

The Dorset House School
of Occupational Therapy

Oxford



Prospectus

THE DORSET HOUSE SCHOOL
OF OCCUPATIONAL THERAPY

is recognized by

The Occupational Therapists Registration Board of the
Council for the Professions Supplementary to Medicine,
The Department of Education and Science,
The World Federation of Occupational Therapists, and
The Association of Occupational Therapists.

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THE DORSET HOUSE SCHOOL

The School, the oldest in the country, prepares students for the Diploma examinations of the Association of Occupational Therapists. Founded in Bristol in 1930, by Dr. Elizabeth Casson, the pioneer of the training of Occupational Therapists in this country, it was, in the last war, invited to the Midlands, to run the Ministry of Health's special training courses for the Emergency Medical Service, the experimental forerunner of the National Health Service.

In 1946 the School settled in Oxford, and is grateful to the "Town and Gown" of that city for the welcome given, and the consistent interest shown in its work.

The School became a non-profit making company in 1948. It provides a complete training for Occupational Therapists for work in all types of Hospitals and Rehabilitation Centres, and makes a special point of having highly qualified Tutors and Instructors. It is fortunate in being helped by specialist Lecturers, who are members of the University and Hospital staffs, and in having access to Oxford hospitals, libraries and museums, and to the Oxford College of Technology for special courses.

Post graduate courses are also offered: for particulars of these see a separate prospectus.

Occupational Therapy has been described as any work, or recreational activity . . . definitely prescribed by physician or surgeon for the purpose of aiding recovery from disease or injury, and of contributing to resettlement. It has come to be statutorily recognized as a profession supplementary to medicine.

Much of the practice is carried out in hospitals in the National Health Service, but there is also work in independent homes and hospitals, under local authorities, and in schools for the handicapped. State Registration, upon qualification, is advisable for all, and compulsory for those wishing to practice in the National Health Service.

Posts abroad are available for those with experience, and many of the pioneering ventures in training and practice in Europe, the Commonwealth, and elsewhere have been inaugurated by graduates from this school.

Scope, Therapeutic and Rehabilitative, in cases of:

Mental disease and sub-normality.

Physical illness, including heart disease, rheumatism and respiratory conditions, accident or disability, including orthopaedic conditions.

Occupational Therapy is carried on in hospitals and rehabilitation centres, and in patients' homes, and includes work with people of all ages.

Qualifications for an Occupational Therapist:

Tact, good judgment, integrity, and a mature outlook.

Initiative and enterprise.

A real interest in people.

Organizing and executive ability.

Serious interest in medical treatment.

Teaching facilities and Accommodation

The School is fortunate in having well planned premises, especially adapted and designed for theoretical and practical work. There are well stocked libraries with an up-to-date press cutting section, good lecturing facilities, and well-equipped workshops.

The Training Course

The course covers the study of:

I. The Body and Mind in Normal Health.

Anatomy and Physiology.

The Psychology of Personality and Human Relations.

II. Deviations from Health by Deficiency, Disease and Trauma.

Medicine and Surgery.

Psychiatry.

III. **Activities**, practical, intellectual, vocational and recreational, among them:

Personal activities of daily living, and home-making activities related to home rehabilitation.

An introduction to art, commercial subjects, dressmaking (with special emphasis on the adaptation of clothes for the disabled), pottery, printing, weaving, wood and metal work.

An introduction to mechanics and elementary electricity for maintenance and management of apparatus used in treatment, and in the home.

Social recreations.

(Other special interests or hobbies may also be of use in this work.)

IV. (a) The use of occupations for the prevention and treatment of disability, for assessment of disability, and/or residual ability, and for the re-development of function and skill.

(b) A brief course of Introduction to Industry including Method Study, work measurement, assessment, etc., as it relates to the patients' working conditions and to departmental administration: book and record keeping.

(c) An introduction to statutory and voluntary provisions for the disabled and their implementation.

(d) The organization of group and individual activities.

