbf{Q}_m)$ , it holds by hypothesis that  $\det[\partial_{\mathbf{Q}_m} \mathcal{Z}(\#)] \neq 0$  for all  $(\mathbf{F}_m, \text{Grad} P_m, \mathbf{Q}_m) \in \Sigma_m$ ,  
 640 and  $\partial_{\mathbf{Q}_m} \mathcal{Z}(\#)$  is given by

$$\begin{aligned} \partial_{\mathbf{Q}_m} \mathcal{Z}(\#) &= \mathcal{R}_F(\mathbf{F}_m, \mathbf{Q}_m) \left[ 1 + \frac{\alpha t_c^\alpha s_m^{1-\alpha}}{\Delta t_m} \right] \mathbf{I} + \left\{ \mathbf{Q}_m + \frac{\alpha t_c^\alpha s_m^{1-\alpha}}{\Delta t_m} [\mathbf{Q}_m - \mathbf{Q}_{m-1}] \right\} \otimes \frac{\partial \mathcal{R}_F}{\partial \mathbf{Q}_m}(\mathbf{F}_m, \mathbf{Q}_m) \\ &= \mathcal{R}_F(\mathbf{F}_m, \mathbf{Q}_m) \left[ 1 + \frac{\alpha t_c^\alpha s_m}{s_m^\alpha \Delta t_m} \right] \mathbf{I} + \frac{\Phi_{fm} \mu}{\kappa_{isom}} \mathcal{A}_{isom} \left\{ \mathbf{Q}_m + \frac{\alpha t_c^\alpha s_m}{s_m^\alpha \Delta t_m} [\mathbf{Q}_m - \mathbf{Q}_{m-1}] \right\} \otimes \frac{J_m^{-2} \mathbf{C}_m \mathbf{Q}_m}{\|\mathbf{Q}_m\| \mathbf{C}_m}, \end{aligned} \quad (72)$$

641 where  $\Phi_{fm} \equiv J_m - \Phi_{sR}$  is the pull-back of the fluid phase volumetric fraction evaluated at time  $t_m$ , while  
 642  $\kappa_{isom}$  and  $\mathcal{A}_{isom}$  denote  $\kappa_{iso}$  and  $\mathcal{A}_{iso}$  at time  $t_m$ .

643 In fact, all the properties of  $\mathcal{Z}$  and of  $\partial_{\mathbf{Q}_m} \mathcal{Z}$  enunciated so far constitute the hypotheses of Dini's  
 644 Implicit Function Theorem for vector-valued functions of multiple arguments. Therefore, by selecting one  
 645 triple  $(\bar{\#}) \equiv (\bar{\mathbf{F}}_m, \text{Grad} \bar{P}_m, \bar{\mathbf{Q}}_m) \in \Sigma_m$  (for which, thus,  $\mathcal{Z}(\bar{\#}) = \mathbf{0}$ , and  $\det[\partial_{\mathbf{Q}_m} \mathcal{Z}(\bar{\#})] \neq 0$ ), there exists a  
 646 neighborhood  $\mathcal{V}'(\bar{\mathbf{F}}_m, \text{Grad} \bar{P}_m, \bar{\mathbf{Q}}_m) \subset \Omega_m$  of such triple such that, for the elements of the intersection  
 647  $\mathcal{V}'(\bar{\mathbf{F}}_m, \text{Grad} \bar{P}_m, \bar{\mathbf{Q}}_m) \cap \Sigma_m \neq \emptyset$  it is possible to express  $\mathbf{Q}_m$  as a function of  $\mathbf{F}_m$  and  $\text{Grad} P_m$  for some  
 648 neighborhood  $\mathcal{U}(\bar{\mathbf{F}}_m, \text{Grad} \bar{P}_m) \subset [T\mathcal{B}_t \otimes T^*\mathcal{B}] \times T^*\mathcal{B}$  of the pair  $(\bar{\mathbf{F}}_m, \text{Grad} \bar{P}_m)$ . By denoting this vector-  
 649 valued function by

$$\mathcal{G}^{\mathbf{Q}_m} : \mathcal{U}(\bar{\mathbf{F}}_m, \text{Grad} \bar{P}_m) \rightarrow T\mathcal{B}, \quad (\mathbf{F}_m, \text{Grad} P_m) \mapsto \mathcal{G}^{\mathbf{Q}_m}(\mathbf{F}_m, \text{Grad} P_m) = \mathbf{Q}_m, \quad (73)$$

Equation (69c) is identically satisfied by replacing  $\mathbf{Q}_m$  with  $\mathcal{G}^{\mathbf{Q}_m}(\mathbf{F}_m, \text{Grad } P_m)$ , thereby obtaining

$$\hat{\mathbf{Z}}(\mathbf{F}_m, \text{Grad } P_m) \equiv \mathbf{Z}(\mathbf{F}_m, \text{Grad } P_m, \mathcal{G}^{\mathbf{Q}_m}(\mathbf{F}_m, \text{Grad } P_m)) = \mathbf{0}, \quad (74)$$

for all  $(\mathbf{F}_m, \text{Grad } P_m) \in \mathcal{U}(\bar{\mathbf{F}}_m, \text{Grad } \bar{P}_m)$ . Hence, the just defined function  $\hat{\mathbf{Z}} : \mathcal{U}(\bar{\mathbf{F}}_m, \text{Grad } \bar{P}_m) \rightarrow T\mathcal{B}$  is constant in the neighborhood  $\mathcal{U}(\bar{\mathbf{F}}_m, \text{Grad } \bar{P}_m)$  and, since it also of class  $C^1$  therein, it has vanishing differential. In fact, upon setting  $\mathbf{Y}_m := \text{Grad } P_m$  and  $(\natural) := (\mathbf{F}_m, \text{Grad } P_m) \equiv (\mathbf{F}_m, \mathbf{Y}_m) \in \mathcal{U}(\bar{\mathbf{F}}_m, \text{Grad } \bar{P}_m)$ , from the condition of annihilation of the differential of  $\hat{\mathbf{Z}}$  along any pair of admissible increments  $(\delta\mathbf{F}_m, \delta\mathbf{Y}_m)$ , we find:

$$\begin{aligned} d\hat{\mathbf{Z}}(\natural)(\delta\mathbf{F}_m, \delta\mathbf{Y}_m) &= [\partial_{\mathbf{F}_m} \hat{\mathbf{Z}}(\natural)] : \delta\mathbf{F}_m + [\partial_{\mathbf{Y}_m} \hat{\mathbf{Z}}(\natural)] \delta\mathbf{Y}_m \\ &= [\partial_{\mathbf{F}_m} \mathbf{Z}(\natural)] : \delta\mathbf{F}_m + [\partial_{\mathbf{Y}_m} \mathbf{Z}(\natural)] \delta\mathbf{Y}_m \\ &\quad + [\partial_{\mathbf{Q}_m} \mathbf{Z}(\natural)] [\partial_{\mathbf{F}_m} \mathcal{G}^{\mathbf{Q}_m}(\natural)] : \delta\mathbf{F}_m + [\partial_{\mathbf{Q}_m} \mathbf{Z}(\natural)] [\partial_{\mathbf{Y}_m} \mathcal{G}^{\mathbf{Q}_m}(\natural)] \delta\mathbf{Y}_m \\ &= \{ \partial_{\mathbf{F}_m} \mathbf{Z}(\natural) + [\partial_{\mathbf{Q}_m} \mathbf{Z}(\natural)] [\partial_{\mathbf{F}_m} \mathcal{G}^{\mathbf{Q}_m}(\natural)] \} : \delta\mathbf{F}_m \\ &\quad + \{ \partial_{\mathbf{Y}_m} \mathbf{Z}(\natural) + [\partial_{\mathbf{Q}_m} \mathbf{Z}(\natural)] [\partial_{\mathbf{Y}_m} \mathcal{G}^{\mathbf{Q}_m}(\natural)] \} \delta\mathbf{Y}_m = 0. \end{aligned} \quad (75)$$

Accordingly, the coefficients of  $\delta\mathbf{F}_m$  and  $\delta\mathbf{Y}_m$  must vanish independently from one another, i.e.,

$$\partial_{\mathbf{F}_m} \mathbf{Z}(\natural) + [\partial_{\mathbf{Q}_m} \mathbf{Z}(\natural)] [\partial_{\mathbf{F}_m} \mathcal{G}^{\mathbf{Q}_m}(\natural)] = \mathbf{0} \quad \Rightarrow \quad \partial_{\mathbf{F}_m} \mathcal{G}^{\mathbf{Q}_m}(\natural) = -[\partial_{\mathbf{Q}_m} \mathbf{Z}(\natural)]^{-1} \partial_{\mathbf{F}_m} \mathbf{Z}(\natural), \quad (76a)$$

$$\partial_{\mathbf{Y}_m} \mathbf{Z}(\natural) + [\partial_{\mathbf{Q}_m} \mathbf{Z}(\natural)] [\partial_{\mathbf{Y}_m} \mathcal{G}^{\mathbf{Q}_m}(\natural)] = \mathbf{0} \quad \Rightarrow \quad \partial_{\mathbf{Y}_m} \mathcal{G}^{\mathbf{Q}_m}(\natural) = -[\partial_{\mathbf{Q}_m} \mathbf{Z}(\natural)]^{-1} \partial_{\mathbf{Y}_m} \mathbf{Z}(\natural), \quad (76b)$$

where  $\mathbf{0}$  is the null element in the space of third-order tensors.

The result reported in Equation (73) permits to rephrase the system (69a)-(69c) as a system consisting of its first two equations only, i.e. <sup>27,97,115</sup>,

$$\hat{\mathbf{A}}(\chi_m, P_m; \mathbf{V}_v) := \int_{\mathcal{B}} \{ -J_m P_m \mathbf{F}_m^{-T} + \mathcal{G}^{T_{sc}}(\mathbf{F}_m) \} : \text{Grad } \mathbf{V}_v = 0, \quad (77a)$$

$$\hat{\mathbf{B}}(\chi_m, P_m; P_v) := - \int_{\mathcal{B}} \frac{J_m - J_{m-1}}{\Delta t_m} P_v + \int_{\mathcal{B}} \mathcal{G}^{\mathbf{Q}_m}(\mathbf{F}_m, \text{Grad } P_m) \text{Grad } P_v = 0, \quad (77b)$$

where the functionals  $\hat{\mathbf{A}}$  and  $\hat{\mathbf{B}}$  are highly non-linear both in  $\chi_m$  and in  $P_m$ .

*Remark 3.* It is important to remark that the function  $\mathcal{G}^{\mathbf{Q}_m}$ , although it exists, is not determined explicitly, since its determination would constitute a very demanding task. However, it is not necessary to find it in closed form. This is because we are going to solve Equations (77a) and (77b) through a Newton-Raphson linearization procedure, which, to determine the unknown increments of  $\chi_m$  and  $P_m$  at each iteration, only requires the knowledge of the partial derivatives of  $\mathcal{G}^{\mathbf{Q}_m}$  at the values of  $\mathbf{F}_m$  and  $\text{Grad } P_m$  obtained at the preceding iteration. In this respect, we emphasize that, since an expression of  $\mathcal{G}^{\mathbf{Q}_m}$  as a function of  $\mathbf{F}_m$  and  $\text{Grad } P_m$  is not available, the writing  $\hat{\mathbf{B}}(\chi_m, P_m; P_v)$  has to be regarded as merely formal. More specifically, it has to be understood as  $\hat{\mathbf{B}}(\chi_m, P_m; P_v) \equiv B(\chi_m, P_m, \mathbf{Q}_m; P_v)$ , in which  $\chi_m$  and  $P_m$  are the solutions to Equations (77a) and (77b), obtained by means of the procedure just mentioned, while  $\mathbf{Q}_m$  will be determined separately through an additional Newton-Raphson method applied to Equation (69c), once  $\mathbf{F}_m$  and  $\text{Grad } P_m$  are known.

672 *Newton-Raphson method applied to Equations (77a) and (77b).* To sketch the linearization procedure  
 673 adopted to solve Equations (77a) and (77b), we set  $k \geq 1$ , with  $k \in \mathbb{N}$ , and we introduce both for  $\chi_m$  and  
 674 for  $P_m$  the values inherited from the  $(k - 1)$ th iteration, i.e.,  $\chi_m^{k-1}$  and  $P_m^{k-1}$ , which are regarded as known,  
 675 and the *unknown* increments  $\delta\chi_m^k$  and  $\delta P_m^k$ . Hence, we write<sup>27,97,115</sup>

$$\chi_m^k := \chi_m^{k-1} + \delta\chi_m^k \quad \Rightarrow \quad \delta\mathbf{F}_m^k = \text{Grad}\delta\chi_m^k, \quad (78a)$$

$$P_m^k := P_m^{k-1} + \delta P_m^k \quad \Rightarrow \quad \delta\text{Grad}P_m^k = \text{Grad}\delta P_m^k. \quad (78b)$$

676 Then, to shorten the notation, we define  $\mathbf{u}_m^{k-1} := (\chi_m^{k-1}, P_m^{k-1})$  and the *approximated* functionals

$$\hat{A}_{\text{app}}(\delta\chi_m^k, \delta P_m^k; \mathbf{V}_v) := \hat{A}(\mathbf{u}_m^{k-1}; \mathbf{V}_v) + \mathcal{D}_\chi \hat{A}(\mathbf{u}_m^{k-1}; \mathbf{V}_v)[\delta\chi_m^k] + \mathcal{D}_P \hat{A}(\mathbf{u}_m^{k-1}; \mathbf{V}_v)[\delta P_m^k], \quad (79a)$$

$$\hat{B}_{\text{app}}(\delta\chi_m^k, \delta P_m^k; P_v) := \hat{B}(\mathbf{u}_m^{k-1}; P_v) + \mathcal{D}_\chi \hat{B}(\mathbf{u}_m^{k-1}; P_v)[\delta\chi_m^k] + \mathcal{D}_P \hat{B}(\mathbf{u}_m^{k-1}; P_v)[\delta P_m^k], \quad (79b)$$

677 where for a generic functional  $\hat{L} \in \{\hat{A}, \hat{B}\}$  and a generic virtual field  $\psi_v \in \{\mathbf{V}_v, P_v\}$ ,  $\mathcal{D}_\chi \hat{L}(\mathbf{u}_m^{k-1}; \psi_v)[\delta\chi_m^k]$   
 678 and  $\mathcal{D}_P \hat{L}(\mathbf{u}_m^{k-1}; \psi_v)[\delta P_m^k]$  denote the Gâteaux derivatives of  $\hat{L}$  with respect to the motion and pressure,  
 679 evaluated at  $(\mathbf{u}_m^{k-1}, \psi_v)$ , and computed along the increments  $\delta\chi_m^k$  and  $\delta P_m^k$ , respectively.

680 Upon enforcing the conditions  $\hat{A}_{\text{app}}(\delta\chi_m^k, \delta P_m^k; \mathbf{V}_v) = 0$  and  $\hat{B}_{\text{app}}(\delta\chi_m^k, \delta P_m^k; P_v) = 0$ , the equations  
 681 determining the increments  $\delta\chi_m^k$  and  $\delta P_m^k$  at each time  $t_m$  and  $k$ th iteration of Newton's method, for  
 682  $k \geq 1$ , are given by<sup>97,115,116</sup>

$$\mathcal{D}_\chi \hat{A}(\mathbf{u}_m^{k-1}; \mathbf{V}_v)[\delta\chi_m^k] + \mathcal{D}_P \hat{A}(\mathbf{u}_m^{k-1}; \mathbf{V}_v)[\delta P_m^k] = -\hat{A}(\mathbf{u}_m^{k-1}; \mathbf{V}_v), \quad (80a)$$

$$\mathcal{D}_\chi \hat{B}(\mathbf{u}_m^{k-1}; P_v)[\delta\chi_m^k] + \mathcal{D}_P \hat{B}(\mathbf{u}_m^{k-1}; P_v)[\delta P_m^k] = -\hat{B}(\mathbf{u}_m^{k-1}; P_v). \quad (80b)$$

683 As is standard in linearization methods, the iterations stop for some positive integer  $k_* \geq 1$  such that, for  
 684 all  $k \geq k_*$ , the absolute values  $|\hat{A}(\chi_m^k, P_m^k; \mathbf{V}_v)|$  and  $|\hat{B}(\chi_m^k, P_m^k; P_v)|$  are smaller than a given tolerance.

