# Citing your web-based references using the APA (American Psychological Association) system – 6th edition

**In-text Citations**

The Author Surname or Screen Name should be used in Citations, with the year in brackets after it.

e.g.

In his blog Dunn (2015), states “…… ….. ….…”

A screen name can be a person’s actual name or a username for a blog/website etc.

If you are not directly citing from the source in the text use (Surname or Screen Name, date)

e.g.

Often first years make lifelong friendships with their rooms mates (Dunn, 2015).

# Types of Sources

**Webpages with Authors**

Author, A. A. (year site published/ last updated). *Title of webpage.* Retrieved from <http://www>...

e.g.

McLeaod, S. (2015). *Cognitive psychology.* Retrieved from <http://www.simplypsychology.org/cognitive.html>

*Note:* If there are no dates on a webpage you can use the abbreviation (n.d.) in round brackets in place of the date.

e.g.

McLeaod, S. (n.d.). *Cognitive psychology.* Retrieved from <http://www.simplypsychology.org/cognitive.html>

**Webpages with organisations as authors**

Name of organisation. (year site published/ last updated). *Title of website.* Retrieved from <http://www>...

e.g.

American Psychological Association. (2015). *Why sleep is important and what happens when you don’t get enough.* Retrieved from <http://www.apa.org/topics/sleep/why.aspx>

**Blog posts**

Author/Screen name, A. A. (Year, month day). Title of blog entry. [Blog post]. Retrieved from <http://www>.

e.g.

Dunn, D. S. (2015, August 11). The crucial first week of college classes: get a good start. [Blog post]. Retrieved from <https://www.psychologytoday.com/blog/head-the-class/201508/the-crucial-first-week-college-classes-get-good-start>

**Blog Comments**

Author/Screen name, A. A. (Year, month day). Re: Title of blog entry. [Web log comment]. Retrieved from <http://www>.

e.g.

RandomFish. (2015, August 12). Re: The crucial first week of college classes: get a good start. [Web log comment]. Retrieved from <https://www.psychologytoday.com/blog/head-the-class/201508/the-crucial-first-week-college-classes-get-good-start>

**Facebook**

Author, A. A. [Given name] (Year, Month day). Title of page. [Facebook status update]. Retrieved from <http://www>....

e.g.

Denver, S. F. [Sam] (2015, July 24). Does anyone agree with me that mindfulness …. [Facebook status update]. Retrieved from <https://www.facebook.com/sam-denver.92/posts/1060237>

or

Psychology Today. (2015, August 20). Do you really need 8 hours of sleep each night? [Facebook status update]. Retrieved from <https://www.facebook.com/psychologytoday>

**Google+**

Name, A. (Year, Month day). Title of post. [Google+ post]. Retrieved from <http://www>...

e.g.

Cornell University. (2012, October 11). Having a cup of coffee before closing your eyes is the most effective way to combat daytime drowsiness, according to research. Sound counterintuitive, but it takes 20 minutes for the caffeine .. [Google+ post]. Retrieved from <https://plus.google.com/116871314286286422850/posts/NqCFGr4eveT>

**News Media Source available online e.g. BBC or Sky**

These sources frequently do not have an identifiable author, so the title of the webpage becomes the first part of the reference.

Title. (Year, Month date). Retrieved from <http://www>....

e.g.

Children in England among the unhappiest in the world with life and school. (2015, August 19). Retrieved from <http://www.bbc.co.uk/newsround/33977706>

**Newspapers – freely available online**

Author, A. A. (year, month date). Article title. *Title of newspaper.* Retrieved from <http://www>.....

e.g.

Chambers, C. (2014, January 24). The changing face of psychology. *The Guardian.* Retrieved from <http://www.theguardian.com/science/head-quarters/2014/jan/24/the-changing-face-of-psychology>

**Newspapers – available via a database**

Author, A. A. (year, month date). Article title. *Title of newspaper.* pp. 1-2, 4.

e.g.

Marlowe, S. (2015, August 22). Veterans with combat stress find solace in Shakespearean verse; acting is therapy for former soldiers suffering from trauma. *The Times.* pp. 81.

*Notes*: Separate discontinuous page numbers with a comma. e.g. pp. 1-2, 4, 5-6.

If you can’t find an author start with the title, followed by the date, then the source.

e.g.

A million veterans ‘suffer mental health problems’. (2012, September 22). *The Daily Telegraph.* pp. 8.

**Podcasts**

Author, A. A. (Producer or Director). (year, month day). *Podcast title.* [Audio podcast]. Retrieved from <http://www>...

e.g.

Fitzgerald, G. (Producer). (2015, May 5). *All in the mind: Anxiety – Freud in Psychology – Earworms.* [Audio podcast]. Retrieved from <http://www.bbc.co.uk/programmes/b017mtfh>

*Note:* If you cannot find the Producer or Director information (although this is often said at the end of the podcast), then use the host or presenter’s name, adding (Host) or (Presenter) after the Surname.

e.g

Hammond, C. (Presenter). (2015, May 5). *All in the mind: Anxiety – Freud in Psychology – Earworms.* [Audio podcast]. Retrieved from <http://www.bbc.co.uk/programmes/b017mtfh>

**Twitter**

Author, A. [Given name]. (Year, month day). Title of page. [Tweet]. Retrieved from <http://www>....

e.g.

Holliday, B. [BenHolliday]. (2015, July 23). Lots of mentions of nudge theory/gov behaviour insights in… [Tweet]. Retrieved from <https://twitter.com/benholliday/status/624119485990105088>

If the Tweet includes a link to a website and/or hashtags #.

e.g.

Stanford Medicine. [SUMedicine]. (2012, October 9). Animal study shows sleeping brain behaves as if it’s remembering: http//stan.md/RrqyEt #sleep #neuroscience #research. [Tweet]. Retrieved from <https://twitter.com/SUMedicine/status/255644688630046720>

**Wikis**

Title of entry. (year). In *Title of Wiki.* Retrieved month day, year from <http://www>. …

e.g.

Cognitive dissonance. (2015). In *Wikipedia.* Retrieved August 20, 2015 from <https://en.wikipedia.org/wiki/Cognitive_dissonance>

**You Tube**

Creator Surname, A. [Screen name if available]. (Year, month day). *Title of video.* [Video file]. Retrieved from <http://www>...

e.g.

Lombard, J. (2012, February 9). *Cognitive vs Behavioral Psychology.* [Video file]. Retrieved from <https://www.youtube.com/watch?v=TBBXH_h1mR8>

**Video file**

Name, A. (Year, month day). *Title of video.* [Video file]. Retrieved from <http://www>...

e.g.

American Psychological Association. (2011, September 19). *This is psychology: Family caregivers.* [Video file]. Retrieved from <https://www.facebook.com/photo.php?v=10150303396563992&set=vb.290103137578>

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