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**Editorial**

**Sally Worth, St George's University, University of London, UK**

Contact email: [sworth@sgul.ac.uk](mailto:sworth@sgul.ac.uk)

Welcome to Volume 14 of the International Journal of Evidence-Based Coaching and Mentoring. We are pleased to include a diverse range of articles from a diverse span of countries with papers coming from Australia, Canada, Hong Kong and the USA.

Coaching employees with chronic illness is the subject being discussed by Joy Beattie and Alyssa McGonagle who come from the University of Michigan and Wayne State University respectively. Their study involved 34 employed people who took part in a chronic illness career coaching intervention in order to help develop personal resources to stay in the workforce. This study's contribution to coaching practice illustrates how a specific population may benefit from focused coaching.

Rebecca Fried and Jennifer Irwin, both from Western University, Ontario present a pre-post pilot study that assessed the impact of Motivational Interviewing via Co-Active Life Coaching (MI-via-CALC). Their paper looks at coaching as a method to assist with stress within a student population, determining the effectiveness of coaching as an avenue for students dealing with apparent levels of high stress.

Life coaching is also the subject of our next paper with Joanna Jarosz, from the University of Minnesota, conducting an integrative review of evidence-based life coaching literature. Findings are discussed within six categories including the components of a successful coaching relationship. The uniqueness of life coaching lies in its focus on wellness and health as opposed to pathology; promoting what is right rather than what went wrong.

The fourth paper is a mixed methods study by Pansy Lam from Hong Kong University who analyses data collected via a focus group and a small scale survey. Lam investigates how Hong Kong Chinese coaches and coachees feel about the compatibility of coaching with their Chinese cultural heritage when coaching has been predominantly driven by western thinking and business practice.

Our final two contributions both focus on areas that have a direct relevance to the IJECM and present a most interesting reflection on the variety of approaches that contributes to the richness of academic, professional and practitioner evidence-based research.

So our fifth paper is aimed at developing a more nuanced view of evidence-based approaches to coaching practice and is from a regular contributor, Anthony Grant from the University of Sydney. His paper discusses the nature of evidence-based practice as it relates to coaching and then presents a two-by-two framework that highlights the relevance of a broad range of research to evidence-based coaching practice. The value of both quantitative and qualitative approaches is highlighted as is the recognition of the voice of the practitioner.

Our final paper presents a most interesting and pertinent bibliographical and morphological analysis of the research articles within the IJECM between 2003 and 2012. Josh Hodge from La Trobe University, Melbourne, highlights in the findings the most frequently referenced journals and books as well as the demographic of the authors.

Sally Worth

Editorial team, International Journal of Evidence-Based Coaching and Mentoring