685 Finally, there remains to determine the explicit expressions of the Gâteaux derivatives reported in  
 686 Equations (80a) and (80b). In fact, the Gâteaux derivatives featuring in Equation (80a) are rather standard,  
 687 and especially the one evaluated along  $\delta\chi_m^k$  can be found in textbooks (see e.g.<sup>98,117</sup>). However, in order  
 688 to make our work self-contained, we show all the terms of Equations (80a) and (80b). To begin with,  
 689 we notice that, due to the hypothesis of incompressibility of the solid and fluid phase, the stress tensor  
 690 featuring in Equation (77a), which we write at time  $t_m$  and  $k$ th iteration as

$$\mathbf{T}_{lm}^k := -J_m^k P_m^k [\mathbf{F}_m^k]^{-T} + \mathcal{G}^{\text{Tsc}}(\mathbf{F}_m^k), \quad (81)$$

691 can be obtained by employing the augmented energy density  $W_s^a(\mathbf{F}_m, P_m) \equiv \Psi_s^a(\mathbf{C}_m, P_m)$ , with  $\Psi_s^a$  given  
 692 in Equation (13a). Hence, upon writing

$$W_s^a(\mathbf{F}_m, P_m) = \frac{1}{2} \Phi_{sR} \mu_s [\text{tr} \mathbf{C}_m - 3] - \Phi_{sR} \mu_s \log J_m + \frac{1}{2} \Phi_{sR} \lambda_s [\log J_m]^2 - [J_m - 1] P_m, \quad (82)$$

693 where we have highlighted the dependence on  $\mathbf{F}_m$  (through  $\mathbf{C}_m$  and  $J_m$  on the right-hand side) and  $P_m$ , it  
 694 holds that

$$\mathbf{T}_{lm}^k \equiv \mathcal{G}^{\text{T}1}(\mathbf{F}_m^k, P_m^k)$$

$$= \frac{\partial W_s^a}{\partial \mathbf{F}_m}(\mathbf{F}_m^k, \mathbf{P}_m^k) = \underbrace{\Phi_{sR\mu_s} \boldsymbol{\eta} \mathbf{F}_m^k \mathbf{G}^{-1} - \Phi_{sR\mu_s} [\mathbf{F}_m^k]^{-T} + \Phi_{sR\lambda_s} [\log J_m^k] [\mathbf{F}_m^k]^{-T} - J_m^k \mathbf{P}_m^k [\mathbf{F}_m^k]^{-T}}_{\equiv \boldsymbol{\mathcal{G}}^{Tsc}(\mathbf{F}_m)}, \quad (83)$$

695 where  $\mathbf{G}$  is the material metric tensor. Accordingly, the Gâteaux derivatives  $\mathcal{D}_\chi \hat{A}(\mathbf{u}_m^{k-1}; \mathbf{V}_v)[\delta \chi_m^k]$  and  
696  $\mathcal{D}_P \hat{A}(\mathbf{u}_m^{k-1}; \mathbf{V}_v)[\delta P_m^k]$  are given by

$$\mathcal{D}_\chi \hat{A}(\mathbf{u}_m^{k-1}; \mathbf{V}_v)[\delta \chi_m^k] = \int_{\mathcal{B}} \left[ \frac{\partial^2 W_s^a}{\partial \mathbf{F}_m^2}(\mathbf{F}_m^{k-1}, \mathbf{P}_m^{k-1}) : \text{Grad } \delta \chi_m^k \right] : \text{Grad } \mathbf{V}_v =: [\mathbf{C}_{\chi\chi}]_m^{k-1}(\delta \chi_m^k, \mathbf{V}_v), \quad (84a)$$

$$\mathcal{D}_P \hat{A}(\mathbf{u}_m^{k-1}; \mathbf{V}_v)[\delta P_m^k] = \int_{\mathcal{B}} \left[ \frac{\partial^2 W_s^a}{\partial \mathbf{F}_m \partial P_m}(\mathbf{F}_m^{k-1}, \mathbf{P}_m^{k-1}) \delta P_m^k \right] : \text{Grad } \mathbf{V}_v =: [\mathbf{C}_{\chi P}]_m^{k-1}(\delta P_m^k, \mathbf{V}_v), \quad (84b)$$

697 where the notation  $[\mathbf{C}_{\chi\chi}]_m^{k-1}(\delta \chi_m^k, \mathbf{V}_v)$  and  $[\mathbf{C}_{\chi P}]_m^{k-1}(\delta P_m^k, \mathbf{V}_v)$  is meant to highlight the influence of the  
698 motion on itself and the one of the pore pressure on the motion, respectively.

699 We recognize that the second derivative of  $W_s^a$  with respect to  $\mathbf{F}_m$ , hereafter denoted by  $\mathbb{A}_{lm}^{k-1}$ , is the  
700 (augmented) *algorithmic first elasticity tensor*<sup>117</sup> of the mixture as a whole, while the mixed derivative of  
701  $W_s^a$  with respect to  $\mathbf{F}_m$  and  $P_m$  is representative of the presence of the pore pressure, intended as a Lagrange  
702 multiplier of the present theory, in the expression of the mixture's internal stress tensor. In explicit form,  
703 these derivatives read

$$\frac{\partial^2 W_s^a}{\partial \mathbf{F}_m^2}(\mathbf{F}_m^{k-1}, \mathbf{P}_m^{k-1}) \equiv \mathbb{A}_{lm}^{k-1} = \boldsymbol{\eta} \otimes \mathbf{S}_{lm}^{k-1} + [\boldsymbol{\eta} \mathbf{F}_m^{k-1}] \mathbb{C}_{lm}^{k-1} : [(\boldsymbol{\eta} \mathbf{F}_m^{k-1})^T \otimes \mathbf{I}^T], \quad (85a)$$

$$\frac{\partial^2 W_s^a}{\partial \mathbf{F}_m \partial P_m}(\mathbf{F}_m^{k-1}, \mathbf{P}_m^{k-1}) = -J_m^{k-1} [\mathbf{F}_m^{k-1}]^{-T}. \quad (85b)$$

704 where  $\mathbf{S}_{lm}^{k-1} = [\mathbf{F}_m^{k-1}]^{-1} \boldsymbol{\eta}^{-1} \mathbf{T}_{lm}^{k-1}$  is the internal part of the mixture's second Piola-Kirchhoff stress tensor,  
705 and  $\mathbb{C}_{lm}^{k-1}$  is the elasticity tensor associated with it (i.e.,  $\mathbb{C}_{lm}^{k-1}$  consists of the sum of the true elasticity tensor  
706 of the solid phase and of the pressure contribution stemming from the hypothesis of incompressibility)

$$\mathbb{C}_{lm}^{k-1} = 4 \frac{\partial^2 \Psi_s^a}{\partial \mathbf{C}_m^2}(\mathbf{C}_m^{k-1}, P_m^{k-1}). \quad (86a)$$

707 Note that, in writing the last term of Equation (85a), the minor symmetry of  $\mathbb{C}_{lm}^{k-1}$  in its last pair of indices  
708 has been used. More explicitly, for the considered  $W_s^a$ , the first elasticity tensor is given by

$$\begin{aligned} \mathbb{A}_{lm}^{k-1} = & \Phi_{sR\mu_s} \boldsymbol{\eta} \otimes \mathbf{G}^{-1} + (\Phi_{sR\mu_s} - \Phi_{sR\lambda_s} \log J_m^{k-1} + J_m^{k-1} P_m^{k-1}) [\mathbf{F}_m^{k-1}]^{-T} \otimes [\mathbf{F}_m^{k-1}]^{-1} \\ & + (\Phi_{sR\lambda_s} - J_m^{k-1} P_m^{k-1}) [\mathbf{F}_m^{k-1}]^{-T} \otimes [\mathbf{F}_m^{k-1}]^{-T}. \end{aligned} \quad (87)$$

709 *Remark 4.* In order to comply with the user interface of the “UMAT” subroutine in ABAQUS®,  
710 the Gâteaux derivative  $\mathcal{D}_\chi \hat{A}(\mathbf{u}_m^{k-1}; \mathbf{V}_v)[\delta \chi_m^k]$  in Equation (84a) is rephrased in such a way that its  
711 integrand is calculated with respect to the symmetrized increment of the deformation rate, defined as  
712  $\delta \mathbf{d}_m^k := \text{sym}(\boldsymbol{\eta}(\text{Grad } \delta \chi_m^k) [\mathbf{F}_m^{k-1}]^{-1})$ , to the updated symmetrized “spatial” gradient of the Eulerian  
713 counterpart of  $\mathbf{V}_v$ , which we write as  $\mathbf{d}_{vm}^k := \text{sym}(\boldsymbol{\eta}(\text{Grad } \mathbf{V}_v) [\mathbf{F}_m^{k-1}]^{-1})$ , to the increment of the



714 deformation rate  $\delta \mathbf{I}_m^k := (\text{Grad } \delta \chi_m^k) [\mathbf{F}_m^{k-1}]^{-1}$ , and to the “spatial” gradient of the Eulerian counterpart  
 715 of  $\mathbf{V}_v$ , which is  $\mathbf{I}_{vm}^k := (\text{Grad } \mathbf{V}_v) [\mathbf{F}_m^{k-1}]^{-1}$ . To this end, we define the push-forward of the elasticity tensor  
 716  $\mathbb{C}_{lm}^{k-1}$  featuring in Equation (85a), i.e.,

$$[\mathbb{C}_{lm}^{k-1}]^{spqr} := \frac{1}{J_m^{k-1}} [\mathbb{C}_{lm}^{k-1}]^{SPQR} [\mathbf{F}_m^{k-1}]^s_s [\mathbf{F}_m^{k-1}]^p_p [\mathbf{F}_m^{k-1}]^q_q [\mathbf{F}_m^{k-1}]^r_r, \quad (88)$$

717 and we write the second Piola-Kirchhoff stress tensor as  $\mathbf{S}_{lm}^{k-1} = J_m^{k-1} [\mathbf{F}_m^{k-1}]^{-1} \boldsymbol{\sigma}_{lm}^{k-1} [\mathbf{F}_m^{k-1}]^{-T}$ . Hence,  
 718 after some calculations, the *algorithmic elasticity tensor* required by the “UMAT” subroutine is given  
 719 as<sup>117</sup>

$$\mathbb{a}_m^{k-1} := \mathbb{C}_{lm}^{k-1} + \frac{1}{2} (\boldsymbol{\eta}^{-1} \underline{\otimes} \boldsymbol{\sigma}_{lm}^{k-1} + \boldsymbol{\eta}^{-1} \overline{\otimes} \boldsymbol{\sigma}_{lm}^{k-1} + \boldsymbol{\sigma}_{lm}^{k-1} \underline{\otimes} \boldsymbol{\eta}^{-1} + \boldsymbol{\sigma}_{lm}^{k-1} \overline{\otimes} \boldsymbol{\eta}^{-1}), \quad (89)$$

720 whereas Equation (84a) can be reformulated by expressing  $\mathbb{A}_{lm}^{k-1}$  in terms of the quantities  $J_m^{k-1} \mathbb{C}_{lm}^{k-1}$  and  
 721  $J_m^{k-1} \boldsymbol{\sigma}_{lm}$  (see section 4.6.1 of the Theory Manual of ABAQUS<sup>®118</sup>) as

$$\begin{aligned} [\mathbb{C}_{\chi\chi}]_m^{k-1} (\delta \chi_m^k, \mathbf{V}_v) &= \int_{\mathcal{B}} \delta \mathbf{d}_m^k : [J_m^{k-1} \mathbb{C}_{lm}^{k-1}] : \mathbf{d}_{vm}^k + \int_{\mathcal{B}} J_m^{k-1} \boldsymbol{\sigma}_{lm}^{k-1} : [(\delta \mathbf{I}_m^k)^T \boldsymbol{\eta} \mathbf{I}_{vm}^k] \\ &=: [\hat{\mathbb{C}}_{ad}]_m^{k-1} (\delta \mathbf{d}_m^k, \mathbf{d}_{vm}^k) + [\hat{\mathbb{C}}_{ul}]_m^{k-1} (\delta \mathbf{I}_m^k, \mathbf{I}_{vm}^k). \end{aligned} \quad (90)$$

722

723 Analogously, we can rewrite  $[\mathbb{C}_{\chi P}]_m^{k-1} (\delta \chi_m^k, \mathbf{V}_v)$  in the equivalent form

$$[\mathbb{C}_{\chi P}]_m^{k-1} (\delta P_m^k, \mathbf{V}_v) = - \int_{\mathcal{B}} \delta P_m^k [J_m^{k-1} \boldsymbol{\eta}^{-1}] : \mathbf{d}_{vm}^k =: [\hat{\mathbb{C}}_{dP}]_m^{k-1} (\delta P_m^k, \mathbf{d}_{vm}^k). \quad (91)$$

724 We compute now the Gâteaux derivatives  $\mathcal{D}_\chi \hat{B}(\mathbf{u}_m^{k-1}; P_v) [\delta \chi_m^k]$  and  $\mathcal{D}_P \hat{B}(\mathbf{u}_m^{k-1}; P_v) [\delta P_m^k]$ , which  
 725 constitute the part of the numerical procedure at hand containing the novelty of this work. To perform  
 726 these calculations, we employ, indeed, the time-discrete form of the fractional relationship (67) between  
 727 the (material) filtration velocity and the pressure gradient. This leads to

$$\begin{aligned} \mathcal{D}_\chi \hat{B}(\mathbf{u}_m^{k-1}; P_v) [\delta \chi_m^k] &= - \int_{\mathcal{B}} \frac{1}{\Delta t_m} J_m^{k-1} \{ [\mathbf{F}_m^{k-1}]^{-T} : [\text{Grad } \delta \chi_m^k] \} P_v \\ &\quad + \int_{\mathcal{B}} \left[ \frac{\partial \mathcal{G}^{\mathcal{Q}_m}}{\partial \mathbf{F}_m} (\mathbf{F}_m^{k-1}, \text{Grad } P_m^{k-1}) : \text{Grad } \delta \chi_m^k \right] \text{Grad } P_v, \end{aligned} \quad (92a)$$

$$\mathcal{D}_P \hat{B}(\mathbf{u}_m^{k-1}; P_v) [\delta P_m^k] = \int_{\mathcal{B}} \left[ \frac{\partial \mathcal{G}^{\mathcal{Q}_m}}{\partial \text{Grad } P_m} (\mathbf{F}_m^{k-1}, \text{Grad } P_m^{k-1}) \text{Grad } \delta P_m^k \right] \text{Grad } P_v. \quad (92b)$$

728 We remark that, although an explicit expression of the function  $\mathcal{G}^{\mathcal{Q}_m}$  is not available, and since it is only  
 729 necessary to know the partial derivatives  $\partial_{\mathbf{F}_m} \mathcal{G}^{\mathcal{Q}_m} (\mathbf{F}_m^{k-1}, \text{Grad } P_m^{k-1})$  and  $\partial_{\text{Grad } P_m} \mathcal{G}^{\mathcal{Q}_m} (\mathbf{F}_m^{k-1}, \text{Grad } P_m^{k-1})$ ,  
 730 which are both evaluated at the  $(k-1)$ th Newton iteration, and are, thus, known, Dini’s implicit function  
 731 theorem permits to determine these derivatives exactly through Equations (76a) and (76b). Therefore,  
 732 Equations (92a) and (92b) become

$$\mathcal{D}_\chi \hat{B}(\mathbf{u}_m^{k-1}; P_v) [\delta \chi_m^k] \equiv [\mathbb{C}_{P\chi}]_m^{k-1} (\delta \chi_m^k, P_v)$$

$$\begin{aligned}
&= - \int_{\mathcal{B}} \frac{1}{\Delta t_m} J_m^{k-1} \{ [\mathbf{F}_m^{k-1}]^{-T} : [\text{Grad } \delta \chi_m^k] \} P_V \\
&\quad - \int_{\mathcal{B}} \left\{ \left[ \frac{\partial \mathbf{Z}}{\partial \mathbf{Q}_m} (\#_m^{k-1}) \right]^{-1} \left[ \frac{\partial \mathbf{Z}}{\partial \mathbf{F}_m} (\#_m^{k-1}) \right] : \text{Grad } \delta \chi_m^k \right\} \text{Grad } P_V, \quad (93a)
\end{aligned}$$

$$\begin{aligned}
\mathcal{D}_P \hat{B}(\mathbf{u}_m^{k-1}; P_V) [\delta P_m^k] &\equiv [C_{PP}]_m^{k-1} (\delta P_m^k, P_V) \\
&= - \int_{\mathcal{B}} \left\{ \left[ \frac{\partial \mathbf{Z}}{\partial \mathbf{Q}_m} (\#_m^{k-1}) \right]^{-1} \left[ \frac{\partial \mathbf{Z}}{\partial \text{Grad } P_m} (\#_m^{k-1}) \right] \text{Grad } \delta P_m^k \right\} \text{Grad } P_V, \quad (93b)
\end{aligned}$$

733 where  $\partial_{\mathbf{Q}_m} \mathbf{Z}$  has been determined in Equation (72), while the derivatives of  $\mathbf{Z}$  with respect to  $\mathbf{F}_m$  and  
734  $\text{Grad } P_m$  are given by

$$\begin{aligned}
\frac{\partial \mathbf{Z}}{\partial \mathbf{F}_m} (\#_m^{k-1}) &= \left( 1 + \frac{\alpha t_c^\alpha s_m^{1-\alpha}}{\Delta t_m} \right) \left[ \mathbf{Q}_m^{k-1} \otimes \frac{\partial \mathcal{R}_F}{\partial \mathbf{F}_m} (\mathbf{F}_m^{k-1}, \mathbf{Q}_m^{k-1}) \right] - \frac{\alpha t_c^\alpha s_m^{1-\alpha}}{\Delta t_m} \mathbf{Q}_{m-1} \otimes \frac{\partial \mathcal{R}_F}{\partial \mathbf{F}_m} (\mathbf{F}_m^{k-1}, \mathbf{Q}_m^{k-1}) \\
&\quad + \alpha t_c^\alpha J_m^{k-1} [\mathbf{F}_m^{k-1}]^{-1} \mathcal{F}_\alpha(t_m) \otimes [\mathbf{F}_m^{k-1}]^{-T} - \alpha t_c^\alpha J_m^{k-1} [\mathbf{F}_m^{k-1}]^{-1} \otimes \{ [\mathbf{F}_m^{k-1}]^{-1} \mathcal{F}_\alpha(t_m) \} \\
&\quad - \mathcal{G}^{\mathcal{Q}_D} (\mathbf{F}_m^{k-1}, \text{Grad } P_m^{k-1}) \otimes \frac{\partial \mathcal{R}_D}{\partial \mathbf{F}_m} (\mathbf{F}_m^{k-1}) - \mathcal{R}_D (\mathbf{F}_m^{k-1}) \frac{\partial \mathcal{G}^{\mathcal{Q}_D}}{\partial \mathbf{F}_m} (\mathbf{F}_m^{k-1}, \text{Grad } P_m^{k-1}), \quad (94a)
\end{aligned}$$

$$\frac{\partial \mathbf{Z}}{\partial \text{Grad } P_m} (\#_m^{k-1}) = -\mathcal{R}_D (\mathbf{F}_m^{k-1}) \frac{\partial \mathcal{G}^{\mathcal{Q}_D}}{\partial \text{Grad } P_m} (\mathbf{F}_m^{k-1}, \text{Grad } P_m^{k-1}) = (J_m^{k-1} - \Phi_{\text{SR}}) [\mathbf{C}_m^{k-1}]^{-1}, \quad (94b)$$