V. **Clinical work** in hospitals of all kinds and with home-bound cases. For this students are seconded to hospital and other occupational therapy departments in and outside Oxford. For part of the time students are based on London, where there is a Counsellor appointed by the school. Instruction and case studies are given by Medical Officers, trained Occupational Therapists and Tutors. At the end of the course further student practice, with, in some cases, hospitality, can be arranged in America, and in other countries.

Conditions of Admission to the Course

An adequate standard of theoretical examination capacity

is necessary in applicants for training. Personal qualities as well as academic attainment are taken into consideration.

With increasing demands on the trained occupational therapist and increasing pressure on vacancies for training we feel it necessary to inform applicants of the extension of requirements for entry to our courses. All schools set their own standards. We, at Dorset House, have tried to take into consideration a variety of approaches so as to give some freedom of choice to those seeking entry here. We recommend, therefore, candidates to offer subjects in one of the following groups:—

- A. 5 "O" level subjects—(3 at least to be academic), plus not less than 2 academic "A" level subjects.
- B. 5 "O" level subjects—(4 at least to be academic), plus 1 academic "A" level subject, plus a year's full-time approved* course, such as a domestic science or secretarial course, or one in another field.
- C. 7 "O" level subjects (5 at least to be academic), plus 1 "A" level academic subject.
- D. 7 "O" level subjects (6 at least to be academic), plus a year's full time approved* course, as in B above.

The grades of pass in "O" and "A" level subjects will be taken into consideration.

* "Approved" indicates submission of the prospectus and course plan to the Dorset House School authorities for recognition.

Subjects passed in Grade One of the Certificate of Secondary Education may be considered as "O" level subjects, and the School may be willing to consider a mixture of "O" level and C.S.E. Grade I subjects in A. B. C. and D. above.

(A Pass in English Language at "O" level or in Grade I of the C.S.E. is compulsory in each group and at least 3 subjects must be passed at one sitting.)

It cannot be stressed too much that all candidates should have as wide a general education as possible, and should not

be encouraged to leave school too soon, nor to specialize too early. Further education in the post General Certificate period is considered of particular value.

We would draw the attention of applicants to the excellent courses and facilities being offered in Colleges of Further Education through which they may be able to attain the required standard at moderate expense.

Any variation on the above would need to be agreed with the school.

A First-Aid Certificate (of the St. John Ambulance Brigade or the British Red Cross Society) is a requisite, and candidates are asked to obtain one before entry. If it is not possible to do so, *exemption has to be requested*, giving reasons. Students are then required to take a course and obtain a Certificate as an extra, in their first year.

Candidates accepted for training should come to the course with a knowledge of simple home cooking, learnt and/or practised in the home, so as to be able to help, later, with the rehabilitation of the disabled housewife. This will be tested on arrival and failure to attain the required standard will necessitate an extra course, at an extra fee, in the first year.

Subjects recommended for candidates wishing to train in Occupational Therapy are:—

- Anatomy
- and/or Biology, especially Human Biology.
- and/or Physics
- and/or Chemistry
- English
- Mathematics
- Latin
- History
- Geography
- Modern Languages
- Art, Music, etc.

Students are not accepted under 18 and 3 months.

Older Candidates are welcomed and special consideration is given to the requirements of each. Pre-requisites may be varied in such cases, but it is essential that they should offer evidence of work or study of value as a preliminary to training. Some concessions in length of course and/or fees may be made, at the discretion of the school authorities.

There is no particular age limit for the course but Candidates over forty are apt to find it strenuous.

Residence

A watch is kept over the students' health and living conditions.

Harberton House, a hostel intended particularly for younger students, is situated in an attractive residential part of Oxford.

Older students may be resident in lodgings. Because requirements vary considerably these are not allocated, but help is given in choosing suitable accommodation. All lodgings have to be approved by the Welfare Officer.

Length of Course—Three calendar years.

Students enter for training in February and September of each year.

For candidates offering special qualifications, shortened courses are arranged at the discretion of the School authorities.

Professional Prospects

Assistant Occupational Therapists, £700-£900.
Single-handed or Senior Occupational Therapists, £840-£1,075.

Posts are usually non-resident.

Higher paid posts are available up to £1,450 p.a. or more.