735 and, again, the notation  $[C_{P\chi}]_m^{k-1} (\delta \chi_m^k, P_V)$  and  $[C_{PP}]_m^{k-1} (\delta P_m^k, P_V)$  puts in evidence the influence of the  
736 pore pressure on the motion and the self-influence of the pore pressure. For completeness, we supply also  
737 the expressions of the derivatives of  $\mathcal{R}_F$ ,  $\mathcal{R}_D$ , and  $\mathcal{G}^{\mathcal{Q}_D}$  with respect to  $\mathbf{F}_m$ . To this end, we write  $\kappa_{\text{iso}}$  and  
738  $\mathcal{A}_{\text{iso}}$  as functions of  $J_m$ , i.e., we set  $\kappa_{\text{iso}} \equiv \hat{\kappa}_{\text{iso}}(J_m)$  and  $\mathcal{A}_{\text{iso}} \equiv \hat{\mathcal{A}}_{\text{iso}}(J_m)$ , and we express  $\|\mathbf{Q}_m\|_{\mathbf{C}_m}$  as a  
739 function of  $\mathbf{F}_m$ , i.e.,  $\|\mathbf{Q}_m\|_{\mathbf{C}_m} \equiv \hat{\Sigma}(\mathbf{F}_m)$ . Then, we obtain:

$$\frac{\partial \mathcal{R}_D}{\partial \mathbf{F}_m} (\mathbf{F}_m^{k-1}) = \mathcal{R}_D (\mathbf{F}_m^{k-1}) \left[ \frac{J_m^{k-1}}{J_m^{k-1} - \Phi_{\text{SR}}} - \frac{J_m^{k-1}}{\hat{\kappa}_{\text{iso}}(J_m^{k-1})} \frac{\partial \hat{\kappa}_{\text{iso}}}{\partial J_m} (J_m^{k-1}) \right] [\mathbf{F}_m^{k-1}]^{-T}, \quad (95a)$$

$$\frac{\partial \hat{\Sigma}}{\partial \mathbf{F}_m} (\mathbf{F}_m^{k-1}) = -\|\mathbf{Q}_m^{k-1}\|_{\mathbf{C}_m^{k-1}} [\mathbf{F}_m^{k-1}]^{-T} + \frac{1}{J_m^{k-1} \|\mathbf{Q}_m^{k-1}\|_{\mathbf{C}_m^{k-1}}} \frac{\eta \mathbf{F}_m^{k-1} \mathbf{Q}_m^{k-1}}{J_m^{k-1}} \otimes \mathbf{Q}_m^{k-1}, \quad (95b)$$

$$\begin{aligned}
\frac{\partial \mathcal{R}_F}{\partial \mathbf{F}_m} (\mathbf{F}_m^{k-1}, \mathbf{Q}_m^{k-1}) &= \frac{\partial \mathcal{R}_D}{\partial \mathbf{F}_m} (\mathbf{F}_m^{k-1}) [1 + \hat{\mathcal{A}}_{\text{iso}}(J_m^{k-1}) \|\mathbf{Q}_m^{k-1}\|_{\mathbf{C}_m^{k-1}}] \\
&\quad + \mathcal{R}_D (\mathbf{F}_m^{k-1}) \left\{ \frac{\partial \hat{\mathcal{A}}_{\text{iso}}}{\partial J_m} (J_m^{k-1}) J_m^{k-1} \|\mathbf{Q}_m^{k-1}\|_{\mathbf{C}_m^{k-1}} [\mathbf{F}_m^{k-1}]^{-T} \right. \\
&\quad \left. + \hat{\mathcal{A}}_{\text{iso}}(J_m^{k-1}) \frac{\partial \hat{\Sigma}}{\partial \mathbf{F}_m} (\mathbf{F}_m^{k-1}) \right\}, \quad (95c)
\end{aligned}$$

$$\begin{aligned}
\frac{\partial \mathcal{G}^{\mathcal{Q}_D}}{\partial \mathbf{F}_m} (\mathbf{F}_m^{k-1}, \text{Grad } P_m^{k-1}) &= \frac{J_m^{k-1}}{\hat{\kappa}_{\text{iso}}(J_m^{k-1})} \frac{\partial \hat{\kappa}_{\text{iso}}}{\partial J_m} (J_m^{k-1}) \mathbf{Q}_{Dm}^{k-1} \otimes [\mathbf{F}_m^{k-1}]^{-T} \\
&\quad - [\mathbf{F}_m^{k-1}]^{-1} \otimes \mathbf{Q}_{Dm}^{k-1} - [\mathbf{C}_m^{k-1}]^{-1} \otimes \eta \mathbf{F}_m^{k-1} \mathbf{Q}_{Dm}^{k-1}. \quad (95d)
\end{aligned}$$

740 Finally, we notice that the definitions supplied in Equations (84a) and (93b) allow to rewrite Equation  
741 (80a) in the more suggestive form

$$[C_{\chi\chi}]_m^{k-1}(\delta\chi_m^k, \mathbf{V}_v) + [C_{\chi P}]_m^{k-1}(\delta P_m^k, \mathbf{V}_v) = -\hat{A}(\mathbf{u}_m^{k-1}; \mathbf{V}_v), \quad (96a)$$

$$[C_{P\chi}]_m^{k-1}(\delta\chi_m^k, P_v) + [C_{PP}]_m^{k-1}(\delta P_m^k, P_v) = -\hat{B}(\mathbf{u}_m^{k-1}; P_v), \quad (96b)$$

742 with  $[C_{\chi P}]_m^{k-1}(\cdot, \cdot)$  and  $[C_{P\chi}]_m^{k-1}(\cdot, \cdot)$  being related through the identity<sup>27,97</sup>

$$\begin{aligned} [C_{P\chi}]_m^{k-1}(\delta\chi_m^k, P_v) &= \frac{1}{\Delta t_m} [C_{\chi P}]_m^{k-1}(P_v, \delta\chi_m^k) \\ &\quad - \int_{\mathcal{B}} \left\{ \left[ \frac{\partial \mathcal{Z}}{\partial \mathbf{Q}_m}(\#_m^{k-1}) \right]^{-1} \left[ \frac{\partial \mathcal{Z}}{\partial \mathbf{F}_m}(\#_m^{k-1}) \right] : \text{Grad} \delta\chi_m^k \right\} \text{Grad} P_v. \end{aligned} \quad (97)$$

743 Equations (96a) and (96b) are a ‘‘prelude’’ to their associated algebraic form, which is achieved by  
744 introducing the finite element discretization of the problem at hand and the interpolation functions for the  
745 unknown increments  $\delta\chi_m^k$  and  $\delta P_m^k$  as well as for the virtual fields  $\mathbf{V}_v$  and  $P_v$ . In fact, each summand on the  
746 right-hand side of Equations (96a) and (96b) gives rise to a specific block of the matrix of the coefficients  
747 of the system of algebraic equations associated with Equations (80a) and (80b).

748 It is important to emphasize that, while Equation (96a) is essentially the same as the one studied  
749 in<sup>27,97,115</sup>, the main differences between these previous studies and our work are condensed in Equation  
750 (96b). The first difference is given by the second term of the functional  $[C_{P\chi}]_m^{k-1}(\cdot, \cdot)$ , which collects  
751 all the modifications to the Darcian model that are associated both with Forchheimer’s correction and  
752 with its fractionalization (it can be proven, in this respect, that Darcy’s model is retrieved by setting  $\alpha = 0$   
753 and  $\mathcal{A}_{\text{iso}} = 0$  identically). This term, in fact, describes a coupling between pressure and deformation that,  
754 because of the Jacobian  $\partial \mathcal{Z} / \partial \mathbf{Q}_m$  and of the derivative  $\partial \mathcal{Z} / \partial \mathbf{F}_m$ , is much more intricate than the Darcian  
755 one, and, in addition, it takes into account the non-locality in time of the model under investigation  
756 through  $\mathcal{F}_\alpha(t_m)$ . The second difference with the Darcian model addressed in<sup>27,97,115</sup> is related to the  
757 definition of the functional  $[C_{PP}]_m^{k-1}(\cdot, \cdot)$ , which, again, keeps track of the non-locality in time and of  
758 all the interactions between the flow and the deformation through the inverse of the Jacobian  $\partial \mathcal{Z} / \partial \mathbf{Q}_m$   
759 (cf. Equation (72)).

760 In spite of the differences just discussed, for the purpose of implementation in ABAQUS<sup>®</sup>, and, in  
761 particular, due to the limitation of ‘‘UMAT’’ and ‘‘UMATHT’’ subroutines present in the adopted software,  
762 in the numerical tests performed in this work, we neglect the second integral defining  $[C_{P\chi}]_m^{k-1}(\delta\chi_m^k, P_v)$   
763 on the far right-hand side of Equations (93a) and (97). Hence, for the forthcoming simulations, we  
764 substitute the terms  $[C_{P\chi}]_m^{k-1}(\delta\chi_m^k, P_v)$  and in Equation (96b) with its approximated counterpart

$$\begin{aligned} [C_{P\chi}^{\text{app}}]_m^{k-1}(\delta\chi_m^k, P_v) &:= - \int_{\mathcal{B}} \frac{1}{\Delta t_m} J_m^{k-1} \{ [\mathbf{F}_m^{k-1}]^{-T} : [\text{Grad} \delta\chi_m^k] \} P_v \\ &= - \int_{\mathcal{B}} \frac{1}{\Delta t_m} J_m^{k-1} \text{tr}[\boldsymbol{\eta}^{-1} \delta \mathbf{d}_m^k] P_v \\ &=: [\hat{C}_{Pd}^{\text{app}}]_m^{k-1}(\delta \mathbf{d}_m^k, P_v), \end{aligned} \quad (98)$$

765 and we solve the approximated system

$$[C_{\chi\chi}]_m^{k-1}(\delta\chi_m^k, \mathbf{V}_v) + [C_{\chi P}]_m^{k-1}(\delta P_m^k, \mathbf{V}_v) = -\hat{A}(\mathbf{u}_m^{k-1}; \mathbf{V}_v), \quad (99a)$$

$$[C_{P\chi}^{\text{app}}]_m^{k-1}(\delta\chi_m^k, P_v) + [C_{PP}]_m^{k-1}(\delta P_m^k, P_v) = -\hat{B}(u_m^{k-1}; P_v). \quad (99b)$$

766 Note that, analogously to Equation (99b), also the term  $[C_{PP}]_m^{k-1}(\delta P_m^k, P_v)$  can be recast in the equivalent  
767 form

$$\begin{aligned} [C_{PP}]_m^{k-1}(\delta P_m^k, P_v) &= - \int_{\mathcal{B}} \{(\text{Grad} \delta P_m^k)[F_m^{k-1}]^{-1}\} [J_m^{k-1} \mathfrak{g}_m^{k-1}] \{(\text{Grad} P_v)[F_m^{k-1}]^{-1}\} \\ &=: [\hat{C}_{PP}]_m^{k-1}(\delta p_m^k, p_v), \end{aligned} \quad (100)$$

768 where  $p_v := P_v \circ (\Xi, t)$  is the spatial counterpart of the virtual pressure field  $p_m^k := P_m^k \circ (\Xi, t)$ , and we  
769 have set

$$\mathfrak{g}_m^{k-1} := \frac{1}{J_m^{k-1}} F_m^{k-1} \left[ \frac{\partial \mathcal{Z}}{\partial \mathcal{Q}_m}(\#_m^{k-1}) \right]^{-1} \left[ \frac{\partial \mathcal{Z}}{\partial \text{Grad} P_m}(\#_m^{k-1}) \right] [F_m^{k-1}]^T. \quad (101)$$

770 Clearly, this way of proceeding has the drawback that not all the interactions introduced by our model  
771 are equally considered in the algorithm employed. However, the algorithm makes it still possible to  
772 account for those deviations from Darcy's regime that the fractional version of Forchheimer's correction  
773 studied in our work unfolds in the term  $[C_{PP}]_m^{k-1}(\delta P_m^k, P_v)$  through  $\mathfrak{g}_m^{k-1}$  and in the residue  $\hat{B}(u_m^{k-1}; P_v)$ .

774 Finally, by solving Equations (99a) and (99b) for  $\delta\chi_m^k$  and  $\delta P_m^k$ , reconstructing the motion and fluid  
775 pressure at the  $k$ th iteration as  $\chi_m^k = \chi_m^{k-1} + \delta\chi_m^k$  and  $P_m^k = P_m^{k-1} + \delta P_m^k$ , and computing the functionals  
776  $\hat{A}(u_m^k, V_v)$  and  $\hat{B}(u_m^k, P_v)$ , the pair  $(\chi_m^k, P_m^k)$  that solves Equations (77a) and (77b) is found, as anticipated  
777 above, when, for some  $k_* \in \mathbb{N}$ , the absolute values  $|\hat{A}(u_m^k, V_v)|$  and  $|\hat{B}(u_m^k, P_v)| \equiv |B(\chi_m^k, P_m^k, \mathcal{Q}_m^k; P_v)|$   
778 remain smaller than a given threshold for all  $k > k_*$ .

779 There is, however, a last step of the algorithm employed here that has to be commented. Indeed, to  
780 solve Equations (99a) and (99b), it is necessary to know the residue

$$\hat{B}(u_m^{k-1}; P_v) \equiv \hat{B}(\chi_m^{k-1}, P_m^{k-1}; P_v) = B(\chi_m^{k-1}, P_m^{k-1}, \mathcal{Q}_m^{k-1}; P_v), \quad k \geq 1. \quad (102)$$

781 Yet, this quantity is unknown for all  $k \geq 2$ , because  $\mathcal{Q}_m^{k-1}$  has still to be determined. On the other hand,  
782  $\mathcal{Q}_m^{k-1}$  is known only for  $k = 1$ , since  $\mathcal{Q}_m^0$  is either guessed or computed by solving Equation (69c) through  
783 another Newton-Raphson procedure (see next paragraph). Hence, since  $\chi_m^0$  and  $P_m^0$  are supplied by the  
784 initial guess, also the residue  $B(\chi_m^0, P_m^0, \mathcal{Q}_m^0; P_v)$  is entirely defined. In conclusion, the filtration velocity  
785  $\mathcal{Q}_m^{k-1}$  must be computed at each  $k \geq 2$ . This is done by applying, again, the Newton-Raphson method  
786 shown in the next paragraph, and, with this procedure, also  $\mathcal{Q}_m^k$  is obtained. Therefore, the filtration  
787 velocity  $\mathcal{Q}_m$  at time  $t_m$  can be approximated with the value of  $\mathcal{Q}_m^k$  for  $k > k_*$ , with  $k_* \in \mathbb{N}$  being such that  
788  $|\mathcal{Z}(F_m^k, \text{Grad} P_m^k, \mathcal{Q}_m^k)|$  is smaller than a given threshold for all  $k > k_*$ .

789 **Determination of  $\mathcal{Q}_m$ .** The separate determination of  $\mathcal{Q}_m$  is necessary for computing the  
790 residues  $\hat{B}(\chi_m^{k-1}, P_m^{k-1}; P_v) \equiv B(\chi_m^{k-1}, P_m^{k-1}, \mathcal{Q}_m^{k-1}; P_v)$ , for all  $k \geq 2$ . For  $k = 1$ , instead, the residue  
791  $B(\chi_m^0, P_m^0, \mathcal{Q}_m^0; P_v)$  is entirely defined by the initial triple  $(\chi_m^0, P_m^0, \mathcal{Q}_m^0)$ . In this work, to simplify the  
792 computational burden, we have opted to prescribe  $\mathcal{Q}_m^0$  arbitrarily through an "educated guess", since this  
793 does not affect considerably the convergence to the value of  $\mathcal{Q}_m$  that solves approximately Equation (69c).

794 To compute the residue  $\hat{B}(\chi_m^{k-1}, P_m^{k-1}; P_v) \equiv B(\chi_m^{k-1}, P_m^{k-1}, \mathcal{Q}_m^{k-1}; P_v)$ , for all  $k \geq 2$ , we determine  
795  $\mathcal{Q}_m^{k-1}$  as follows. First, for each  $k \geq 2$ , we write  $\mathcal{Q}_m^{k-1}$  as  $\mathcal{Q}_m^{k-1, l} := \mathcal{Q}_m^{k-1, l-1} + \delta \mathcal{Q}_m^{k-1, l}$ . Here,  $l \geq 1$ ,

796  $l \in \mathbb{N}$ , is the counter of the Newton-Raphson procedure “nested”<sup>119</sup> in the  $k$ th iteration of the outer  
 797 procedure, employed to calculate  $\chi_m^k$  and  $P_m^k$ , while  $\delta Q_m^{k-1,l}$  is the increment of the filtration velocity at  
 798 the  $l$ th iteration nested in the  $(k-1)$ th iteration of the outer scheme. We notice that, for  $l=1$ , the quantity  
 799  $Q_m^{k-1,0}$  is a guessed value of the filtration velocity that can be taken equal to  $Q_m^{k-2}$ . Then, we approximate  
 800 the function  $\mathcal{Z}$  with its Taylor polynomial of the first grade in  $\delta Q_m^{k-1,l}$ , thereby writing

$$\begin{aligned} & \mathcal{Z}_{\text{app}}(F_m^{k-1}, \text{Grad } P_m^{k-1}, Q_m^{k-1,l-1} + \delta Q_m^{k-1,l}) \\ & := \mathcal{Z}(F_m^{k-1}, \text{Grad } P_m^{k-1}, Q_m^{k-1,l-1}) + \left[ \frac{\partial \mathcal{Z}}{\partial Q_m} (F_m^{k-1}, \text{Grad } P_m^{k-1}, Q_m^{k-1,l-1}) \right] \delta Q_m^{k-1,l}, \quad l \geq 1. \end{aligned} \quad (103)$$

801 Next, by setting  $\mathcal{Z}_{\text{app}}(F_m^{k-1}, \text{Grad } P_m^{k-1}, Q_m^{k-1,l-1} + \delta Q_m^{k-1,l}) = \mathbf{0}$  for  $l \geq 1$ ,  $\delta Q_m^{k-1,l}$  is obtained as

$$\delta Q_m^{k-1,l} = - \left[ \frac{\partial \mathcal{Z}}{\partial Q_m} (F_m^{k-1}, \text{Grad } P_m^{k-1}, Q_m^{k-1,l-1}) \right]^{-1} \mathcal{Z}(F_m^{k-1}, \text{Grad } P_m^{k-1}, Q_m^{k-1,l-1}), \quad l \geq 1. \quad (104)$$

802 and  $Q_m^{k-1,l}$  can be reconstructed according to its definition. As usual, the iterations stop when, for some  
 803  $l_*(k) \in \mathbb{N}$ , the absolute value  $|\mathcal{Z}(F_m^{k-1}, \text{Grad } P_m^{k-1}, Q_m^{k-1,l})|$  remains smaller than a given tolerance for all  
 804  $l > l_*(k)$ . Accordingly,  $Q_m^{k-1}$  is formally identified with the limit  $Q_m^{k-1} := \lim_{l \rightarrow +\infty} Q_m^{k-1,l}$ . This permits  
 805 to calculate the residue  $\hat{B}(\chi_m^{k-1}, P_m^{k-1}, P_v) \equiv B(\chi_m^{k-1}, P_m^{k-1}, Q_m^{k-1}; P_v)$  as

$$B(\chi_m^{k-1}, P_m^{k-1}, Q_m^{k-1}; P_v) = - \int_{\mathcal{E}} \frac{J_m^{k-1} - J_{m-1}}{\Delta t_m} P_v + \int_{\mathcal{E}} Q_m^{k-1} \text{Grad } P_v. \quad (105)$$

806 To conclude this paragraph, we notice that  $Q_m^k$  is calculated with the same scheme employed for  $Q_m^{k-1}$ ,  
 807 after determining the pair  $(F_m^k, \text{Grad } P_m^k)$  by solving Equations (99a) and (99b), so that the quantity  
 808  $|\mathcal{Z}(F_m^k, \text{Grad } P_m^k, Q_m^k)|$  remains smaller than a given threshold. We also remark that, at a given time  $t_m$ ,  
 809 the stopping criterion for the aforementioned scheme is the convergence within a certain tolerance of  
 810  $(\chi_m^k, P_m^k)$ , which is assured for  $k > k_*$ . However, one more nested Newton-Raphson procedure is required  
 811 to calculate  $Q_m^k$ . In fact, after determining the approximated solution  $(\chi_m^k, P_m^k) \equiv (\chi_m, P_m)$  of Equations  
 812 (77a) and (77b), the value  $Q_m^k = \lim_{l \rightarrow +\infty} Q_m^{k,l}$  is formally found by calling the nested Newton-Raphson  
 813 method, and  $Q_m$  is found as  $Q_m^k \equiv Q_m$ , for  $k > k_*$ .

## 814 7 Summary of the model and benchmark tests

815 In this section, we describe the initial and boundary value problem (IBVP) employed for our numerical  
 816 experiments, which will be conducted in ABAQUS<sup>®</sup> by following the numerical procedure explained in  
 817 section “Numerical implementation of the model equations”.

818 Our simulations refer to the mathematical model conceived in the previous sections, which aims at  
 819 describing a class of biological tissues characterized, on the one hand, by non-negligible pore scale inertial  
 820 effects of the fluid and, on the other hand, by a complex microstructure of the pore network that gives  
 821 rise to flow laws modeled as non-local in time<sup>47,54,63,64</sup>. For the purpose of studying this kind of media,  
 822 we concentrate on simulating Equations (59a)-(59c), so that it is possible to highlight how the overall  
 823 behavior of the system under evaluation is influenced by the fractional constitutive law of  $Q$  specified  
 824 in Equation (58). In this respect, we notice that the standard Darcy-Forchheimer model, represented by

Equations (42a) and (42b), can be recovered from the fractional one by setting  $\alpha = 0$ , while standard Darcy's model can be obtained by setting  $c_0 = 0$  and  $\alpha = 0$  in Equation (37).

In the following simulations, we replicate the setup of an experimentally relevant uni-axial compression test in which, before the application of the load, a cylindrical sample of the hypothetical tissue under study is put in a compression chamber, situated in the inner part of the experimental apparatus. Inside the chamber, the sample is positioned between two impermeable plates, made of steel or, more generally, of a material that does not allow for adhesion bonds with the sample itself. Moreover, in the inner chamber, an apparatus circulates warm water that maintains the sample in isothermal conditions. Then, the experiment is conducted in control of displacement: the movement of the upper plate is controlled, and it exerts a prescribed compression on the tissue. At the end of the compression phase, which is when the maximum prescribed displacement is reached, the load is kept constant in order to study the relaxation of the biological tissue.

We perform the simulation of the just described unconfined compression test by solving Equations (59a)-(59c) for a cylindrical specimen of tissue over the time interval  $[t_{\text{in}}, t_{\text{fin}}] \equiv [0, t_{\text{fin}}]$ . The specimen has initial radius  $R = 1.5$  mm and initial height  $H = 1$  mm, as shown in Fig 1. Since we do not simulate the plates, boundary conditions are applied directly on the specimen's boundary, which coincides with the boundary of its reference placement,  $\partial\mathcal{B}$ , and can be partitioned as  $\partial\mathcal{B} = \Gamma_U \cup \Gamma_L \cup \Gamma_B$ , with  $\Gamma_U$ ,  $\Gamma_L$ , and  $\Gamma_B$  being the specimen's upper, lateral, and bottom surface, respectively. We recall that, since the constitutive framework has been set, the system (59a)-(59c) constitutes seven scalar equations in the seven unknowns given by the three components of the motion  $\chi$ , pore pressure  $P$ , and the three components of the material filtration velocity  $\mathbf{Q}$ .

To assign the boundary conditions, we introduce a reference frame, associated with  $\mathcal{B}$ , and having origin at the center  $X_O$  of  $\Gamma_B$ , and axes directed along the unit vectors of the triad  $\mathcal{E}_O := \{\mathbf{E}_1, \mathbf{E}_2, \mathbf{E}_3\} \subset T_{X_O}\mathcal{B}$ , in which  $\mathbf{E}_3$  identifies the axial direction of the specimen, while  $\mathbf{E}_1$  and  $\mathbf{E}_2$  span the transversal plane. We also introduce the co-normals  $N_U$ ,  $N_L$ , and  $N_B$  to  $\Gamma_U$ ,  $\Gamma_L$ , and  $\Gamma_B$ , and we notice that  $N_U$  and  $N_B$  are parallel and anti-parallel to the co-vector  $\mathbf{E}^3$  of the co-vector basis dual to  $\mathcal{E}_O$ . Hence, for every time  $t \in [0, t_{\text{fin}}]$ , the following boundary conditions represent the experimental setup illustrated above:

$$\chi^3(X, t) = \chi_U^3(X, t), \quad [T_1 N_U] \mathbf{E}_1 = 0, \quad [T_1 N_U] \mathbf{E}_2 = 0, \quad \text{on } \Gamma_U, \quad (106a)$$

$$\mathbf{Q} N_U = 0, \quad \text{on } \Gamma_U, \quad (106b)$$

$$T_1 N_L = \mathbf{0}, \quad \text{on } \Gamma_L, \quad (106c)$$

$$P = 0, \quad \text{on } \Gamma_L, \quad (106d)$$

$$\chi(X, t) = \chi_B(X, t), \quad \text{on } \Gamma_B, \quad (106e)$$

$$\mathbf{Q} N_B = 0, \quad \text{on } \Gamma_B, \quad (106f)$$

where  $\chi_U^3(X, t)$  is the time-dependent loading function, defined by<sup>31,45,120,121</sup>

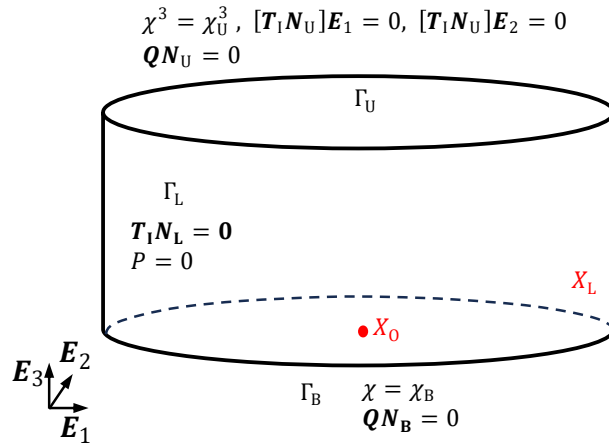
$$\chi_U^3(X, t) \equiv \chi^3(X^1, X^2, H, t) := \begin{cases} H - u_T \frac{t}{t_{\text{ramp}}}, & t \in ]0, t_{\text{ramp}}], \\ H - u_T, & t \in ]t_{\text{ramp}}, t_{\text{fin}}], \end{cases} \quad (107)$$



853 while, with a slight abuse of notation,  $\chi_B(X, t)$  is given by  $\chi_B(X, t) = (X^1, X^2, 0)$  for all  $t \in [0, t_{\text{fin}}]$ , and  
 854 for all pairs  $(X^1, X^2)$  belonging to cross section of the specimen at  $X^3 = 0$ . These prescriptions represent  
 855 the fact that a prescribed axial compression is applied onto the upper surface of the specimen, while its  
 856 bottom surface is clamped. The absolute value of the applied axial displacement  $|\chi^3(X, t) - \chi_U^3(X, t)|$   
 857 increases in time until it reaches the maximum  $u_T = 0.2$  mm at  $t = t_{\text{ramp}} = 20$  s and, afterwards, it is kept  
 858 constant until the final time of the simulated experiment  $t = t_{\text{fin}} = 50$  s.

859 The second and third conditions in Equation (106a) indicate that no tangential tractions are applied  
 860 on  $\Gamma_U$ . In addition, Equations (106c) and (106d) mean that the lateral surface of the specimen  $\Gamma_L$  is  
 861 traction-free and that the pore pressure is atmospheric. Finally, Equations (106b) and (106f) show that  
 862 the upper and lower surfaces are both insulated, so that no fluid flow may occur through them. The fluid,  
 863 however, is free to escape through the lateral surfaces of the specimen during compression.

864 A schematic representation of the cylindrical specimen and of the boundary conditions discussed above  
 865 is shown in Fig 1.



**Figure 1.** Geometry and boundary conditions for unconfined compression test

866 The prescribed initial conditions for the IBVP are

$$\chi(X, 0) = \chi_{\text{in}}(X), \quad \text{in } \mathcal{B}, \quad (108a)$$

$$P(X, 0) = 0, \quad \text{in } \mathcal{B}, \quad (108b)$$

$$\mathcal{Q}(X, 0) = \mathbf{0}, \quad \text{in } \mathcal{B}, \quad (108c)$$

867 where, again, with a slight abuse of notation, we set  $\chi_{\text{in}}(X) = (X^1, X^2, X^3)$  for all the inner point of  $\mathcal{B}$ .  
 868 We remark that, at the initial time  $t = t_{\text{in}} = 0$  s, Equations (59a)-(59c) are identically satisfied, whereas,  
 869 for  $t \in ]0, t_{\text{fin}}]$ , it is necessary to have  $\mathcal{Q}(X, t) \neq \mathbf{0}$  in order to meet the hypotheses of Dini's Theorem, as  
 870 explained in subsection "Linearization of the fractional Darcy-Forchheimer model". Hence, for coding  
 871 purposes, to avoid the explicit separation of the case  $t = 0$  s from the case  $t \in ]0, t_{\text{fin}}]$ , the initial condition  
 872 for the filtration velocity  $\mathcal{Q}$  is taken near the machine precision.

873 Under the initial and boundary conditions (106a)-(106e) and (108a)-(108c), we study the evolution of  
 874 the system for different values of the fractional order  $\alpha$ , and of the characteristic time  $t_c$  in order to observe

Parameter	Symbol	Numerical value	Unit of measure	Reference
Initial radius	$R$	1.5	mm	-
Initial height	$H$	1.0	mm	-
Referential solidity	$\Phi_s$	0.2	-	52
Reference permeability	$k_{\text{ref}}$	$1.88 \cdot 10^{-11}$	$\text{mm}^2$	45
Material parameter	$m_0$	0.0848	-	122
Material parameter	$m_1$	4.6380	-	122
First Lamé's constant	$\lambda_s$	$5.55 \cdot 10^5$	Pa	31
Second Lamé's constant	$\mu_s$	$2.22 \cdot 10^5$	Pa	31
Density fluid phase	$\rho_f$	$1 \cdot 10^3$	$\text{kg}/\text{m}^3$	52
Fluid viscosity	$\mu$	$1 \cdot 10^{-9}$	$\text{MPa} \cdot \text{s}$	-
Forchheimer's parameter	$c_0$	$1.44 \cdot 10^9$	-	-
Forchheimer's parameter	$c_1$	-5.5	-	45
Forchheimer's parameter	$c_2$	-0.5	-	45

**Table 1.** Values of the material parameters used for the numerical simulations.

875 the evolution of the flux, of the deformation, and of the stress field over time. In particular, we perform  
876 two sets of simulations: for the first one, we assign the characteristic time  $t_c = 50$  s and we let  $\alpha$  vary  
877 as  $\alpha \in \{0.0, 0.2, 0.4, 0.6, 0.8, 1.0\}$ , and, for  $\alpha = 0.0$ , we recover the non-fractional Darcy-Forchheimer  
878 model; for the second set, we take  $\alpha = 0.4$ , and we assign the characteristic time as  $t_c \in \{1 \text{ s}, 50 \text{ s}, 500 \text{ s}\}$ .  
879 With these test cases, we aim to observe the effects of the two new material constants,  $\alpha$  and  $t_c$ , related  
880 to the fractional model, on the behavior of the biphasic medium as a whole. The values of the material  
881 parameters adopted in the model are reported in Table 1.

882 The model is solved in ABAQUS<sup>®</sup> by having recourse to the subroutine “UMAT” for implementing  
883 Equation (59a), to the subroutine “UMATHHT” for implementing (59b), and by selecting the option  
884 “Fully coupled thermal-stress analysis” in order to solve simultaneously for the deformation and the pore  
885 pressure. The latter option is selected to insert the terms  $[C_{P\chi}^{\text{app}}]$  and  $[C_{\chi P}]$ , which introduce the coupling  
886 between the deformation and the pore pressure in the linearization of the fractional Forchheimer model.  
887 We remark that the “UMATHHT” subroutine, although originally meant for energy conservation, is used  
888 for implementing the mass conservation equation (59b) by using the similarity between these equations<sup>66</sup>  
889 (see Appendix A for detailed information).

890 For the simulations, C3D8T elements are used, which are 3D brick elements with three displacements  
891 and one pore pressure degree of freedom. Each element has eight integration points. The model has 23800  
892 elements and 26535 nodes. A backward time integration scheme is adopted, with constant time increment  
893 of  $\Delta t = 1$  s.

## 894 8 Results and discussion

895 In this section, we present and discuss the numerical simulations of the compression tests described in the  
896 previous section. Emphasis will be placed on commenting the memory effects introduced by fractional  
897 Forchheimer's correction (59c). Our aim is to contextualize the effects introduced by the fractional law  
898 through the comparison of the numerical simulations performed under the assumption either of Darcy's

899 law or of non-fractional Darcy-Forchheimer’s law. We will focus on the description of the filtration velocity  
 900 and on its coupling with the deformation of the solid phase, through the visualization of the system’s  
 901 evolution. In this respect, we recall that the filtration velocity is, by definition, the product of the fluid  
 902 phase volumetric fraction which, because of the hypothesis of saturation, coincides with the porosity, and  
 903 the velocity of the fluid relative to the solid. Therefore, for a specimen under compression, the filtration  
 904 velocity of the fluid is not a mere consequence of its kinematic relative to the solid, since there exists  
 905 also a direct feedback of the deformation on the fluid volumetric fraction. Indeed, under compression, it  
 906 decreases until the compaction limit, which, in turn, places a lower bound on the volumetric deformation  
 907 itself. As noticed, e.g., in<sup>30</sup>, the natural condition  $\Phi_f(X, t) = J(X, t) - \Phi_s(X) \geq 0$  yields the “*unilateral*  
 908 *constraint*”  $J(X, t) \geq \Phi_s(X)$  at all points  $X \in \mathcal{B}$  and at all times.

909 We remark that the simulated specimen consists of a hypothetical tissue, which, as anticipated  
 910 above, could refer, with some modeling adjustments, to articular cartilage, since it features a complex  
 911 microstructure that can manifest itself though memory effects<sup>80,81</sup>.