The profession is still in a pioneer stage, and a great deal depends upon personality, keenness, enterprise, and a thorough training. Posts are not guaranteed, but all students who have qualified at the School have obtained appointments so far, both at home and abroad.

Fees for Tuition

Fees are payable each term in advance (in the first eight days of term) and are not returnable. They are subject to revision, if costs change materially during the course.

September entry

66 guineas per term for nine terms.

February entry

Initial Fees	56 guineas
Thereafter	66 guineas per term for seven terms.
Long Final Term	76 guineas.

A registration fee of £5 5s. is payable on acceptance, £3. 3s. of which are returnable if a candidate withdraws **not less than six months** before she is due to start training.

If for any reason a student has to terminate her course, a half term's notice is required, or fees must be paid in lieu, including, if applicable, hostel or lodgings fees.

Extras

Books, Materials, Uniform and Examination Fees: approximately £100.

(A list of requirements is supplied to each student on enrolment.)

Fees for Residence

The charge at **Harberton House** is £6 6s. per week.

The charge for lodgings varies: it is best to allow from 5 guineas to 6 guineas per week for living expenses.

Grants are available from Local Education Authorities for training in Occupational Therapy. They may cover fees and/or maintenance. Intending students are advised to enquire from The Director of Education in their home districts, for conditions of grant aid.

Conditions of Acceptance

The exercise of the profession of O.T. calls for certain special qualities of character and temperament and makes persistent demands upon the physical and mental resources of the practitioner. No student is therefore accepted without a personal interview. The first three months are regarded as probationary and at the end of this time the School Authorities reserve the right to accept or refuse any candidate for continued training. They also reserve the right thereafter, at any time, to take appropriate disciplinary action or to terminate the training of a student without refund of fees if, by conduct, character, or lack of consistency in her work she falls below the standard required in their opinion to attain proper professional responsibility and integrity, or if in the light of experience of her health and temperament the School Authorities would not feel justified, in her own interests and those of her future patients, in presenting her as a candidate for admission to the profession.

Interviews are given on Tuesdays and Thursdays by appointment only. Appointments are offered on receipt of the completed application form (which puts the candidate under no obligation).

Interviews are given only in exceptional circumstances to candidates who have not passed the General Certificate of Education at the minimum level—(5 "O" Subjects)—or the Certificate of Secondary Education—Grade I in 5 subjects.

Candidates should, before or after interview, visit at least one hospital department of Occupational Therapy, to observe the work. The School will be glad to give introductions for these visits if necessary.

Post-Graduate Courses

These are arranged by the school for trained Occupational Therapists, or allied workers (*see separate Prospectus*).

The Dorset House School of Occupational Therapy,
Registered Office: W. M. Bayliss, Sons & Co.
Incorporated Accountants, 16 Broad Street, Oxford.

April, 1968.

THEORETICAL TUTORS:

- MISS B. ANSTICE, M.A.O.T.
- MISS E. BOWEN, M.C.S.P.
- MISS J. D. EDWARDS, M.A.O.T.
- MISS J. FRESTON, M.A.O.T.
- MISS D. GRELLIER, T.M.A.O.T.
- MISS E. JAMES, M.A.O.T.
- MISS J. NORTHCOTE-GREEN, M.A.O.T.

OCCUPATIONAL INSTRUCTORS:

- MRS. M. BEESLEY, M.A.O.T.
- MRS. M. CLARK, A.T.D.
- MISS L. HANCE, WEAVING SPECIALIST.
- S. J. MAGGS, C. & G. HANDCRAFT TEACHERS' EXAMINATION.
- MRS. K. M. MURRAY, NEEDLEWORK SPECIALIST.
- MISS S. F. MACLURE, N.D.D. IN POTTERY AND MODELLING.
- MISS B. M. NICKLIN, PHYS. ED. DIP.
- C. W. NOTT, ART & TECHNICAL SCHOOLS TEACHING EXPERIENCE.
- MRS. P. SILVESTER, UNIVERSITY OF LONDON TEACHING CERT.

WARDENS:

- MISS A. E. CHRISTER.
- MRS. L. SCOTT.
- MISS L. JONES.

WELFARE OFFICER:

- MRS. V. BROWN.