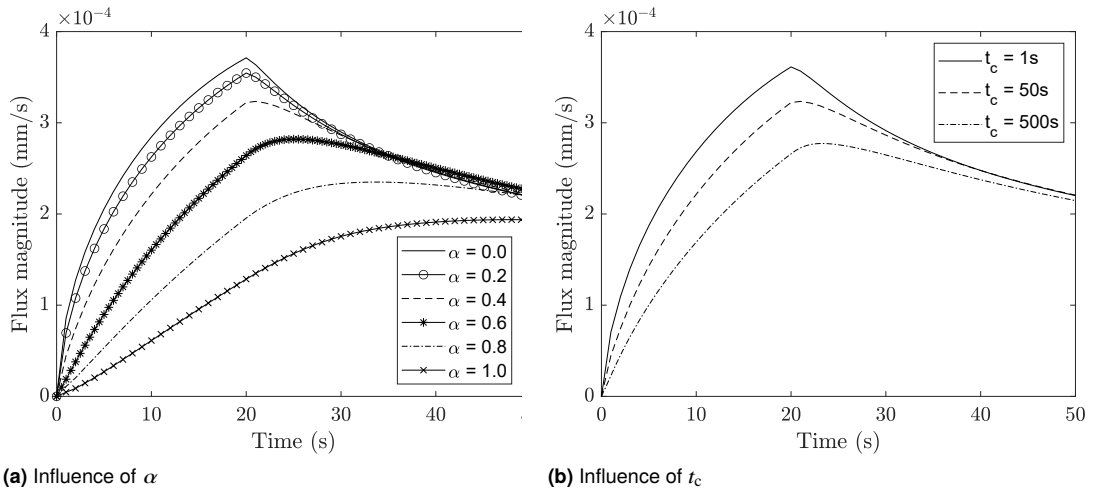
## 912 8.1 Flow through the lateral surface of the specimen

913 The magnitude of the filtration velocity is attained on a locus of points that, due to the axial symmetry  
 914 of the problem under study, coincides with the circle defined by lower edge, i.e.,  $\mathcal{E}_{BL} := \bar{\Gamma}_B \cap \bar{\Gamma}_L$ , where  
 915 the superimposed bar denotes the topological closure of the set to which it is applied. However, since  
 916 the conditions on the motion imposed on the Dirichlet nodes of the mesh lying on  $\Gamma_B$  have led to small  
 917 numerical artifacts in the computation of the filtration velocity, we study the evolution of the magnitude  
 918 of this quantity in a relatively small, stripe-shaped subset of  $\Gamma_L$ , containing  $\mathcal{E}_{BL}$ . In particular, in this  
 919 subset, we select the point of coordinates  $X_L = (1.5, 0, 0.14) \in \Gamma_L$  (dimensions are given in millimetres),  
 920 and we observe the evolution of the magnitude of the filtration velocity at this point, i.e., of  $\|\mathbf{q}(X_L, t)\|$ ,  
 921 for for different values of  $\alpha$  and  $t_c$ .

922 By computing  $\|\mathbf{q}(X_L, t)\|$  for various values of  $\alpha$  (see Figure 2), we notice that the behavior of the  
 923 filtration velocity depends noticeably on the fractional order  $\alpha$ , whereas the value of the characteristic  
 924 time scales the trend imposed by  $\alpha$ . In fact, both in the Darcy model and in the Darcy-Forchheimer  
 925 model, the maximum of  $\|\mathbf{q}(X_L, t)\|$  is registered at time  $t = t_{\text{ramp}}$  (see Figure 3). Yet, for the fractional  
 926 Forchheimer model, the maximum of  $\|\mathbf{q}(X_L, t)\|$  is observed at times larger than  $t_{\text{ramp}}$ . Moreover, by  
 927 setting  $t_{\text{max}}(\alpha) := \operatorname{argmax}_{t \in [0, t_{\text{fin}}]} \{\|\mathbf{q}_\alpha(X_L, t)\|\}$ , where  $\mathbf{q}_\alpha$  indicates the filtration velocity computed for  
 928 a given fractional order  $\alpha$ , we notice that  $t_{\text{max}}(\alpha)$  increases with  $\alpha$ . As a consequence of this behavior,  
 929 we also observe a widening of the time interval over which  $\|\mathbf{q}(X_L, t)\|$  grows monotonically in time.  
 930 This result constitutes a delay in the attainment of  $q_{\text{max}} := \max_{t \in [0, t_{\text{fin}}]} \{\|\mathbf{q}_\alpha(X_L, t)\|\}$ , and is an expected  
 931 feature of the model. Its physical interpretation could be related to the complexity of the microstructure,  
 932 which manifests itself, for instance, through the tortuosity of the pore network, or to some inertial effects  
 933 of the fluid taking place at the pore scale.

934 Because of the presence of Forchheimer’s coefficient,  $\|\mathbf{q}(X_L, t)\|$  is smaller than the one computed  
 935 with the equivalent Darcy model (i.e., same setting and same parameters, but  $\alpha = 0$  and  $c_0 = 0$ ), while  
 936 it is comparable with the one predicted by the non-fractional Darcy-Forchheimer model, although some  
 937 important differences characterize the shapes of the curves in the two cases (see Figure 2).

938 Although there are studies in the literature in which the nonlinear effects associated with standard  
 939 Forchheimer’s model have been interpreted as a correction to the “true” permeability<sup>45</sup>, the physics of the  
 940 process described by the model presented in our work is different, and such conclusions can be limiting.



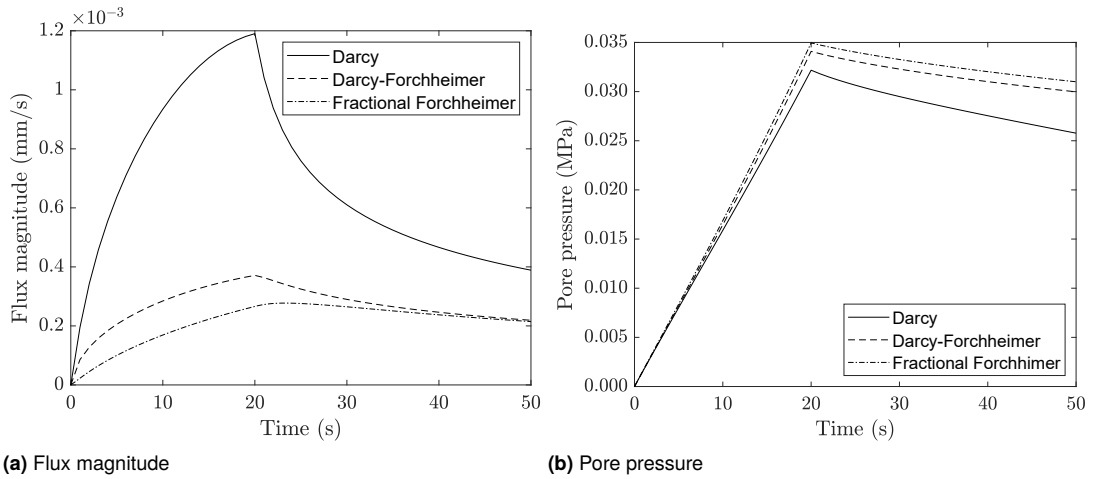
**Figure 2.** Time evolution of the Euclidean norm  $\|\mathbf{q}(X_L, t)\|$  of the filtration velocity (“flux magnitude” in the figures), evaluated at the node corresponding to the point  $X_L = (1.5, 0, 0.14) \in \Gamma_L$ , for  $\alpha = 0$  (i.e., standard Darcy-Forchheimer case) and for varying  $\alpha \in \{0.2, 0.4, 0.6, 0.8, 1.0\}$  with  $t_c = 50s$ . (left panel), and for  $t_c \in \{1s, 50s, 500s\}$  with  $\alpha = 0.4$  (right panel)

941 Indeed, the analogy with the correction of the permeability is evident only as long as we limit ourselves to  
 942 a specific time frame in which the recent history of the filtration velocity is monotonically increasing or  
 943 decreasing. In fact, if we study  $\|\mathbf{q}(X_L, t)\|$  for  $t \in ]0, T_{\text{ramp}}]$ , we notice that the flow’s history in the time  
 944 integral will affect the determination of the flux itself in a predictable way. During the loading ramp, the  
 945 efflux will grow because of the increasing compression, and it is already known that the time derivative  
 946 of the filtration velocity inside the integral of Equation (59c) is positive, so that it exerts an antagonistic  
 947 action with respect to equivalent Darcy’s velocity. In this case, the filtration velocity  $\mathbf{q}$  will be lower  
 948 than the one in the corresponding standard Darcy-Forchheimer model, i.e., under the same boundary and  
 949 initial conditions. Similarly, if we were to analyze the fluid outflow at the boundary for  $t \in ]t_*, t_{\text{fin}}]$ , with  $t_*$   
 950 sufficiently larger than  $t_{\text{ramp}}$ , since the efflux decreases in time, the effect of the time integral would have  
 951 a sympathetic effect with respect to the equivalent Darcy velocity, thereby producing results that would  
 952 be associated with higher permeability. This would mean that, depending on the history of the fluid flow,  
 953 the tissue would be more or less permeable.

954 Finally, it can be observed that, for the reasons delineated above, the increase in the fractional order  
 955 implies that the flux magnitude relaxes more slowly towards the stationary state, as it is seen in Figure 3.

## 956 8.2 Fractional effects in the central region

957 Next, we move on to analyze the dynamics of the interstitial fluid in the central region of the specimen.  
 958 As shown in Figure 4c, in the center  $X_O$  of the bottom surface  $\Gamma_B$ , the fractional Forchheimer correction  
 959 induces values of the pore pressure that are even higher than those attained with the non-fractional

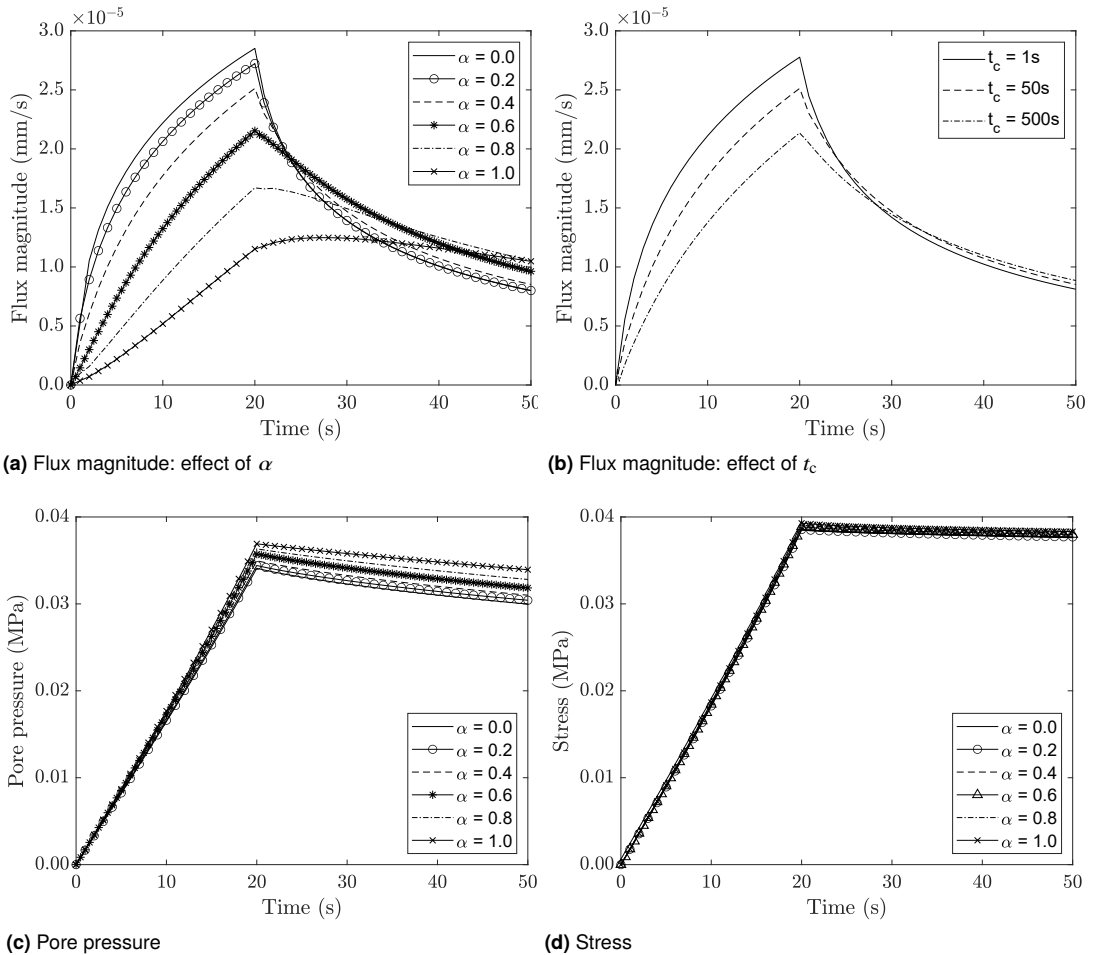


**Figure 3.** Comparison between the Darcy, the Darcy-Forchheimer and the fractional Forchheimer models of the time evolution of the Euclidean norm of the filtration velocity  $\|q(X_L, t)\|$  (“Flux magnitude” in Figure 4(a)), evaluated at the node corresponding to the point  $X_L = (1.5, 0, 0.14) \in \Gamma_L$ , and of the pore pressure  $P(X_O, t)$  (“Pore pressure” in Figure 4(b)), evaluated at the node corresponding to the point  $X_O = (0, 0, 0) \in \Gamma_B$ , located at center of the bottom surface  $\Gamma_B$ . For the simulation of the fractional Forchheimer model we selected  $\alpha = 0.4$  and  $t_c = 50$  s.

960 Forchheimer model, which, in turn, predicts values already higher than in Darcy’s model. Depending on  
 961 the tissue under investigation, this result could be interpreted, for example, either as an accumulation of  
 962 fluid in some regions of the pore network, which, because of tortuosity or other inhibitors of the hydraulic  
 963 conductivity, may act as slowly emptying “buffers”, or as the manifestation at the tissue scale of inertial  
 964 or viscous effects and fluid-solid interactions at the pore scale.

965 Figure 4 displays the magnitude, predicted by the fractional Darcy-Forchheimer model, of the fluid  
 966 radial filtration velocity evaluated at  $X_O \in \Gamma_B$ . This magnitude coincides with that of the total filtration  
 967 velocity since  $\Gamma_B$  is in contact with the lower plate, which is impermeable. We notice that, in general, the  
 968 filtration velocity of the fluid is smaller than the one obtained with the non-fractional Darcy model, i.e.,  
 969 for  $c_0 = 0$  and  $\alpha = 0$  (see Figure 3). However, during the maintenance phase of the loading history, and  
 970 in response to the value of  $\alpha$ , there exist cases in which the fluid filtration velocity is higher than the one  
 971 computed with the non-fractional Darcy-Forchheimer model (see Figure 4a). It is also interesting to note  
 972 that, in  $X_O \in \Gamma_B$ , pore pressure increases monotonically with  $\alpha$  (see Figure 4c), in spite of the transition  
 973 in the fluid dynamic behavior, which, as explained above, passes from being slower to being faster than it  
 974 would be in the non-fractional Darcy-Forchheimer case, depending on loading phase and on  $\alpha$ . Under the  
 975 steady state loading, ( $t > t_{\text{ramp}}$ ), as time goes by, the history effect decreases, and the flux comes closer  
 976 to the non-fractional model (see Figure 4a). Finally, only a very marginal impact of  $\alpha$  on normal stress is  
 977 observed (see Figure 4d).

978 If some chemical substances, like salts or drugs, were considered in our models, and if one were  
 979 interested in studying the situation in which such substances, dissolved in the fluid, are for some reason

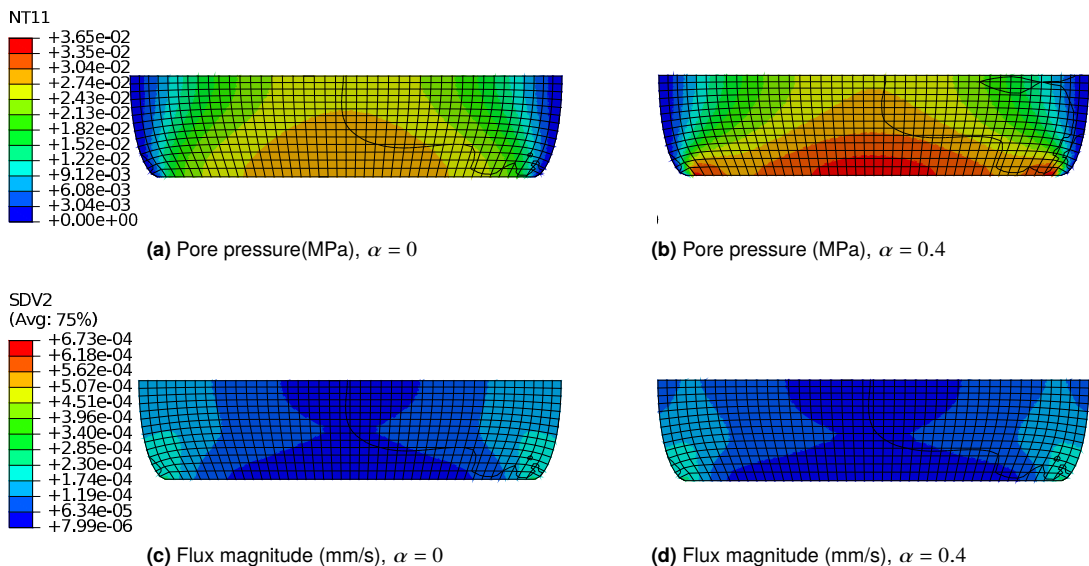


**Figure 4.** Time evolution of the Euclidean norm of the filtration velocity  $\|\mathbf{q}(X_O, t)\|$  (“flux magnitude” in Figure 3(a) and 3(b)), pore pressure  $P(X_O, t)$  (“pore pressure” in Figure 3(c)), and absolute value of the axial component of Cauchy stress,  $|\sigma_3^3(X_O, t)|$  (“Stress” in Figure 3(d)), evaluated at the node  $X_O = (0, 0, 0) \in \Gamma_B$ , located at center of the bottom surface  $\Gamma_B$  (corresponding to the origin of the given reference frame) for  $\alpha = 0$  (non-fractional Darcy-Forchheimer case) and for varying  $\alpha \in \{0.2, 0.4, 0.6, 0.8, 1.0\}$ , with characteristic time  $t_c = 50$  s (Figures 3(a), 3(c) and 3(d)), and for  $t_c \in \{1 \text{ s}, 50 \text{ s}, 500 \text{ s}\}$ , with  $\alpha = 0.4$  (Figure 3(b)).

980 concentrated in the lower region of the specimen, then the radial filtration velocity of the fluid would be  
 981 responsible for their transport towards the outer region of the specimen itself.

982 If we look at Figure 4, we notice that, for  $\alpha = 0$ , the filtration velocity tangential to  $\Gamma_B$  exhibits a much  
 983 higher variance in values with respect to the case for  $\alpha = 1$  that, instead, tends to change slowly.

984 Finally, a visual comparison between the non-fractional Forchheimer correction (which corresponds to  
 985 the case  $\alpha = 0$ ) and the fractional Forchheimer correction can be drawn by looking at Figures 5 and 6. At  
 986 the time  $t = t_{\text{ramp}}$ , we plot the spatial distributions of pore pressure, magnitude of the filtration velocity,  
 987 magnitude of the displacement field, and von Mises stress both for the non-fractional Darcy-Forchheimer  
 988 model and for the fractional Forchheimer's model with  $\alpha = 0.4$ . The plots for the pore pressure and for  
 989 the magnitude of filtration velocity confirm that the region of interest for understanding the behavior of  
 990 the fluid are the lower central region, where the overpressure area is located, and the lower lateral surface.  
 991 The effect of the fractional order  $\alpha$  on the coupling of the fluid with the solid phase is weak, since the  
 992 spatial distribution of the total deformation and von Mises stress are barely affected (Figure 6) by  $\alpha$ , and  
 993 the evolution of the normal stress on the center of the bottom surface is similar (see Figure 4d).

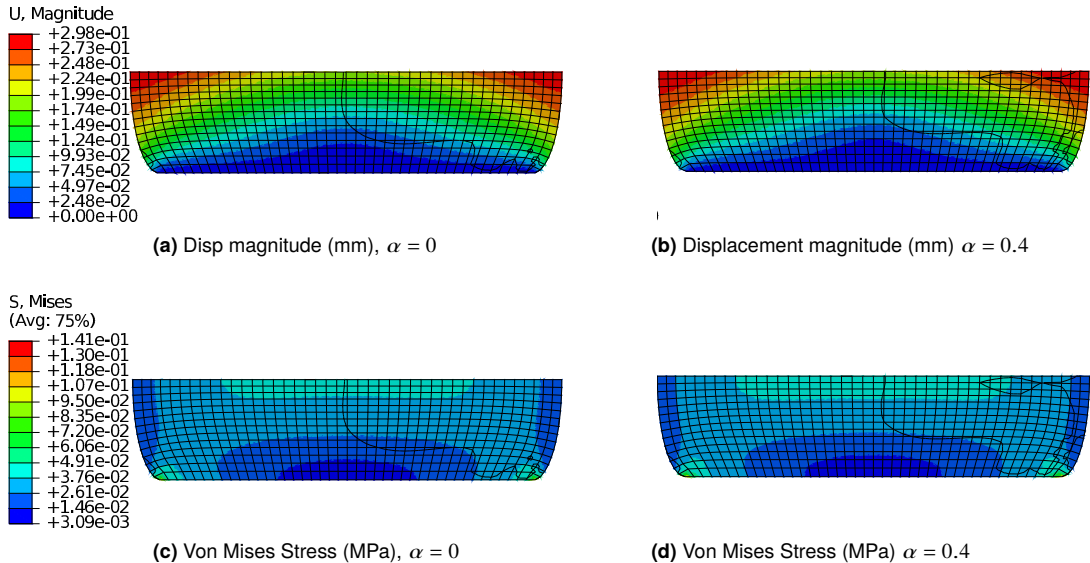


**Figure 5.** Comparison between the standard Darcy-Forchheimer model and the fractional Forchheimer model, with the choice of parameters  $\alpha = 0.4$  and  $t_c = 50$  s, at time  $t = 20$  s, of the spatial distributions of the pore pressure (Figures (5a) and (5b)) and flux magnitude (Figures (5c) and (5d)). The black solid lines in the plots represent different layers of elements of the finite element discretization

## 994 9 Conclusions

995 In this work, we have described a hypothetical biological tissue, viewed as a saturated and hydrated porous  
 996 medium, by formulating a mechanical model having the fractionalization of Forchheimer's correction to  
 997 Darcy's law in finite deformations as target. This amounts to considering the concomitant effect of two  
 998 deviations from the "classical" Darcian regime, and has been done with the purpose of studying a scenario  
 999 that may originate in a tissue with a complex microstructure, like articular cartilage, when memory effects  
 1000 have to be combined with flow velocities that do not justify Darcy's approximation. The main motivation





**Figure 6.** Comparison between the standard Darcy-Forchheimer model and the fractional Forchheimer model, with the choice of parameters  $\alpha = 0.4$  and  $t_c = 50$  s, at time  $t = 20$  s, of the spatial distributions of the displacement magnitude (Figures (6a) and (6b)) and of the von Mises stress (Figures (6c) and (6d)). The black solid lines in the plots represent different layers of elements of the finite element discretization

1001 for undertaking this study is the generalization of a class of flow models already existing in the literature,  
 1002 and aiming at describing Darcy's law with memory, to the case in which the interactions of the fluid with  
 1003 the solid matrix require to include inertial effects.

1004 This work sets the modelling framework for understanding the role of the fluid flow in the deformation  
 1005 process of biological media. With the recent development of numerical methods coupled with image  
 1006 analysis (CFD-IA, <sup>123</sup>), image-based simulation from high-resolution x-ray tomography and multiphoton  
 1007 microscopy of native meniscal tissue <sup>124,125</sup> can reveal the fluid flow at the pore scale. Ongoing work on  
 1008 FSI (fluid-structure interaction) - IA, which couples FEM and meshless fluid flow solvers (such SPH),  
 1009 will give rise to running simulation of deforming the solid and fluid phases of native tissue architecture,  
 1010 retaining the complexity of the pores' morphology. These simulations will provide the data to verify the  
 1011 model proposed here and elsewhere <sup>65</sup> as well as contribute to one of the main questions when dealing  
 1012 with fractional models, i.e., what is the relation between the fractional parameters and the architecture of  
 1013 the tissue. In other words, can we give a physical meaning to the fractional parameters?

1014 To assess what our model predicts for a very typical benchmark problem, we have solved an initial  
 1015 and boundary value problem that simulates the uni-axial compression of a cylindrical specimen of the  
 1016 hypothetical tissue under investigation, and, to this end, we have devised a numerical procedure capable of  
 1017 framing fractional and highly nonlinear flow laws within the context of finite deformation poro-elasticity,  
 1018 and we implemented it in ABAQUS<sup>®</sup>.

In spite of the fact that, by applying the fractional operator only to the filtration velocity, we have particularized the constitutive picture presented in<sup>54</sup>, our research encompasses two essential generalizations. The first one pertains to the definition of the fractional operator applied to the filtration velocity, and describes the non-linearity of the flow model related to the passage from the Darcian to the Forchheimer regime. Indeed, in Equation (53) we define a generalized Caputo derivative in which the kernel of the integral operator features the resistivity tensor  $\mathbf{r}_F(\|\mathbf{q}(\tau)\|)$  applied to the Truesdell derivative of  $\mathbf{q}$  at time  $\tau$ ,  $\mathcal{T}_s\mathbf{q}(\tau)$ . This yields a modified Cattaneo's model for the filtration velocity  $\mathbf{q}$  that weighs the evolution of  $\mathbf{q}$  by means of a resistivity coefficient that depends on  $\mathbf{q}$  itself in a non-linear way.

The second generalization is inherent to the coupling between flow and deformation. Indeed, since our approach is entirely formulated for finite deformations, it requires to employ the *correct* objective derivative for the kinematic parameter chosen to describe the filtration motion of the fluid through the deforming solid matrix. In this respect, since we have chosen the filtration velocity  $\mathbf{q}$ , which is a pseudo-vector, we have reformulated Caputo's classical fractional derivative of  $\mathbf{q}$  in such a way that the time derivative of  $\mathbf{q}$ , featuring under the integral operator in the classical definition, is replaced by its Truesdell derivative,  $\mathcal{T}_s\mathbf{q}$ . Although the use of the objective rates is well established in Continuum Mechanics, its employment in the present context makes it clear how the deformation affects such reformulation. Indeed, looking at Equation (58), the pull-back of the "modified" Caputo derivative, i.e., with  $\mathcal{T}_s\mathbf{q}$  in lieu of  $\dot{\mathbf{q}}$ , transforms it into a Caputo-type fractional derivative for  $\mathbf{Q}$ , i.e., expressed in terms of  $\dot{\mathbf{Q}}(\tau)$ , at the price of introducing  $J(t)\mathbf{F}^{-1}(t)$  and  $J^{-1}(\tau)\mathbf{F}(\tau)$  in the kernel of the corresponding integral operator: the latter defines the push-forward of  $\dot{\mathbf{Q}}(\tau)$  to the placement of the medium at time  $\tau$ , whereas the former defines the pull-back, to the reference placement, of the integral in Equation (58), which captures the whole history of the medium from  $t_{in}$  to  $t$ .

We point out that the fractional order  $\alpha$ , by analogy with Cattaneo's model<sup>126</sup>, can be interpreted as a measure of how much the history of the process influences the filtration velocity  $\mathbf{q}$ . Depending on the history, such effect can be antagonizing or sympathetic, and, in the latter case, it can lead to an outflow greater than the one obtainable in the standard Darcy-Forchheimer model under the same loading conditions. We have also observed that the introduction of the fractional law leads to a higher value of pressure in the central region with respect to the Darcy and Darcy-Forchheimer models, although we did not observe coupling effects that could alter significantly the stress state of the solid phase. To this end, we remark that different couplings could be studied by considering a different fractional law<sup>54</sup>, or by introducing remodeling effects, either structural<sup>121,127</sup> or due to growth (a fractional model of which has been recently presented in<sup>128</sup>) or due to the spatial reorientation of fibers<sup>46,119,127,129–131</sup>.

A different kind of nonlinear coupling, that we would be interested to study in the future, is the combined effect of a fractional Forchheimer's law for the flow and a fractional viscoelastic behavior of the solid phase. This approach would aim at a better characterization of the mechanical behaviour of biological tissues for which fractional models have been successful in describing the solid phase, but no fractional law has been proposed to describe the interstitial fluid.

## Conflict of Interests

The Authors declare that they have no conflict of interests.

## 1058 Authors' contributions

1059 All authors have equally contributed to this work. This work is part of a joint research project conducted in  
1060 equal measure by the authors Sachin Gunda and Alessandro Giammarini, and constitutes an intersection  
1061 of their respective PhD programs.

## 1062 Acknowledgements

1063 This work is partially supported by MIUR (Italian Ministry of Education, Universities and Research) through the PRIN  
1064 project n. 2017KL4EF3 on “*Mathematics of active materials: From mechanobiology to smart devices.*” Sachin Gunda  
1065 would like to acknowledge the financial support of the Prime Minister’s Research Fellowship (PMRF ID: 2502381),  
1066 Ministry of Education, Govt. of India, for his graduate study at the Indian Institute of Technology Madras. Sachin  
1067 Gunda would like to acknowledge the International Immersion Experience Award, Office of Global Engagement,  
1068 IIT Madras, for the financial support. Sachin Gunda and Sundararajan Natarajan acknowledge using the computing  
1069 resources at HPCE, IIT Madras.

## 1070 References

- 1071 1. Ateshian G. On the theory of reactive mixtures for modeling biological growth. *Biomechanics and Modeling*  
1072 *in Mechanobiology* 2007; 6(6): 423–445. DOI:10.1007/s10237-006-0070-x.
- 1073 2. Mansour J. *Biomechanics of cartilage*, chapter 5. 2013. pp. 69–83.
- 1074 3. Torzilli P and Mow VC. On the fundamental fluid transport mechanisms through normal and pathological  
1075 articular cartilage during function—I the formulation. *Journal of Biomechanics* 1976; 9(8): 541–552. DOI:  
1076 10.1016/0021-9290(76)90071-3.
- 1077 4. Torzilli P and Mow VC. On the fundamental fluid transport mechanisms through normal and pathological  
1078 articular cartilage during function—II. the analysis, solution and conclusions. *Journal of Biomechanics* 1976;  
1079 9(9): 587–606. DOI:10.1016/0021-9290(76)90100-7.
- 1080 5. Mow VC, Kuei SC, Lai WM et al. Biphasic creep and stress relaxation of articular cartilage in compression:  
1081 Theory and experiments. *Journal of Biomechanical Engineering* 1980; 102(1): 73–84. DOI:10.1115/1.3138202.
- 1082 6. Mow VC, Holmes MH and Lai WM. Fluid transport and mechanical properties of articular cartilage: a review.  
1083 *J Biomech* 1984; 17(5): 377–394.
- 1084 7. Holmes M and Mow V. The nonlinear characteristics of soft gels and hydrated connective tissues in ultrafiltration.  
1085 *Journal of biomechanics* 1990; 23: 1145–1156. DOI:10.1016/0021-9290(90)90007-P.
- 1086 8. Byrne H and Preziosi L. Modelling solid tumour growth using the theory of mixtures. *Mathematical Medicine*  
1087 *and Biology* 2003; 20(4): 341–366. DOI:10.1093/imammb/20.4.341.
- 1088 9. Klisch SM, Chen SS, Sah RL et al. A growth mixture theory for cartilage with application to growth-related  
1089 experiments on cartilage explants. *Journal of Biomechanical Engineering* 2003; 125(2): 169–179. DOI:  
1090 10.1115/1.1560144.
- 1091 10. Garikipati K, Arruda E, Grosh K et al. A continuum treatment of growth in biological tissue: the coupling of  
1092 mass transport and mechanics. *J Mech Phys Solids* 2004; 52: 1595–1625. DOI:10.1016/j.jmps.2004.01.004.
- 1093 11. Huyghe JM, Loon RV and Baaijens F. Fluid-solid mixtures and electrochemomechanics: the simplicity  
1094 of lagrangian mixture theory. *Computational & Applied Mathematics* 2004; 23(2-3). DOI:10.1590/  
1095 s0101-82052004000200008.

- 1096 12. Loret B and Simões F. A framework for deformation, generalized diffusion, mass transfer and growth in  
1097 multi-species multi-phase biological tissues. *Eur J Mech A* 2005; 24: 757–781. DOI:10.1016/j.euromechsol.  
1098 2005.05.005.
- 1099 13. Grillo A, Federico S and Wittum G. Growth, mass transfer, and remodeling in fiber-reinforced, multi-constituent  
1100 materials. *Int J Nonlinear Mech* 2012; 47: 388–401. DOI:10.1016/j.ijnonlinmec.2011.09.026.
- 1101 14. MAROUDAS A and BULLOUGH P. Permeability of articular cartilage. *Nature* 1968; 219(5160): 1260–1261.  
1102 DOI:10.1038/2191260a0.
- 1103 15. Guilak F. Compression-induced changes in the shape and volume of the chondrocyte nucleus. *Journal of*  
1104 *Biomechanics* 1995; 28(12): 1529–1541. DOI:10.1016/0021-9290(95)00100-x.
- 1105 16. Qiu G and Pence T. Remarks on the behavior of simple directionally reinforced incompressible non-linearly  
1106 elastic solids. *Journal of Elasticity* 1997; 49(1): 1–30. DOI:10.1023/a:1007410321319.
- 1107 17. Holzapfel G, Gasser T and Ogden R. A new constitutive framework for arterial wall mechanics and a comparative  
1108 study of material models. *J Elast* 2000; 61(1-3): 1–48.
- 1109 18. Mollenhauer J, Aurich M, Muehleman C et al. X-ray diffraction of the molecular substructure of human articular  
1110 cartilage. *Connective Tissue Research* 2003; 44(5): 201–207. DOI:10.1080/03008200390244005.
- 1111 19. Merodio J and Ogden R. Mechanical response of fiber-reinforced incompressible non-linearly elastic solids.  
1112 *Int J Nonlinear Mech* 2005; 40(2-3): 213–227. DOI:10.1016/j.ijnonlinmec.2004.05.003.
- 1113 20. Merodio J. On constitutive equations for fiber-reinforced nonlinearly viscoelastic solids. *Mechanics Research*  
1114 *Communications* 2006; 33(6): 764–770. DOI:10.1016/j.mechrescom.2006.03.009.
- 1115 21. Athanasiou KA, Darling EM and Hu JC. *Articular Cartilage Tissue Engineering*. Springer International  
1116 Publishing, 2010. DOI:10.1007/978-3-031-02578-5.
- 1117 22. Lanir Y. Constitutive equations for fibrous connective tissues. *J Biomech* 1983; 16: 1–12.
- 1118 23. Gasser T, Ogden R and Holzapfel G. Hyperelastic modelling of arterial layers with distributed collagen fibre  
1119 orientations. *J R Soc Interface* 2006; 3: 15–35. DOI:10.1098/rsif.2005.0073.
- 1120 24. Federico S and Herzog W. Towards an analytical model of soft biological tissues. *J Biomech* 2008; 41:  
1121 3309–3313. DOI:https://doi.org/10.1016/j.jbiomech.2008.05.039.
- 1122 25. Federico S and Herzog W. On the permeability of fibre-reinforced porous materials. *Int J Solids Struct* 2008;  
1123 45: 2160–2172. DOI:https://doi.org/10.1016/j.ijstr.2007.11.014.
- 1124 26. Federico S and Gasser T. Non-linear elasticity of biological tissues with statistical fibre orientation. *J R Soc*  
1125 *Interface* 2010; 7: 955–966. DOI:10.1098/rsif.2009.0502.
- 1126 27. Carfagna M and Grillo A. The spherical design algorithm in the numerical simulation of biological tissues  
1127 with statistical fibre-reinforcement. *Comput Vis Sci* 2017; 18: 157–184. DOI:10.1007/s00791-017-0278-6.
- 1128 28. Holzapfel G and Ogden R. On fiber dispersion models: Exclusion of compressed fibers and spurious model  
1129 comparisons. *J Elast* 2017; 129(1-2): 49–68. DOI:10.1007/s10659-016-9605-2.
- 1130 29. Holzapfel G, Ogden R and Sherifova S. On fibre dispersion modelling of soft biological tissues: a review. *Proc*  
1131 *R Soc A* 2019; 475(2224): 1–22. DOI:https://doi.org/10.1098/rspa.2018.0736.
- 1132 30. Federico S and Grillo A. Elasticity and permeability of porous fibre-reinforced materials under large  
1133 deformations. *Mech Mater* 2012; 44: 58–71. DOI:10.1016/j.mechmat.2011.07.010.
- 1134 31. Tomic A, Grillo A and Federico S. Poroelastic materials reinforced by statistically oriented fibres —  
1135 numerical implementation and application to articular cartilage. *IMA J Appl Math* 2014; 79: 1027–1059.  
1136 DOI:10.1093/imamat/hxu039.
- 1137 32. Quinn T, Dierickx P and Grodzinsky A. Glycosaminoglycan network geometry may contribute to anisotropic  
1138 hydraulic permeability in cartilage under compression. *Journal of Biomechanics* 2001; 34(11): 1483–1490.

- 1139 DOI:10.1016/s0021-9290(01)00103-8.
- 1140 33. Ateshian G and Weiss J. Anisotropic hydraulic permeability under finite deformation. *J Biomech Engng* 2010;  
1141 132: 111004–1–111004–7. DOI:10.1115/1.4002588.
- 1142 34. Holzapfel GA and Ogden RW. Constitutive modelling of arteries. *Proceedings of the Royal Society A:*  
1143 *Mathematical, Physical and Engineering Sciences* 2010; 466(2118): 1551–1597. DOI:10.1098/rspa.2010.0058.
- 1144 35. Pierce DM, Ricken T and Holzapfel GA. A hyperelastic biphasic fibre-reinforced model of articular  
1145 cartilage considering distributed collagen fibre orientations: continuum basis, computational aspects and  
1146 applications. *Computer Methods in Biomechanics and Biomedical Engineering* 2013; 16(12): 1344–1361.  
1147 DOI:10.1080/10255842.2012.670854.
- 1148 36. Holzapfel GA, Niestrawska JA, Ogden RW et al. Modelling non-symmetric collagen fibre dispersion in arterial  
1149 walls. *Journal of The Royal Society Interface* 2015; 12(106): 20150188. DOI:10.1098/rsif.2015.0188.
- 1150 37. Holzapfel GA and Ogden RW. On the tension–compression switch in soft fibrous solids. *European Journal of*  
1151 *Mechanics - A/Solids* 2015; 49: 561–569. DOI:10.1016/j.euromechsol.2014.09.005.
- 1152 38. Hashlamoun K, Grillo A and Federico S. Efficient evaluation of the material response of tissues reinforced by  
1153 statistically oriented fibres. *Z Angew Math Phys* 2016; 67: 113–145. DOI:10.1007/s10237-006-0049-7.
- 1154 39. Li K, Ogden R and Holzapfel G. Computational method for excluding fibers under compression in modeling  
1155 soft fibrous solids. *Eur J Mech A/Solids* 2016; 57: 178–193. DOI:10.1016/j.euromechsol.2015.11.003.
- 1156 40. Gizzi A, Pandolfi A and Vasta M. A generalized statistical approach for modeling fiber-reinforced materials.  
1157 *Journal of Engineering Mathematics* 2017; 109(1): 211–226. DOI:10.1007/s10665-017-9943-5.
- 1158 41. Holzapfel GA and Ogden RW. A damage model for collagen fibres with an application to collagenous soft  
1159 tissues. *Proceedings of the Royal Society A: Mathematical, Physical and Engineering Sciences* 2020; 476(2236).  
1160 DOI:10.1098/rspa.2019.0821.
- 1161 42. Federico S and Grillo A. Erratum to: Poroelastic materials reinforced by statistically oriented fibres - numerical  
1162 implementation and application to articular cartilage. *IMA Journal of Applied Mathematics* 2014; 80(1):  
1163 233–234. DOI:10.1093/imamat/hxu059.
- 1164 43. Mow VC, Ratcliffe A and Poole AR. Cartilage and diarthrodial joints as paradigms for hierarchical materials  
1165 and structures. *Biomaterials* 1992; 13(2): 67–97. DOI:10.1016/0142-9612(92)90001-5.
- 1166 44. Han SK, Federico S, Grillo A et al. The mechanical behaviour of chondrocytes predicted with a micro-  
1167 structural model of articular cartilage. *Biomechanics and Modeling in Mechanobiology* 2006; 6(3): 139–150.  
1168 DOI:10.1007/s10237-006-0016-3.
- 1169 45. Grillo A, Carfagna M and Federico S. Non-Darcian flow in fibre-reinforced biological tissues. *Meccanica*  
1170 2017; 52: 3299–3320. DOI:10.1007/s11012-017-0679-0.
- 1171 46. Di Stefano S, Carfagna M, Knodel MM et al. Anelastic reorganisation of fibre-reinforced biological tissues.  
1172 *Computing and Visualization in Science* 2019; 20(3-6): 95–109. DOI:10.1007/s00791-019-00313-1.
- 1173 47. Alaimo G, Piccolo V, Cutolo A et al. A fractional order theory of poroelasticity. *Mechanics Research*  
1174 *Communications* 2019; 100: 103395. DOI:10.1016/j.mechrescom.2019.103395.
- 1175 48. Hassanizadeh S. Derivation of basic equations of mass transp. porous med., part 2. generalized Darcy's and  
1176 Fick's laws. *Adv Water Resour* 1986; 9: 207–222.
- 1177 49. Bear J and Bachmat Y. *Introduction to Modeling of Transport Phenomena in Porous Media*. Kluwer, Dordrecht,  
1178 1990.
- 1179 50. Bennethum L, Murad M and Cushman J. Macroscale thermodynamics and the chemical potential for swelling  
1180 porous media. *Transport in Porous Media* 2000; 39(2): 187–225. DOI:10.1023/a:1006661330427.

- 1181 51. Khaled AR and Vafai K. The role of porous media in modeling flow and heat transfer in biological tissues.  
1182 *International Journal of Heat and Mass Transfer* 2003; 46(26): 4989–5003. DOI:10.1016/s0017-9310(03)  
1183 00301-6.
- 1184 52. Grillo A, Carfagna M and Federico S. The Darcy-Forchheimer law for modelling fluid flow in biological tissues.  
1185 *Theoretical and Applied Mechanics (TEOPM7)* 2014; 41(4): 283–322.
- 1186 53. Thauvin F and Mohanty KK. Network modeling of non-darcy flow through porous media. *Transport in Porous*  
1187 *Media* 1998; 31(1): 19–37. DOI:10.1023/a:1006558926606.
- 1188 54. Deseri L and Zingales M. A mechanical picture of fractional-order Darcy equation. *Communications in*  
1189 *Nonlinear Science and Numerical Simulation* 2015; 20(3): 940–949. DOI:10.1016/j.cnsns.2014.06.021.
- 1190 55. Jang J and Chen J. Variable porosity and thermal dispersion effects on vortex instability of a horizontal  
1191 natural convection flow in a saturated porous medium. *Wärme- und Stoffübertragung* 1994; 29. DOI:  
1192 doi.org/10.1007/BF01548599.
- 1193 56. Bulle R, Alotta G, Marchiori G et al. The human meniscus behaves as a functionally graded fractional porous  
1194 medium under confined compression conditions. *Applied Sciences* 2021; 11(20). DOI:10.3390/app11209405.
- 1195 57. Abd AEGE and Milczarek JJ. Neutron radiography study of water absorption in porous building materials:  
1196 anomalous diffusion analysis. *Journal of Physics D, Applied Physics* 2004; 37. DOI:10.1088/0022-3727/37/  
1197 16/013.
- 1198 58. Ramos N, Delgado JM and de Freitas V. Anomalous diffusion during water absorption in porous building  
1199 materials – experimental evidence. In *Diffusion in Solids and Liquids III, Defect and Diffusion Forum*, volume  
1200 273. Trans Tech Publications Ltd, pp. 156–161. DOI:10.4028/www.scientific.net/DDF.273-276.156.
- 1201 59. Küntz M and Lavallée P. Experimental evidence and theoretical analysis of anomalous diffusion during water  
1202 infiltration in porous building materials. *Journal of Physics D: Applied Physics* 2001; 34(16): 2547–2554.  
1203 DOI:10.1088/0022-3727/34/16/322.
- 1204 60. de Azevedo EN, da Silva DV, de Souza RE et al. Water ingress in y-type zeolite: Anomalous moisture-dependent  
1205 transport diffusivity. *Phys Rev E* 2006; 74: 041108. DOI:10.1103/PhysRevE.74.041108.
- 1206 61. Iaffaldano G, Caputo M and Martino S. Experimental and theoretical memory diffusion of water in sand.  
1207 *Hydrology and Earth System Sciences* 2005; 10: 93–100. DOI:10.5194/hessd-2-1329-2005.
- 1208 62. Caputo M. Models of flux in porous media with memory. *Water Resources Research* 2000; 36(3): 693–705.  
1209 DOI:10.1029/1999wr900299.
- 1210 63. Meerschaert M, Mortensen J and Wheatcraft S. Fractional vector calculus for fractional advection-diffusion.  
1211 *Physica A: Statistical Mechanics and its Applications* 2006; 367: 181–190. DOI:10.1016/j.physa.2005.11.015.
- 1212 64. Sapora A, Cornetti P, Chiaia B et al. Nonlocal diffusion in porous media: A spatial fractional approach. *Journal*  
1213 *of Engineering Mechanics* 2016; 143: D4016007. DOI:10.1061/(ASCE)EM.1943-7889.0001105.
- 1214 65. Gunda S, Natarajan S and Barrera O. On the fractional transversely isotropic functionally graded nature of  
1215 soft biological tissues: Application to the meniscal tissue. *Journal of the Mechanical Behavior of Biomedical*  
1216 *Materials* 2023; 143: 105855.
- 1217 66. Barrera O. A unified modelling and simulation for coupled anomalous transport in porous media and its finite  
1218 element implementation. *Computational Mechanics* 2021; 68: 1267–1282.
- 1219 67. Caputo M and Plastino W. Diffusion in porous layers with memory. *Geophysical Journal International* 2004;  
1220 158(1): 385–396. DOI:10.1111/j.1365-246x.2004.02290.x.
- 1221 68. Uzuner S, Li L, Kucuk S et al. Changes in knee joint mechanics after medial meniscectomy determined with a  
1222 poromechanical model. *Journal of Biomechanical Engineering* 2020; 142(10). DOI:10.1115/1.4047343.

- 1223 69. Amiri F, Bologna E, Nuzzo G et al. Fractional-order poromechanics for a fully saturated biological tissue:  
1224 Biomechanics of meniscus. *International Journal for Numerical Methods in Biomedical Engineering* 2023;  
1225 DOI:10.1002/cnm.3732.
- 1226 70. Nutting P. A new general law of deformation. *Journal of the Franklin Institute* 1921; 191(5): 679–685.  
1227 DOI:10.1016/s0016-0032(21)90171-6.
- 1228 71. Carpinteri A and Mainardi F (eds.) *Fractals and Fractional Calculus in Continuum Mechanics*. Springer  
1229 Vienna, 1997. ISBN 321182913X.
- 1230 72. Paola MD, Pirrotta A and Valenza A. Visco-elastic behavior through fractional calculus: An easier  
1231 method for best fitting experimental results. *Mechanics of Materials* 2011; 43(12): 799–806. DOI:  
1232 10.1016/j.mechmat.2011.08.016.
- 1233 73. Ionescu C, Lopes A, Copot D et al. The role of fractional calculus in modeling biological phenomena:  
1234 A review. *Communications in Nonlinear Science and Numerical Simulation* 2017; 51: 141–159. DOI:  
1235 10.1016/j.cnsns.2017.04.001.
- 1236 74. Maes JA and Donahue TH. Time dependent properties of bovine meniscal attachments: Stress relaxation and  
1237 creep. *Journal of Biomechanics* 2006; 39(16): 3055–3061. DOI:10.1016/j.jbiomech.2005.09.025.
- 1238 75. Camarda L, Bologna E, Pavan D et al. Posterior meniscal root repair: a biomechanical comparison  
1239 between human and porcine menisci. *Muscle Ligaments and Tendons Journal* 2019; 09(01): 76. DOI:  
1240 10.32098/mltj.01.2019.03.
- 1241 76. Bologna E, Paola MD, Dayal K et al. Fractional-order nonlinear hereditariness of tendons and ligaments of  
1242 the human knee. *Philosophical Transactions of the Royal Society A: Mathematical, Physical and Engineering  
1243 Sciences* 2020; 378(2172): 20190294. DOI:10.1098/rsta.2019.0294.
- 1244 77. Norberg C, Filippone G, Andreopoulos F et al. Viscoelastic and equilibrium shear properties of human  
1245 meniscus: Relationships with tissue structure and composition. *Journal of Biomechanics* 2021; 120: 110343.  
1246 DOI:10.1016/j.jbiomech.2021.110343.
- 1247 78. Aspden RM and Hukins DW. Collagen organization in articular cartilage, determined by x-ray diffraction, and  
1248 its relationship to tissue function. *Proceedings of the Royal Society of London Series B Biological Sciences*  
1249 1981; 212(1188): 299–304. DOI:10.1098/rspb.1981.0040.
- 1250 79. Pajerski J. Nonlinear biphasic microstructural numerical analysis of articular cartilage and chondrocytes. *MSc  
1251 Thesis* 2010; .
- 1252 80. Magin RL and Royston TJ. Fractional-order elastic models of cartilage: A multi-scale approach.  
1253 *Communications in Nonlinear Science and Numerical Simulation* 2010; 15(3): 657–664. DOI:10.1016/j.  
1254 cnsns.2009.05.008.
- 1255 81. Smyth PA and Green I. Fractional calculus model of articular cartilage based on experimental stress-relaxation.  
1256 *Mechanics of Time-Dependent Materials* 2015; 19(2): 209–228. DOI:10.1007/s11043-015-9260-1.
- 1257 82. Quiligotti S. On bulk growth mechanics of solid-fluid mixtures: kinematics and invariance requirements.  
1258 *Theoret Appl Mech* 2002; 28-29: 277–288.
- 1259 83. Quiligotti S, Maugin G and F dell’Isola. An eshelbian approach to the nonlinear mechanics of constrained  
1260 solid-fluid mixtures. *Acta Mech* 2003; 160: 45–60. DOI:10.1007/s00707-002-0968-z.
- 1261 84. Grillo A, Gualy A, Giverso C et al. Non-linear model for compression tests on articular cartilage. *Journal of  
1262 Biomechanical Engineering* 2015; 137(7). DOI:10.1115/1.4030310.
- 1263 85. Holzapfel G and Gasser T. A viscoelastic model for fiber-reinforced composites at finite strains: continuum  
1264 basis, computational aspects and applications. *Mech Res Commun* 2002; 29: 477–483. DOI:https://doi.org/10.  
1265 1016/S0045-7825(00)00323-6.



- 1266 86. Hassanizadeh M and Gray WG. General conservation equations for multi-phase systems: 1. averaging procedure.  
1267 *Advances in Water Resources* 1979; 2: 131–144. DOI:10.1016/0309-1708(79)90025-3.
- 1268 87. Hassanizadeh SM. Derivation of basic equations of mass transport in porous media, part I. macroscopic balance  
1269 laws. *Advances in Water Resources* 1986; 9(4): 196–206. DOI:10.1016/0309-1708(86)90024-2.
- 1270 88. Bennethum L and Giorgi T. Generalized Forchheimer equation for two-phase flow based on hybrid mixture  
1271 theory. *Transport in Porous Media* 1997; 26: 261–275.
- 1272 89. Köpf M, Corinth C, Haferkamp O et al. Anomalous diffusion of water in biological tissues. *Biophysical Journal*  
1273 1996; 70(6): 2950–2958. DOI:10.1016/s0006-3495(96)79865-x.
- 1274 90. Özarlan E, Basser PJ, Shepherd TM et al. Observation of anomalous diffusion in excised tissue by characterizing  
1275 the diffusion-time dependence of the MR signal. *Journal of Magnetic Resonance* 2006; 183(2): 315–323. DOI:  
1276 10.1016/j.jmr.2006.08.009.
- 1277 91. Magin RL, Abdullah O, Baleanu D et al. Anomalous diffusion expressed through fractional order differential  
1278 operators in the bloch–torrey equation. *Journal of Magnetic Resonance* 2008; 190(2): 255–270. DOI:  
1279 10.1016/j.jmr.2007.11.007.
- 1280 92. Magin RL, Ingo C, Colon-Perez L et al. Characterization of anomalous diffusion in porous biological tissues  
1281 using fractional order derivatives and entropy. *Microporous and Mesoporous Materials* 2013; 178: 39–43.  
1282 DOI:10.1016/j.micromeso.2013.02.054.
- 1283 93. Magin RL, Li W, Velasco MP et al. Anomalous NMR relaxation in cartilage matrix components and  
1284 native cartilage: Fractional-order models. *Journal of Magnetic Resonance* 2011; 210(2): 184–191. DOI:  
1285 10.1016/j.jmr.2011.03.006.
- 1286 94. Federico S and Herzog W. On the anisotropy and inhomogeneity of permeability in articular cartilage. *Biomech*  
1287 *Model Mechanobiol* 2008; 7: 367–378. DOI:10.1007/s10237-007-0091-0.
- 1288 95. Marsden J and Hughes T. *Mathematical Foundations of Elasticity*. Dover Publications, Inc., Mineola, New  
1289 York, 1983.
- 1290 96. Federico S, Grillo A and Segev R. Material description of fluxes in terms of differential forms. *Continuum*  
1291 *Mechanics and Thermodynamics* 2015; 28(1-2): 379–390. DOI:10.1007/s00161-015-0437-2.
- 1292 97. Grillo A, Giverso C, Favino M et al. Mass transport in porous media with variable mass. In *Advanced Structured*  
1293 *Materials*. Springer Berlin Heidelberg, 2012. pp. 27–61. DOI:10.1007/978-3-642-30532-0\_2.
- 1294 98. Bonet J and Wood R. *Nonlinear Continuum Mechanics for Finite Element Analysis*. Cambridge University  
1295 Press, New York, 2008.
- 1296 99. Hassanizadeh SM and Leijnse A. A non-linear theory of high-concentration-gradient dispersion in porous  
1297 media. *Advances in Water Resources* 1995; 18(4): 203–215. DOI:10.1016/0309-1708(95)00012-8.
- 1298 100. Liu I. Method of lagrange multipliers for exploitation of the entropy principle. *Archive Rational Mech Anal*  
1299 1972; 46: 131–148.
- 1300 101. Ateshian G and Humphrey J. Continuum mixture models of biological growth and remodeling: Past  
1301 successes and future opportunities. *Annual Review of Biomedical Engineering* 2012; 14(1): 97–111. DOI:  
1302 10.1146/annurev-bioeng-071910-124726.
- 1303 102. Sanchez-Palencia E. Homogenization method for the study of composite media. In *Lecture Notes in*  
1304 *Mathematics*. Springer Berlin Heidelberg, 1983. pp. 192–214. DOI:10.1007/bfb0062368.
- 1305 103. Cioranescu D and Donato P. *An Introduction to Homogenization*, volume 17. Oxford University Press, 1999.
- 1306 104. Penta R, Ambrosi D and Shipley RJ. Effective governing equations for poroelastic growing media. *The*  
1307 *Quarterly Journal of Mechanics and Applied Mathematics* 2014; 67(1): 69–91. DOI:10.1093/qjmam/hbt024.

- 1308 105. Whitaker S. The forchheimer equation: A theoretical development. *Transport in Porous Media* 1996; 25(1):  
1309 27–61. DOI:10.1007/bf00141261.
- 1310 106. Grillo A, Logashenko D, Stichel S et al. Forchheimer’s correction in modelling flow and transport in fractured  
1311 porous media. *Computing and Visualization in Science* 2012; 15: 169–190.
- 1312 107. Tek M, Coats K and Katz D. The effect of turbulence on flow of natural gas through porous reservoirs. *Journal*  
1313 *of Petroleum Technology* 1962; 14(07): 799–806. DOI:10.2118/147-pa.
- 1314 108. Geertsma J. Estimating the coefficient of inertial resistance in fluid flow through porous media. *Society of*  
1315 *Petroleum Engineers Journal* 1974; 14(05): 445–450. DOI:10.2118/4706-pa.
- 1316 109. Wang X, Thauvin F and Mohanty K. Non-darcy flow through anisotropic porous media. *Chemical Engineering*  
1317 *Science* 1999; 54(12): 1859–1869. DOI:10.1016/s0009-2509(99)00018-4.
- 1318 110. Federico S. The truesdell rate in continuum mechanics. *Zeitschrift für angewandte Mathematik und Physik*  
1319 2022; 73(3). DOI:10.1007/s00033-022-01738-4.
- 1320 111. Atanacković T, Konjik S, Oparnica L et al. The cattaneo type space-time fractional heat conduction equation.  
1321 *Continuum Mechanics and Thermodynamics* 2011; 24(4-6): 293–311. DOI:10.1007/s00161-011-0199-4.
- 1322 112. Želi V and Zorica D. Analytical and numerical treatment of the heat conduction equation obtained via time-  
1323 fractional distributed-order heat conduction law. *Physica A: Statistical Mechanics and its Applications* 2018;  
1324 492: 2316–2335. DOI:10.1016/j.physa.2017.11.150.
- 1325 113. Eringen A. *Mechanics of continua 2nd edition*. Robert E. Krieger Publishing Company, 1980.
- 1326 114. Podlubny I. *Fractional Differential Equations: An Introduction to Fractional Derivatives, Fractional Differential*  
1327 *Equations, to Methods of Their Solution and Some of Their Applications (ISSN Book 198)*. Academic Press,  
1328 1998. ISBN 9780080531984.
- 1329 115. Grillo A, Prohl R and Wittum G. A poroplastic model of structural reorganisation in porous media of  
1330 biomechanical interest. *Continuum Mech Therm* 2016; 28: 579–601. DOI:10.1007/s00161-015-0465-y.
- 1331 116. Grillo A, Prohl R and Wittum G. A generalised algorithm for anelastic processes in elastoplasticity and  
1332 biomechanics. *Math Mech Solids* 2017; 22(3): 502–527. DOI:10.1177/1081286515598661.
- 1333 117. Simo J and Hughes T. *Computational Inelasticity*. Springer, New York, 1998.
- 1334 118. *Abaqus 6.11 Theory Manual*. United States: Dassault Systèmes Simulia Corp, 2011.
- 1335 119. Knodel M, Di Stefano S, Nägele A et al. An efficient algorithm for biomechanical problems based on  
1336 a fully implicit nested newton solver. *Theoretical and Applied Mechanics* 2022; 49(2): 183–221. DOI:  
1337 10.2298/tam221115012k.
- 1338 120. Givero C, Stefano SD, Grillo A et al. A three dimensional model of multicellular aggregate compression. *Soft*  
1339 *Matter* 2019; 15(48): 10005–10019. DOI:10.1039/c9sm01628g.
- 1340 121. Di Stefano S, Giammarini A, Givero C et al. An elasto-plastic biphasic model of the compression of  
1341 multicellular aggregates: the influence of fluid on stress and deformation. *Z Angew Math Phys* 2022; 73:  
1342 79–118. DOI:https://doi.org/10.1007/s00033-022-01692-1.
- 1343 122. Holmes MH. Finite deformation of soft tissue: Analysis of a mixture model in uni-axial compression. *Journal*  
1344 *of Biomechanical Engineering* 1986; 108(4): 372–381. DOI:10.1115/1.3138633.
- 1345 123. Waghorne J, Bonomo F, Rabbani A et al. On the characteristics of natural hydraulic dampers: An image-based  
1346 approach to study the fluid flow behaviour inside the human meniscal tissue. *arXiv preprint arXiv:230713060*,  
1347 *Acta Biomaterialia, under review* 2023; .
- 1348 124. Agustoni G, Maritz J, Kennedy J et al. High resolution micro-computed tomography reveals a network of  
1349 collagen channels in the body region of the knee meniscus. *Annals of Biomedical Engineering* 2021; 49:  
1350 2273–2281.

- 1351 125. Vetri V, Dragnevski K, Tkaczyk M et al. Advanced microscopy analysis of the micro-nanoscale architecture of  
 1352 human menisci. *Scientific Reports* 2019; 9(1): 18732.
- 1353 126. Compte A and Metzler R. The generalized cattaneo equation for the description of anomalous transport  
 1354 processes. *Journal of Physics A: Mathematical and General* 1997; 30(21): 7277–7289. DOI:10.1088/  
 1355 0305-4470/30/21/006.
- 1356 127. Crevacore E, Di Stefano S and Grillo A. Coupling among deformation, fluid flow, structural reorganisation  
 1357 and fibre reorientation in fibre-reinforced, transversely isotropic biological tissues. *International Journal of*  
 1358 *Nonlinear Mechanics* 2019; 111: 1–13. DOI:https://doi.org/10.1016/j.ijnonlinmec.2018.08.022.
- 1359 128. Ramírez-Torres A, Di Stefano S and Grillo A. Influence of non-local diffusion in avascular tumour growth.  
 1360 *Mathematics and Mechanics of Solids* 2021; 26(9): 1264–1293. DOI:10.1177/1081286520975086.
- 1361 129. Driessen N, Peters G, Huyghe J et al. Remodelling of continuously distributed collagen fibres in soft connective  
 1362 tissues. *J Biomech* 2003; 36: 1151–1158. DOI:10.1016/S0021-9290(03)00082-4.
- 1363 130. Driessen N, Wilson W, Bouten C et al. A computational model for collagen fibre remodelling in the arterial  
 1364 wall. *J Theor Biol* 2004; 226: 53–64. DOI:10.1016/j.jtbi.2003.08.004.
- 1365 131. Olsson T and Klarbring A. Residual stresses in soft tissue as a consequence of growth and remodeling:  
 1366 application to an arterial geometry. *Eur J Mech A* 2008; 27(6): 959–974. DOI:10.1016/j.euromechsol.2007.12.  
 1367 006.
- 1368 132. Barrera O, Tarleton E, Tang H et al. Modelling the coupling between hydrogen diffusion and the mechanical  
 1369 behaviour of metals. *Computational Materials Science* 2016; 122: 219–228.
- 1370 133. Sreejith P, Srikanth K, Kannan K et al. A thermodynamic framework for additive manufacturing of crystallizing  
 1371 polymers, part ii: Simulation of the printing of a stent. *International Journal of Engineering Science* 2023;  
 1372 184: 103790.
- 1373 134. Smith M. *Abaqus 6.11 User Subroutines Reference Manual*. United States: Dassault Systèmes Simulia Corp,  
 1374 2015.

## 1375 Appendix

1376 Equations (69a)-(69a) are solved within ABAQUS<sup>®</sup> by using some formal analogies among  
 1377 thermoelasticity, poroelasticity and mass diffusion and by having recourse to the user subroutines  
 1378 “UMAT” and “UMATHHT” in the same fashion as<sup>65,66,132,133</sup>. ABAQUS<sup>™</sup> “UMATHHT” solves the energy  
 1379 conservation equation (111). This is similar to the weak form of the mass conservation Equation (69b) that  
 1380 can be written as follows. Integration is taken over the reference placement  $\mathcal{B}$ , here assumed to coincide  
 1381 with medium’s initial placement, i.e.,

$$- \int_{\mathcal{B}} \frac{J_m - J_{m-1}}{\Delta t_m} P_v + \int_{\mathcal{B}} \mathbf{Q}_m \text{Grad} P_v - \int_{\partial_{\mathbf{N}}^P \mathcal{B}} (\mathbf{Q}_m \mathbf{N}) P_v = 0. \quad (109)$$

1382 By converting the integrals in Equation (109) to the current placement  $V$ , Equation (109) transforms into

$$- \int_{\mathcal{B}_t} \frac{1}{\Delta t_m} \left[ \left( \frac{J_m - J_{m-1}}{J_m} \right) \circ (\Xi, \mathbf{t}) \right] p_v + \int_{\mathcal{B}_t} \mathbf{q}_m \text{grad} p_v - \int_{\partial_{\mathbf{N}}^P \mathcal{B}_t} (\mathbf{q}_m \mathbf{n}) p_v = 0, \quad (110)$$

1383 whereas the weak form of the energy balance equation given in ABAQUS<sup>®</sup> reference manual<sup>134</sup> reads

$$\underbrace{\frac{1}{\Delta t} \int_V \delta \theta \rho (U_{t+\Delta t} - U_t) dV}_0 = \int_V \delta g \cdot \underbrace{\mathbf{f}}_{\mathbf{q}_m} dV + \int_S \delta \theta \underbrace{q}_{-\mathbf{q}_m \mathbf{n}} dS + \int_V \delta \theta \underbrace{r}_{-\frac{J_m - J_{m-1}}{J_m \Delta t_m} \circ (\Xi, t)} dV, \quad (111)$$

1384 where  $\delta \theta$  is a virtual variation of temperature, and, thus, plays the role of  $p_v$ , while  $\delta g$  stands for the spatial  
 1385 gradient of  $\delta \theta$ , and corresponds to our  $\text{grad } p_v$ . Further equivalences between the variables featuring in  
 1386 Equations (110) and (111) are made for making “UMATHHT” suitable for solving Equation (59b) and  
 1387 (59c). The correspondences are as follows: the temperature  $\theta$  of “UMATHHT” is pore pressure  $p$  (and, thus,  
 1388 to  $P \circ (\chi, \mathcal{T})$ ); rate of heat generation is the rate of volumetric deformation, so that  $r$  corresponds to  
 1389  $-((J_m - J_{m-1})/(J_m \Delta t_m)) \circ (\Xi, t)$ ; the heat flux  $\mathbf{f}$  corresponds to the filtration velocity  $\mathbf{q}_m$ ; the density  $\rho$   
 1390 introduced in “UMATHHT” is set equal to zero.

1391 The pseudo-code for the implementation of our equations in ABAQUS<sup>®</sup> is provided in Algorithm  
 1392 1. Within “UMATHHT”, the filtration velocity is solved from Equation (59c) by using the methodology  
 1393 explained in subsection 6.2. Variations of flux with respect to the gradient of pore pressure are calculated  
 1394 according to Equation (101). The information of the gradient required for calculating the filtration velocity  
 1395 through Equation (67) is passed to “UMATHHT” from “UMAT” by storing it among global variables. The  
 1396 terms that are calculated in “UMATHHT” required as output to ABAQUS<sup>®</sup> are given as

$$FLUX \text{ (see (104))} : \mathbf{q}_m^{k-1} = \frac{1}{J_m^{k-1}} \mathbf{F}_m^{k-1} \mathbf{Q}_m^{k-1}, \quad (112a)$$

$$DFDG \text{ (see (101))} : \mathfrak{g}_m^{k-1} := \frac{1}{J_m^{k-1}} \mathbf{F}_m^{k-1} \left[ \frac{\partial \mathbf{Z}}{\partial \mathbf{Q}_m} (\#_m^{k-1}) \right]^{-1} \left[ \frac{\partial \mathbf{Z}}{\partial \text{Grad } P_m} (\#_m^{k-1}) \right] [\mathbf{F}_m^{k-1}]^T. \quad (112b)$$

1397 The subroutine “UMAT” is used to solve the balance of linear momentum, and to define the coupling  
 1398 terms. The Neo-Hookean potential energy density is stated in Equation (82), and the *consistent Jacobian*  
 1399 *matrix* given in Equation (89) can be written for the problem solved in Section 7 as follows (see (89)):

$$DDSDDE : \mathfrak{a}_m^{k-1} = \Phi_s \frac{\mu_s}{2J} (\mathbf{I} \otimes \mathbf{B}_m^{k-1} + \mathbf{I} \bar{\otimes} \mathbf{B}_m^{k-1} + \mathbf{B}_m^{k-1} \otimes \mathbf{I} + \mathbf{B}_m^{k-1} \bar{\otimes} \mathbf{I}) + \left( \Phi_s \frac{\lambda_s}{J} - P \right) \mathbf{I} \otimes \mathbf{I}. \quad (113)$$

1400 Here,  $\mathbf{B}$  is the left Cauchy-Green tensor defined as  $\mathbf{B} := \mathbf{F} \mathbf{F}^T$ . Other terms that are calculated in “UMAT”  
 1401 required as output to ABAQUS<sup>®</sup> are given as

$$STRESS : \boldsymbol{\sigma} = \frac{1}{J_m^{k-1}} \mathbf{T}_{lm}^{k-1} [\mathbf{F}_m^{k-1}]^T \quad (\text{see (83)}), \quad (114a)$$

$$DDSDDT : -\boldsymbol{\eta}^{-1} \quad (\text{see (91)}), \quad (114b)$$

$$RPL := -\frac{J_m^{k-1} - J_{m-1}}{J_m^{k-1} \Delta t}, \quad (114c)$$

$$DRPLDE := -\frac{1}{\Delta t} \boldsymbol{\eta}^{-1} \quad (\text{see (98)}), \quad (114d)$$

$$DRPLDT = 0. \quad (114e)$$

1402

---

**Algorithm 1** Pseudo Code of “UMAT” and “UMATHHT” for ABAQUS®
 

---

- 1: **Common Module**
  - 2: Define global variables to store the deformation gradient in “UMAT” to be used by “UMATHHT”, and to store the history terms for the calculation of fractional integral.
  - 3: **UMATHHT:**
  - 4: *Inputs:* Pore pressure, Increment of pore pressure, Current gradient of pore pressure and other terms.
  - 5: Calculate permeability  $\kappa_{\text{iso}}$  from (43)
  - 6: Calculate Forchheimer’s coefficient  $\mathcal{A}_{\text{iso}}$  from (40)
  - 7: Compute  $\mathcal{R}_F$  from (57)
  - 8: Calculate  $\mathcal{F}_\alpha$  from (65)
  - 9: Compute filtration velocity  $\mathbf{Q}$  using the Newton Raphson method using the method given in section 6.2
  - 10: Compute flux rate  $\dot{\mathbf{Q}}_{\text{app}}$  using (64b)
  - 11: Compute the contribution from the current time step to the History variable  $\mathcal{F}_\alpha(t_m)$  using (65) and store it in global variables.
  - 12: Compute flux (112a), Variation of flux with respect to pore pressure gradient using (112b).
  - 13: *Output:* Flux at the end of the increment (FLUX), Variation of the flux vector with respect to the spatial gradients of pore pressure (DFDG).
  - 14: **UMAT:**
  - 15: *Input:* Deformation gradient at the increment’s start and end, Stress, Pore pressure at the start of the increment, increment of pore pressure and other terms.
  - 16: Compute Stress (114a), Consistent Jacobian matrix (113), Variation of stress with pore pressure(114b), rate of volumetric deformation (114c) and its variation with strain increment (114d) and temperature increment (114e)
  - 17: Store deformation gradient in the global variable.
  - 18: *Output:* Stress at the end of the increment(STRESS), Consistent Jacobian matrix (DDSDDE), Volumetric heat generation per unit time (RPL), Variation of stress with respect to pore pressure(DDSDDT), Variation of RPL with Pore pressure(DRPLDT), Variation of RPL with strain increments(DRPLDE).
-